

ROTHERHAM BOROUGH COUNCIL – REPORT TO MEMBERS

1. Meeting:	Improving Lives Select Commission
2. Date:	16th December 2015
3. Title:	Overview of progress to date of the Child Sexual Exploitation Delivery Plan 2015 -2018 in the specific areas of Voice & Influence Impact & Work undertaken in schools in Rotherham.
4. Directorate:	CYPS All wards

5. Summary

At its part of its current work programme Improving Lives Select Commission requested an update on the work taking place in respect of Voice and Influence work (para 2.2 and 2.3) and work undertaken in Rotherham Schools (para 3.2). This work is detailed in Appendix 1.

6. Recommendations

That Members:

- a. Consider and comment on the update on the work taking place in respect of Voice and Influence work and work undertaken in Rotherham schools attached as Appendix 1**

7. Proposals and details

See attached

8. Finance

Not considered as part of this report

9. Risks and Uncertainties

Considered as part of the 'The Way Forward' Child Sexual Exploitation Strategy 2015-18 and CSE Delivery Plan 2015-18

10. Policy and Performance Agenda Implications

As detailed

11. Background Papers and Consultation

As detailed

12. Contact

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BRIEFING: The purpose of this paper is to give an overview of progress to date of the Child Sexual Exploitation Delivery Plan 2015 -2018 in the specific areas of Voice & Influence Impact & Work undertaken in schools in Rotherham.

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1. Context

1.1 Professor Alexis Jay's report *Independent Inquiry into Child Sexual Exploitation in Rotherham*, and the subsequent Louise Casey *Report of Inspection of Rotherham Metropolitan Borough Council* highlighted significant failings in support to children and young people (CYP) at risk of, and victims of, child sexual exploitation (CSE) over a long period of time in Rotherham.

'Child Sexual Exploitation is child abuse and it is a crime. Our efforts need to be directed towards perpetrators in order to detect, prevent and disrupt that abuse at the earliest stages as well as the prosecution of individual perpetrators to ensure that they face the full force of the criminal justice system for their vile crimes'. (Reflections on child sexual exploitation, Louise Casey, March 2015)

1.2 The reports outline the negative impacts caused by the loss of dedicated resources to provide CSE Early Intervention. A key factor identified in successfully tackling CSE is a pro-active, preventative approach to identifying CYP at risk of CSE, and the ability to engage with CYP and develop relationships that support them at the earliest point, avoiding the need to refer into Social Care, whilst also understanding when referrals into statutory services are required.

1.3 Professor Alexis Jay raised the importance of having independent non-statutory services to reach out to young people at risk of CSE. Louise Casey emphasises the need to listen to the voices of people affected by CSE.

1.4 As well as a number of small group & individual consultations there have been two main bodies of work which have been used to inform **The Way Forward 2015-2018** document & the **CSE Delivery Plan 2015-2018** & subsequent service development, these being the **Needs Analysis** undertaken by Public Health & the Voice & Influence research undertaken by Salford University. Both documents are published on the Rotherham Local Safeguarding Board Website and are to be considered by this Commission.

1.5 In a thematic review of CSE services across the country published in

November 2014, Ofsted stated that:

'Children & young people are more effectively protected from child sexual exploitation when LSCBs have an effective strategy & action plan that supports professionals to work together & share information well'

A great deal of work has been undertaken to ensure that this is the case for Rotherham.

2. Links to the Way Forward' Child Sexual Exploitation Strategy and CSE Delivery Plan 2015 -2018 (Voice and Influence)

2.1.1 The Way Forward 2015-2018

(4.7) 'We will provide support for survivors of CSE, ensuring their needs are met.'

(4.8) 'We will value the participation of young people at risk of or experiencing CSE, as well as their families and communities, to ensure they are heard & responded to.'

(4.5) 'We will protect children & young people who are at risk of sexual exploitation, as well as those who are already victims & survivors'

2.1.2 CSE Delivery Plan 2015 -2018

(1.1) 'Establish a clear view of the CSE profile in the borough to ensure that the Health & Wellbeing Board undertake informed commissioning of service provision.'

(1.8) 'All partners recognise the diversity of all communities in Rotherham & ensure services are responsive to need.'

(2.2) 'Victims of CSE & their families are supported with holistic intervention that enhance the potential for a child or young person to stay safe within their family & community'

(4.1) 'The psychological & emotional damage that is caused by CSE is understood & recognised & victims & survivors have access to a wide range of aftercare & support from more specialist services, which will be clear & easy to access. This will include timely access to mental health services where required'

2.2 Voice & Influence

2.2.1 In direct response to both Jay & Casey the Voice & Influence of all those affected by CSE has been pivotal to the development of all services. A number of co-production sessions have taken place and the menu of services which will be on offer in Rotherham from April 2016 is a reflection of the needs & wishes articulated since January 2015. Ensuring that service users remain at the heart of all work undertaken is a priority, the evaluation & longitudinal study of the 'Reach Out' Service demonstrates an exceptional commitment to this. Furthermore children & young people have been involved in naming the service & in recruitment of staff.

2.2.2 The Service Specification is for the long term post CSE support services for victims, survivors and their families in Rotherham that are to be commissioned from the 1st April, 2016 for three years, with an option to extend for a further two years.

2.2.3 The demand for post CSE support services from 1st April 2016 has been estimated based on the CSE needs analysis undertaken by Public Health and the number of victims, survivors and family members that are currently

receiving services which were originally commissioned in October 2014 following the Jay report. The service specification has been developed with direct input from people affected by CSE.

- 2.2.4 During the past year there has been significant investment in the development and commissioning of CSE support services by RMBC and the Rotherham Clinical Commissioning Group (RCCG), which has resulted in a very different support offer for victims and survivors to that offered following the Jay and Casey reports in 2014. As such, a comprehensive range of services has evolved according to need. To continue to provide choice, and in recognition that victims and survivors of CSE will continue to come forward for support, post CSE support services still need to be commissioned for the longer term. These post CSE support services will continue to complement the range of services for current CSE victims and survivors that are being provided in Rotherham.
- 2.2.5 A transition plan for victims and survivors currently accessing services through organisations that may not be re-commissioned is being developed in line with the arrangements described for step down. Additional capacity has been factored into the first year of the long term post CSE contract to enable victims and survivors currently receiving support to continue to receive support.

2.3 Currently Commissioned Services:

2.3.1 Rotherham Abuse Counselling Service (RACS) – formerly Rotherham Women’s Counselling Service and Pit Stop for Men

RACS & Pit Stop for Men provide one-to-one specialist trauma counselling for adults (10% are male). They also offer therapeutic group counselling for women who choose this while they await one-to-one counselling, or following the ending of their counselling sessions. This professional counselling service offers the individual the opportunity to reach a greater understanding of how past abuse has affected them and enable survivors to make informed choices whilst minimising the cycle of abuse.

As at 31st October: 96 ongoing cases of CSA/CSE – 35 confirmed CSE. 39 cases closed

2.3.2 GROW

GROW deliver an outreach approach to support children, young people and families. They work in partnership with EVOLVE and receive referrals for young people as both new victims and to those survivors who are now coming forward and disclosing historical abuse. These workers also provide support to the survivor’s family to enable their recovery, and their ability to be a protective factor for their child/young person.

The majority of the young people referred due to sexual exploitation also had other support needs such as drugs, isolation, internet grooming, attachment issues, suicidal tendencies and the need to develop positive relationships.

The total number of referrals at the end of 31st October 2015, was 32 including victims, parents & siblings (no cases yet closed)

2.3.3 Rotherham Women's Refuge (RISE) – Project Survive

Building on their experience of providing support for women and their children where domestic abuse has been a feature RISE utilise this experience and approach to enable the delivery of specialist support for survivors of Child Sexual exploitation (CSE). They work with young people 12- 18 and women aged 18 +, also offering family support and counselling. As of 31st October 2015: 37 ongoing cases including 15 counselling, 6 cases closed

2.3.4 Swinton Lock

To enable continuity in supporting the individuals and families that Jayne Senior is currently working with, a contract has been directly awarded to Swinton Lock to provide practical, emotional support, advocacy and signposting from the 1st July, 2015 for 12 months. Initial contract performance monitoring arrangements have been established data will be report for August onwards.

279 people recorded on spreadsheet, 167 are victims parents & siblings with 60 cases closed, 96 referrals from schools – recorded as prevention & awareness raising, 15 additional cases recorded as referrals to SYP/RMBC – all 15 now closed

2.3.5 NSPCC Helpline

The Helpline Service comprises a dedicated post CSE support telephone Helpline and email address.

This is available to survivors of CSE and potential/current victims as well as the immediate family of victims/survivors of CSE in Rotherham. The Service is for all ages.

- The Service is available 24 hours a day, seven days a week.
- The telephone number for the Helpline is; 0800 7319256
- The confidential email address is; rotherhamcsesupport@NSPCC.org.uk
- Response times for the Service include an immediate response over the phone and within 2 hours from an email enquiry (between 9am and 5pm)

Any calls that relate to safeguarding or potential CSE concerns will be escalated promptly to South Yorkshire Police on 101 or MASH.

As at 31st October 2015 194 contacts made, 44 related to CSE in Rotherham of the 44 contacts 37 were phone & 7 emails. 7 –advice given, 28 response to enquiry, 9 referrals into services.

2.3.6 **Barnardos**

Barnardos were identified as a delivery partner for the early intervention & preventative work with children & young people. From January 2016 a newly established multi-disciplinary team with extensive experience of supporting Vulnerable children will deliver innovative and flexible responses to the concerns highlighted by Professor Alexis Jay in her Independent Inquiry Report published a year ago.

'Reach Out' will work collaboratively with a range of stakeholders to identify and support children who present as vulnerable to being sexually exploited. This will include:

- Assertive Outreach – Barnardo's will be out and about across Rotherham, ensuring the new service is visible and accessible to children, young people and communities.
- Work in schools – an ambitious programme of awareness raising will be available to all primary schools through the delivery of Barnardo's Real Love Rocks by our project workers to children in Year 6. Barnardo's will also be supporting the delivery of Chelsea's choice in secondary schools in January followed by more targeted support in negotiation with individual schools.
- Individual support for children and parents/carers – the level, pace and nature of the support will be determined by the individual need and preferences of the children and young people accessing the service
- Wider Awareness raising and support – a programme of workshops, training, drop-in and other networking events will be available to children, young people, carers and partner agencies; focussing on for example, E Safety, Speakeasy (helping parents to feel confident speaking to their children and about sex and relationships)

3. Links to the 'Way Forward' Child Sexual Exploitation Strategy and CSE Delivery Plan 2015 - 2018 (Early Intervention/Prevention & Work in Schools)

3.1.1 The Way Forward 2015-2018

(4.5) 'We will protect children & young people who are at risk of sexual exploitation, as well as those who are already victims & survivors.'

(4.8) 'We will value the participation of young people at risk of or experiencing CSE, as well as their families & communities, to ensure they are heard & responded to. '

3.1.2 CSE Delivery Plan 2015-2018

(1.1) 'Awareness raising of CSE for pupils in all Rotherham Schools'

(1.5) 'All children & young people in Rotherham understand what healthy, respectful relationships are & can recognise that the damage & dangers caused by sexual bullying & exploitation (including online) to both victim & perpetrator'

(2.1) 'The right multi-agency & social care services are in place to meet the needs of children at risk from CSE'

3.1.3 This report is intended only to give an overview of the impact of voice & influence work on services & the work being carried out in schools with correlation to **Rotherham The Way Forward 2015-2018 & The CSE Delivery Plan 2015-2018**. Much work has been undertaken outside the parameters of this report which may not be reflected.

3.2 Work undertaken in schools in Rotherham.

3.2.1 Much universal, age appropriate prevention work goes on in schools relating to Child Sexual Exploitation (CSE). For example, the Rotherham Healthy Schools (RHS) Scheme of Work for Personal, Social, Health and Citizenship Education (PSHCE) includes units on Relationships and E-safety which is where the curriculum work relating to CSE prevention, would be addressed.

3.2.2 Updates e.g. around resources, projects, continual professional development, and opportunities available linked to PSHCE (and therefore CSE) are provided to schools in a variety of forms such as via termly Healthy Schools newsletters, PSHE Leads network meetings, Healthy Schools Coordinator Network Meetings, Safeguarding Forum meetings, Head Teacher meetings, CYPS termly newsletter, the Rotherham School Improvement Service CPD brochure and the Rotherham Healthy Schools Website. For example, schools were encouraged to sign up to the Rotherham Standing Together Pledge via some of these avenues. Also the CSE related Amelix website (funded by SY Police and the PCC for all schools in South Yorkshire), hosts some lesson plans and resources for schools to use to help raise awareness about CSE. It also has a forum for staff in schools to post comments and ask for support/advice and an area where schools can upload and share their own resources relating to CSE.

3.2.3 The Rotherham Healthy Schools Scheme includes reviewing a variety of policies relating to health and wellbeing as part of the Re-Accreditation Process every 2 years. The PSHE policy is a requirement of this; a model policy, which reflects good practice, is available on the RHS website for schools to base their school policy on and once a year, an opportunity for schools to come together to update school policies relating to health and wellbeing. Guidance on updating Safeguarding Policies is given at the Safeguarding Forum via Sherran Finney; PSHE contributes to universal safeguarding in schools.

3.3 Specific Projects that are currently available to support schools with their CSE related prevention work are as follows:

Currently under development/discussion, in partnership with Barnardos, **The Real Love Rocks resource/project** is to be available to primary and secondary pupils in Rotherham schools. The project consists of 4 sessions relating to CSE prevention. Meetings to move forward with this are taking place in December now staffing is in place.

3.3.1 **Primary Children *Childline/NSPCC school inputs*** for Y5&Y6 exploring the forms of abuse (including sexual abuse) and from Spring 2016 developing this programme to become: *Speak Out Stay Safe* for all children in KS1 &2.

- Nationally Childline/NSPCC very satisfied with take up from Rotherham schools and are running to capacity. Only approximately 20 schools not currently using this service but will not be able to take any additional schools on board until later in 2016.
- Impact: Children are aware of the various types of abuse and who to speak to if they have concerns/worries now or in the future. (Trusted adults and Childline.)

3.3.2 ***Keeping Safe on Line*** Inputs for children, staff & parents: by the City Learning Centres. Grooming is covered as part of this.

- 25 schools have had these inputs delivered during Autumn term, more are booked throughout the rest of the school year.
- Impact: participants are aware of how to keep themselves/their children safe on line.

3.3.3 ***Anti-Bullying work*** supports pupils' self-esteem which makes pupils less vulnerable; a menu of activities is on offer to schools including for pupil, staff and parent/carer awareness raising. Targeted work for more vulnerable groups of children is also on offer to support their needs – whether victim or perpetrator.

- Currently 25 schools have accessed the support of the Anti-Bullying officer to meet their needs around anti-bullying from the menu of support available.

3.3.4 **Puberty Education Sessions.** Due to the reduced capacity of the School Nursing Service to be able to support schools in the delivery of Puberty Sessions to upper KS2 children, the Rotherham Healthy Schools Scheme have developed puberty education sessions for schools to support members of staff new to teaching about puberty. A nationally qualified trained PSHE teacher delivers the session with the teacher supporting.

- Impact: As a result of the input children are more aware of the correct terminology for body parts and the processes of puberty, the changes, both emotional and physical that occur and are encouraged to discuss any worries or concerns for self or others with trusted adults. Staff become more knowledgeable about the use of appropriate resources and feel more confident to approach puberty education in the future.

3.4 Secondary Education

3.4.1 **Theatre in Education on CSE** (funded by Rotherham CCG and Public Health) Raising young people's awareness of CSE is key in helping to prevent them from becoming victims of this crime and theatre in education sessions will creatively tackle the issue of CSE, exploring the different ways that young people can be drawn into abusive relationships and illustrating some of the consequences. The performances will raise awareness of:

- healthy relationships
 - safe internet use
 - identifying risky situations
 - awareness of the "Grooming process and the different forms that it can take"
 - awareness of CSE and the different forms it can take
 - sign-posting to relevant places for information, advice and guidance.
- Barnardos worker will attend the performances as an additional support to schools.

3.4.2 There are two different theatre groups touring; one year group from each key stage will view each performance:

- **KS3 Chelsea's Choice** – two week tour in Spring term 2016. All secondary schools are hosting a performance for either Y8 or Y9 pupils. Pupil Referral Units and appropriate students in special schools are viewing a central performance. Two evening performances are being organised for targeted young people/families to attend as signposted by professionals. Preview for Professionals in November 15– 62 people attended; the performance was well received. PYPPO, EWO and school nurse plus Barnardos worker encouraged to attend performance in the schools they are linked to.
- **KS4 Working for Marcus** – this is being performed to either Y9 or Y10 or Y11 students in secondary schools throughout the 2015-16 school

year. A performance is followed by workshops for class size groups of students to reinforce the learning points from the play.

- Impact: Approximately 7000 young people will view these performances during the school year 2015-16 and therefore will be more aware of CSE related issues and where to go for help, advice and guidance

3.4.3 **Drugs Lifestory project** – ex substance misusers share life story relating to how their lives and the lives of those around them were affected by their substance misuse. As young people may be groomed for sexual exploitation via drug or alcohol use, this session raises awareness of how recreational drug use can lead to dependence and much more serious consequences.

- Impact: evaluations show that this session leads to an increase in knowledge around risks associated with experimental drug use and also a reduction in the numbers of young people that intend to misuse substances in the future (both illegal drugs and New Psychoactive Substances)