

Summary Sheet

Council Report

Health Select Commission 2 March 2017

Title

Progress on Rotherham Youth Cabinet review - Improving Access to Child and Adolescent Mental Health Services

Is this a Key Decision and has it been included on the Forward Plan?

No

Strategic Director Approving Submission of the Report

Shokat Lal, Assistant Chief Executive

Report Author(s)

Janet Spurling, Scrutiny Officer, Assistant Chief Executive's Directorate

janet.spurling@rotherham.gov.uk 01709 254421

Ward(s) Affected

All

Executive Summary

Under the auspices of the Children's Commissioner's Takeover Challenge Rotherham Youth Cabinet undertook a spotlight review of Child and Adolescent Mental Health Services. This report presents an update on the actions agreed by partner agencies in response to the review recommendations.

Recommendations

That the Health Select Commission:

- 1 Receive and consider the progress updates for the review undertaken by Rotherham Youth Cabinet.
- 2 Determine the arrangements for any further progress monitoring.

List of Appendices Included

Appendix 1 – Response template - Improving Access to Child and Adolescent Mental Health Services

Appendix 2 – The Collaborative Network

Appendix 3 – Voice and Influence Review template

Background Papers

- Minutes from Health Select Commission 27/10/2016
- Improving Access to Child and Adolescent Mental Health Services Review - Report to OSMB May 2016
- *Mind the Gap - A Rotherham Youth Parliament Report about Mental Health*, September 2015
- *Future in mind Promoting, protecting and improving our children and young people's mental health and wellbeing*, Department of Health and NHS England March 2015

Consideration by any other Council Committee, Scrutiny or Advisory Panel

OSMB delegated monitoring of the review response to the Health Select Commission.

Council Approval Required

No

Exempt from the Press and Public

No

Progress on Rotherham Youth Cabinet review - Improving Access to Child and Adolescent Mental Health Services

1. Recommendations

That the Health Select Commission:

- 1.1 Receive and consider the progress updates for the review undertaken by Rotherham Youth Cabinet.
- 1.2 Determine the arrangements for any further progress monitoring.

2. Background

- 2.1 The review was part of the ongoing work by Rotherham Youth Cabinet (RYC) to improve access to mental health services and support for young people in Rotherham, following their work on self harm in 2014.
- 2.2 The key focus of the young people's attention was on services provided by Rotherham Doncaster and South Humber NHS Foundation Trust (RDaSH), following a major reconfiguration that resulted in a new service model for Child and Adolescent Mental Health Services (CAMHS).
- 2.3 RYC were also keen to scrutinise wider working and links between partner agencies, especially through the School Nursing Service, as previous work by RYC had shown inconsistency in access to school nurses and a need to raise their profile in schools.

3. Key Issues

- 3.1 Progress is being made in transforming wider CAMHS through the CAMHS Strategy and Partnership Group. Integrated multi-agency working, both strategically and in localities is central to this transformation and the new service model linking RDaSH CAMHS with Early Help Services through a single point of access is now being rolled out.
- 3.2 Young people's involvement to inform service development is essential, as is their feedback on the effectiveness of the changes to services and support in the new service model.

4. Options considered and recommended proposal

- 4.1 RYC made 11 recommendations, all of which were accepted, and these are set out in Appendix 1, together with the latest progress updates on the actions agreed by partner agencies. Supplementary information provided to the HSC meeting on 27 October 2016 has also been included to provide a fuller picture of progress.
- 4.2 In summary the recommendations address the following issues:
 - Involvement of young people - to inform practice and service development

- Reporting progress - on implementation of the new models/services
- Improving information - promoting and maintaining websites and addressing stigma
- Closer multi agency working - in localities and with schools
- School nursing service - higher profile and accessibility
- Enabling informed choices by young people - regarding their treatment

5. Consultation

5.1 Several of the recommendations from the review aim to enhance consultation and involvement with children and young people in service development and monitoring.

5.2 These also link in with the outcomes of the RDaSH Voice and Influence review commissioned by Rotherham Clinical Commissioning Group. This independent review identified a number of priorities for developing engagement with children and young people – in direct practice, service management and organisational leadership. (See Appendix 3 for mapping and planning template to progress this work).

6. Timetable and Accountability for Implementing this Decision

6.1 Timescales for agreed actions are incorporated within Appendix 1.

7. Financial and Procurement Implications

7.1 CAMHS commissioners and providers will need to take account of any financial consequences from implementing the recommendations in their annual planning arrangements.

8. Legal Implications

8.1 There are no direct legal implications arising from this report.

9. Human Resources Implications

9.1 There are no direct human resources implications.

10. Implications for Children and Young People and Vulnerable Adults

10.1 The purpose of the review was to enhance access to mental health services and support and to the School Nursing Service for children and young people.

11. Equalities and Human Rights Implications

11.1 The recommendations will bring about a positive contribution to promoting equality through improving access to services and support and ensuring stigma around mental health is addressed.

12. Implications for Partners and Other Directorates

12.1 The majority of actions are for RDaSH and for The Rotherham Foundation Trust as providers of the School Nursing Service, but all partners and RMBC continue to

work together through the CAMHS Strategy and Partnership Group to implement the new service models and transformation plan.

13. Risks and Mitigation

- 13.1 Failure to implement planned service changes will impact on access to services and support for children and young people and their families/carers.
- 13.2 Contract performance management is in place for service providers and the CAMHS Strategy and Partnership Group oversees delivery of the local transformation plan.

14. Accountable Officer(s)

James McLaughlin, Democratic Services Manager

Approvals Obtained from:

Strategic Director of Finance and Corporate Services: N/A

Director of Legal Services: N/A

Head of Procurement: N/A

This report is published on the Council's website or can be found at:-

<http://moderngov.rotherham.gov.uk/ieDocHome.aspx?Categories>