

Appendix B Telehealth Access

MJOG, a text messaging solution was rolled out to all Rotherham Practices in January 2017, by the end of January 19 of our 31 practices were actively using it. Despite the fact that roll out was taking place throughout January, almost 1,300 appointments were cancelled remotely by text message using MJOG. This cut back the number of DNA's and created capacity for patients that needed an appointment.

MJOG has been used to manage stable hypertension patients at Clifton for almost a year now. The patients take their blood pressure reading at home, text in the results and receive automatic advice based on those results. Numerous diabetic patients are to be transferred from secondary care to primary care; they will be managed in the community using MJOG, minimising the impact on General Practice.

A growing number of practices are using MJOG to ascertain patients smoking status and have reported extremely positive results around the acceptance of referrals to smoking cessation services.

Tele-health is still relatively new in Rotherham Practices, however as confidence grows we expect practices to begin managing a number of patients, with long term conditions, remotely using MJOG. There are additional features, such as pre-appointment questionnaires (delivered with MJOG), which we expect to be useful for Practices.