Rotherham’s Children and Young People’s Plan 2016 to 2019
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The Children and Young People’s Plan (CYPP) is a single strategic, overarching plan for local services where outcomes for children, young people and their families need to improve.

Planning is not a diversion from effective front line activity and is essential if services are to be developed to meet the needs of children, young people and families; if resources and the workforce are to be deployed to best effect; and partners focus on achieving the best possible local outcomes. The CYPP is to support the Strategic Partnership as they work together to agree clear targets and priorities for the services for children and young people in Rotherham.

The Children and Young People’s Strategic Partnership brings together a wide range of organisations including Rotherham Council, South Yorkshire Police, Health Services, Education and Colleges, South Yorkshire Fire and Rescue service and the Voluntary and Community Sector.

The strategic outcomes in this plan have been determined by the Children and Young People’s Strategic Partnership, adopting good governance principles, with a plan that is underpinned by a common vision that is understood by all parties and is based on consultation and what young people, parents and carers in Rotherham have said about services for children and young people.

The strategic priorities that would benefit from a more focused partnership approach have been identified for this plan recognising that there are other strategic plans for Rotherham which also include priorities for children and young people.

The three main strategic outcomes to be achieved for children, young people and their families in Rotherham through the Children and Young People’s Plan are:

- Children and young people are healthy and safe from harm
- Children and young people start school ready to learn for life
- Children, young people and their families are ready for the world of work.

The Children and Young People’s Strategic Partnership is accountable for the delivery of this plan and therefore will allocate and approve the resources; hold partners to account for delivery; and take a lead on engaging and involving children, young people and their families.

The Children and Young People’s Strategic Partnership is committed to developing a skilled workforce, making sure that the people working with children, young people and families in Rotherham have the skills to be able to identify, assess and intervene to support families. This will be achieved through existing organisational workforce development strategies but where a multi-agency focus is required in relation to a specific workforce issue or a multi-agency training requirement, such developments will be determined by the Children’s Strategic Partnership.

Information About Rotherham can be found at page 30 along with further details about how Our Young People, Parents and Carers have influenced the development of this Plan.
Governance Arrangements and links to Other Strategic Priorities and Plans

There are priorities of the Children and Young People’s Strategic Partnership that are already integrated into other strategic plans, such as the Health and Wellbeing Strategy and the Rotherham Safeguarding Children Board business plan, which are being delivered by the respective Partnerships Boards. These include:

- **The Rotherham Together Partnership** – delivering improvements for local people and communities through the Rotherham Together Partnership Plan.

- **Health and Wellbeing Board** – planning how best to meet the health and wellbeing needs of the local population, tackle inequalities in health through the new Rotherham Health and Wellbeing Strategy. Some of the key priorities in this strategy where the Children’s Strategic Partnership will contribute to achieving include ensuring all children get the best start in life; children and young people achieve their potential and have a healthy adolescence and early adulthood; and all children and young people enjoy the best possible mental health and wellbeing and have a good quality of life.

- **Safer Rotherham Partnership** – includes the Council and South Yorkshire Police and a range of other partners who make decisions relating to crime and community safety issues through the draft Safer Rotherham Partnership Plan. Reducing the threat of domestic abuse and reducing the harm to victims is a priority recognising that the impact of domestic abuse on the victim and children is severe. Reducing the threat of Child Sexual Exploitation (CSE) and the harm to victims is also a priority, along with preventing and tackling CSE recognising that CSE has a lifelong impact on its victims. Therefore, children, young people and their families must have confidence in Rotherham’s multi-agency approach to prevention, support and bringing perpetrators to justice.

- **The Rotherham Local Safeguarding Children Board** – sets out the work the Board will do to help keep Rotherham’s children and young people safe through their Business Plan 2016-18. The priority areas include governance and accountability; community engagement and the voice of the child; scrutinising front line practice, and children in specific circumstances including the safeguarding of Looked after Children. Child Sexual Exploitation and children who go missing and Neglect. Children suffering neglect is the biggest category of those who are suffering significant harm. Care is a vital part of our child protection system and most Looked After Children (LAC) say their experiences are good. However children in care are at greater risk than their peers and more needs to be done to ensure that corporate parenting has a positive impact on their health, education and safety and they can move successfully into adulthood.

- **The Rotherham Looked After Children Strategy** 2014-2017 sets out the vision for the range of services provided in partnership for looked after children, identifying priority objectives to make sure that outcomes for Looked After Children are as good in all aspects of their lives.
There will also be strategies and plans that are developed over the term of this Children and Young People’s Plan. For example, changes will be required as a result of the new **Children and Social Work Bill 2016 -2017** which makes provision about looked after children; to make other provision in relation to the welfare of children; and to make provision about the regulations of social workers.

Working in partnership is essential to delivering the outcomes in this plan. It is acknowledged that there are also other organisations in Rotherham and Departments of the Council that contribute significantly to improving the health and wellbeing of children and young people, for example, Leisure and Green Spaces contribute to improving the health and wellbeing of children and young people.

The Children and Young People’s Strategic Partnership will work with the Health and Wellbeing Board to ensure the priorities in the Health and Wellbeing strategy that are related to children and young people and their families are implemented. The Children and Young People’s Strategic Partnership will be the delivery mechanism for those priorities enabling a wider partnership focus.

The Children and Young People’s Strategic Partnership will work with the Rotherham Safeguarding Children Board to keep children and young people safe and a working protocol is in place setting out the relationship between the Children’s Strategic Partnership and the Safeguarding Children Board.
I am delighted to introduce Rotherham’s new Children and Young People’s Plan for 2016 to 2019 which has been developed by the partners on the Children, Young People and Families Strategic Partnership. Rotherham already has successful partnership working and it is clear there is a commitment by all partners to improve the outcomes for children, young people and families in Rotherham.

The Children and Young People’s Plan is a strategic plan which sets out the vision for children and young people and their families and the outcomes that need to be improved.

Our plan also details some of the ways in which we are engaging and listening to the views of young people and how they are influencing service standards. Our Young Inspectors are telling us how we need to provide more digital solutions and improve information about services, develop customer standards and improve the overall customer journey. Our Youth Cabinet have been working with Public Health around mental health and how to improve access for young people seeking help including the development of the Website ‘My Mind Matters’ and much more work is planned. We continue to support the LAC Promise and within the plan there are details of various services that the LAC council have influenced including some of our commissioned services.

It is acknowledged that there are other strategic plans in place about keeping children and young people safe and improving their health and wellbeing and it is the intention that the Children and Young People’s Plan is an overarching plan which focuses on where outcomes need to be improved that would benefit from a wider partnership focus.

There are a number of focused priorities within this plan to ensure children and young people are healthy and safe from harm, are able to start school ready to learn for life and from being engaged in learning, they are ready for the world of work.

The challenge the Children and Young People Strategic Partnership faces is to achieve better outcomes for children and young people with fewer resources. So it is important that the resources that we do have are used effectively and that staff have the right skills to turn around the lives of our most troubled and challenged families.

Councillor Gordon Watson
The Children and Young People’s Strategic Partnership have identified a vision and three main Strategic outcomes that align to the points in a child’s life when they will require additional help and support.

Our Vision is to be a child centred Borough which will ensure our children, young people and their families:

- are healthy and safe from harm;
- start school ready to learn for life
- are ready for the world of work
- working with children, families and our partners, for Rotherham’s Children’s Services to be rated outstanding by 2018.

This will mean our children, young people and families are proud to live and work in Rotherham.

A Child Centred Borough

We adopt a partnership approach because achieving improved outcomes for all children and young people in Rotherham is the responsibility of everyone who works with and cares about children and young people. Our aspiration to become a Child Centred Borough is at the heart of our Vision to ensure our children and young people are safe, healthy, successful, heard, involved and respected at home, at school, in their communities and are part of the decisions that affect them.

Establishing the best start in life for children and young people is essential as all aspects of their development - physical, emotional and intellectual – are established in early childhood. Development in the early years can have a lifelong impact on health and wellbeing, educational achievement and economic status. A proactive and preventative approach prior to any problems occurring is required to ensure good child development and health behaviours. By placing an increased focus on health and wellbeing in those early years we hope that all Rotherham children will be able to fulfil their potential.
Outcome 1
Children, Young People and their families are healthy and safe from harm

- Early Help Services to identify and support families at the right time to help prevent social care involvement.
- Increase the take up of services delivered by Children’s Centres where there are high levels of deprivation.
- Increase the take up of free early childcare for disadvantaged families.
- Reduce the number of First Time entrants into the Youth Justice System.
- Increase the number of families engaged in the Families for Change programme.
- Reduce the levels of childhood obesity.
- Reduce risky health behaviours in young people.

Outcome 2
Children, Young People and their families start school ready to learn for life

- Challenge all schools, academies and education settings who are not providing at least a ‘good’ level of education for our children.
- Improve personal outcomes for our young people with special educational needs and disabilities (SEND) to enable them to make choices that lead to successful adult lives.

Outcome 3
Children, Young People and their families are ready for the world of work

- Enable hard to reach young people to achieve their full potential through education, employment or training.
- Young people are ready for Level 3 Qualifications (equivalent to A Level).
- Improve the access to emotional wellbeing and mental health services.
- Increase the number of young people aged 15-19 in Rotherham Schools and Colleges receiving support from Rotherham Youth Enterprise.
- Increase the number of young people aged 15-19 in Rotherham Schools and Colleges receiving support from Rotherham Youth Enterprise.
Early Help

**Priority:** Early Help Services to identify and support families at the right time to help prevent social care involvement.

**Performance Measures:**
- A reduction in the Children in Need Rate (rate per 10K population).
- Percentage reduction in children who had a social care concern raised within 12 months of the last concern ending (re-referrals).
- Increase in the number of multi-agency Early Help assessments.

We know that early identification and intervention are key to preventing poor outcomes for children and young people and that providing support at the earliest point can stop issues escalating. Early intervention in childhood can help reduce physical and mental health problems and prevent social dysfunction being passed from one generation to the next.

Through our Early Help Strategy we aim to improve outcomes for children and families in Rotherham and at the same time, reduce the demands upon specialist and higher tier services.

In Rotherham, most children, young people and family’s needs are met by universal services, or those services that are available to everyone.

For those children and families who face more challenges and may have multiple needs, our services will provide support and expertise, building on a ‘One Family, One Worker, One Plan’ principle. An Early Help Assessment will ensure they receive all the support they require. Further information about Early Help services is available at: [http://www.rotherham.gov.uk/earlyhelp](http://www.rotherham.gov.uk/earlyhelp)

**Early Help Assessments**

Early Help Teams provide intense, focused support when problems first emerge. The right service at the right time can reduce or prevent specific problems from getting worse and becoming deep seated or entrenched.

Our integrated Early Help Teams are based in nine Locality Teams, across three Areas - North, South and Central and can provide advice and support for the whole family on issues such as: Parenting; Teenagers; Behaviour; Emotional wellbeing; Drugs and alcohol; Domestic abuse; Money, benefits and housing; Staying safe – outdoors and online; And places to go and things to do.

From the 1st November 2015, (the pilot stage for the Early Help Assessment) until 30 March 2016 there were 799 triage outcomes that requested an Early Help Assessment.

In February 2016 weekly Step-Down Panel meetings commenced to ensure there is a consistent and robust process in place to manage, monitor and clearly record outcomes for all cases stepping down from Duty and Assessment teams and/or those coming off a Children in Need plan. At the end of March 2016 we have stepped down 73 families (191 children) to our Early Help Locality Teams, along with making recommendations for seven families and 15 children to be worked with by our partners.
Early Help Pathways

In January 2016, we launched our new Early Help Pathway; Early Help Request for Support; Early Help Assessment; and Early Help Offer website. The Pathway to Services document outlines the Early Help offer and a virtual ‘pathway to Early Help services’ in Rotherham. These services are currently provided by Rotherham Metropolitan Borough Council, Health providers, the Voluntary Sector, schools, early years and education settings for children and young people aged 0 to 19* years and their parents/carers *(25 for young people with a disability). It is intended to be a sign-posting tool for families, practitioners and professionals. It is not an exhaustive guide of all services available and should be used alongside the online Early Help Service Directory and other useful documents that can be found on the website.

The Early Help offer and pathway commence with services which are classed as ‘universal’ – available for all families in Rotherham to access when appropriate. It also includes more ‘targeted’ early help support and services that are there to offer advice, support and guidance around individually identified needs for children, young people and their family.

The Pathway to Services document:

Rotherham Children’s Centres

Priority: Increase the take up of services delivered by Children’s Centres where there are high levels of deprivation in those communities.

Performance Measures:
• Increased percentage of children aged 0-5 living in the Rotherham area who have accessed Children Centre activity.

A Children’s Centre is where families with children under five years can go to access a range of services and information. They deliver services in one building, or at a variety of venues in a local area.

The centre’s work in partnership with parents and service providers to deliver inclusive services that are:
• child-friendly accessible
• respond to the needs of local families
• help children to reach their full potential.

Each centre will also have the services of a qualified early years teacher. They will work with early years professionals so that all children have access to quality early learning experiences. This is whether it is at school or nursery.

There are also family support workers and health professionals that are either based at or visit the centre.
Services vary between centres but will cover the following:

- Early education and childcare. This is provided by the centre, childminders, other days providers, out of school clubs or extended schools
- Support for you and your family
- Child and family health services
- Information for parents and carers
- Information about training and employment

There are 12 Children’s Centres with 10 linked sites in Rotherham.

Performance against the Children’s Centres measures continued to improve in the final quarter of the year, with the percentage of children aged 0-5 living in the Rotherham area who are registered with a Children’s Centre reaching 91.4% against the target of 95%.

Although this was slightly below the target it still represents a good achievement for the year and work is already underway to ensure that we are targeting those residing in the 30% Lower Super Output Area’s (LSOA’s) and to improve registration rates across these areas and at the linked sites.

The access figures have also increased, with performance reaching 54% against the annual target of 66%. Heads of Centres and frontline staff focussed on the 30% LSOA’s and achieved much improved performance of 63% against the 66% target; despite the impact of an increase in the reach areas and with a reduction in the number of outreach staff.

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**Early Childcare for Disadvantaged Families**

**Priority:** Increase the take up of free Early Childcare for disadvantaged families

**Performance Measures:**
- Percentage of entitled two year old accessing childcare.

Giving children and families the very best start in life continues to be a key priority for Rotherham. The entitlement to free early year’s provision was first introduced in the National Childcare Strategy (DFEE 1998). By January 2010 almost all eligible four-year-olds and the vast majority of eligible three year olds in England were benefiting from the entitlement to free early years provision (DfE 2010). There is evidence showing that receiving good quality early years education is associated with improved outcomes for children’s development, and is particularly beneficial for children from disadvantaged backgrounds, ‘breaking the cycle’ between early disadvantage and poor outcomes through life which can be linked to a number of health, education, economic and social outcomes. The priority therefore is to increase the take up of free Early Childcare for disadvantaged families in Rotherham.
Youth Offending Teams

Priority: Reduce the number of First Time Entrants into the Youth Justice System

Performance Measures:
• Percentage reduction in First Time Entrants (FTE) into youth justice system.

Youth Offending Teams (YOT’s) have three targets that they are required to report back to the Ministry of Justice and Youth Justice Board (YJB). These are:

• Reducing the number of First Time Entrants into the Youth Justice system
• Reducing Reoffending
• Reducing the use of custody

Performance is measured by the YJB by comparing performance against the same period in the previous year, and comparing local with national performance. A quarterly report is produced by the YJB for Ministers RAG rating YOT’s and highlighting remedial action taken for YOT’s rated “red”. Rotherham is currently rated as a “green” YOT.

Although YOT’s return data to the YJB, with the exception of custody data, the data used by the YJB for First Time Entrants and Reoffending is taken from the Police National Computer (PNC) database. This data is provided to YOT’s a month after quarterly data is submitted.

For First Time Entrants the data is shown in rolling full-years for the 12 months to March, July, September, and December of each year. The latest data is for July 2015 to June 2016 at 460 (rate per 10,000 of 10-17 population).

Reoffending figures are based on proven reoffending. A proven re-offence is defined as any offence committed in a one year follow-up period that leads to a court conviction, caution, reprimand or warning in the one year follow-up or within a further six month waiting period to allow the offence to be proven in court. Latest data is for the January 2014 to December 2014 period at 27.3%.

Rotherham is regarded by the Youth Justice Board as a well performing YOT and the service is fully compliant with the requirements for the constitution and staffing of a youth justice service as outlined in the Crime and Disorder Act 1998.

In addition to the Act’s requirements the YOT is also compliant with the 190 National Standards required by the Ministry of Justice and Youth Justice Board and the Home Office Code of Practice for Victims of Crime. Compliance in respect of these two areas is audited yearly and the results fed back to the Youth Justice Board with the YOT Management Board taking responsibility for any remedial action required.

Overall in the last five years, the numbers of First Time Entrants (FTEs) for Rotherham has gone down in line with the downward trend nationally and in South Yorkshire. Rotherham’s YOT Comparison Group also showed a downward trend from 2010 to 2015 although the
numbers for Sheffield have risen in 2015 compared with 2013 figures. In comparison, Walsall’s (also in our comparison group) numbers rose in 2014 but reduced again in 2015 and are still well below the figures in 2010.

Since the middle of 2012 first time entrant numbers (those entering the youth Justice System) have been slowly increasing. This follows a period in which the numbers were significantly decreasing and were above those of regional and national rates. Whilst the gap between Rotherham’s rates and regional and national rates is not huge (Fig 1.) and numbers involved are relatively small, (Table 1). It is nevertheless a concern that from a low baseline rates have risen above regional and national trends.

**Families for Change Service**

Families for Change (FfC) is the local delivery of the Troubled Families initiative, a national programme to work with families with multiple high cost problems. The Families for Change work is embedded in Children’s Services as part of the Early Help offer.

The initiative asks local authorities to identify families using specific criteria, and deliver interventions that lead to behaviour change and better outcomes. The programme challenges local services to work together and ensure that service delivery is family-focused and well-coordinated.

Phase one of the programme was launched in April 2012 and ended in April 2015; families were identified if children were not attending school, young people were committing crime, families were involved in anti-social behaviour and adults were out of work. In Rotherham we were asked to identify and achieve outcomes with 730 families; we were successful in delivering 100% of this target.

Phase two began in April 2015. The roll out of the programme builds on the work of phase two, whilst expanding the scope in terms of identifying the families that we work with. There is an increased emphasis on service transformation, both improve outcomes for families and ensure more efficient and effective use of public money for the long-term. In phase two, Rotherham is challenged to work with 2470 families, and committed to working with 371 families in 2015/16 and 882 in 2016/17.
To be eligible for the expanded programme, each family must have at least two of the following six problems:

- Parents or children involved in crime or anti-social behaviour
- Children who have not been attending school regularly
- Children who need help; children of all ages, who need help, are identified as in need or are subject to a Child Protection Plan
- Adults out of work or at risk of financial exclusion or young people at risk of worklessness
- Families affected by domestic violence and abuse
- Parents or children with a range of health problems

The work will be deemed successful, and payment by results funding will be available, if significant and sustained progress is identified across all the problems that are identified by the family, or if a family member enters and sustains employment.

In Rotherham the work is now fully embedded in the Early Help Offer. All families supported by the service will receive a holistic offer of support, so that there is ‘one family, one worker, one plan’ and that the workforce will have the skills, experience and tools to meet the presenting need in each locality. The Early Help Offer is a multi-agency response to meet the needs of vulnerable families; the family outcomes tracked through Families for Change will provide an indicator of how effective we are at working collectively to deliver outstanding services and supporting Rotherham families to thrive.

Children and Young People achieve their potential and have a healthy adolescence and early adulthood

This is one of the key aims within Rotherham’s Health and Wellbeing Strategy. This strategy provides a high level framework which will direct the Health and Wellbeing Board activity over the next three years.

Whilst tackling inequalities in health requires focused action from the start of life and in the early years, the commitment needs to be maintained throughout childhood and adolescence. We need to provide good education and healthcare, and opportunities for good work and training in order to support young people to thrive. In common with all the priorities, whilst we need to ensure these are available for all children and young people within the borough, we must focus on those children and young people who are most vulnerable; those who are looked after, those with mental health problems, physical and learning disabilities and those from our most deprived communities.

This is a key period for developing individual resilience: developing a sense of purpose and self-esteem, becoming emotionally aware, taking responsibility for their own physical and emotional needs and being connected to others. Resilience enables children and young people to cope with the challenges they face and to contribute positively within their community.
Hospital admissions caused by unintentional and deliberate injuries

Injuries are a leading cause of hospitalisation and represent a cause of premature mortality for children and young people. They are also a source of long-term health issues, including mental health related to experience. This is a key indicator for partnership working to reduce injuries, including child safeguarding.

Childhood Obesity

Priority: Reduce the levels of childhood obesity.
Performance Measures:
- Reduce year-on-year levels of childhood obesity for:
  (a) Reception year children (age 4/5) and (b) year 6 children (age 10/11)

Childhood is a critical time for the development of obesity. In Rotherham, levels of obesity are more than double between school age at reception (aged 4-5 years – 10.3% obese, similar to the England average) and year 6 (aged 10-11 years – 21.8% obese, higher than the England average of 19.1%). There are many contributing factors to this increase including access to a high fat and high sugar diet (including drinks) and the local environment.

Through the Lifestyle Survey, young people have told us that they are eating less of their five portions of fruit and vegetables per day when compared to 2014 (40%). Boys in year 10 are more likely not to eat any fruit or vegetables per day, this being at 12%. When asked about how many glasses of water they drank a day, 2114 (68%) of young people said that they drank one to five glasses of water (down from 73% in 2014). 746 (24%) said they had 6-10 glasses (up from 18% in 2014) and 249 (8%) said that they drank no water at all (1% lower than 2014). More boys said they drank no water at all, 9% compared to 7% of girls.

2084 (67%) of pupils have a snack at break time (down from 70% in 2014). This year, fruit is the most popular choice compared with crisps last year. When asked where they mainly have lunch, 1524 (49%) said that they have a school lunch (up from 44% last year). Year 7 pupils are more likely to have school meals than year 10 pupils (61%) of year 7 pupils said they have them compared to 37% of year 10.

In relation to sport and exercise, the national recommendation is that all children and young people should engage in moderate to vigorous physical activity for at least 60 minutes per day. 2488 (80%) of pupils said that they regularly take part in sport or exercise (up from 77% in 2014). Overall Boys are more likely to exercise regularly (80%) compared to girls (75%). There is an improved increase in the frequency of times per week that pupils are exercising.

Young people were asked how they feel about their general health. Pupils who said they felt their weight was about normal size was 2022 (65%), (compared to 73% who said they weight was healthy in 2014 survey. 93 (3%) of young people felt that they were very overweight (up from 2% in 2014) and 622 (20%) felt that they were overweight (up from 17% in 2014).

Rotherham’s Children and Young People’s Plan 2016 to 2019
The priority for Rotherham is to reduce the levels of childhood obesity especially in relation to those families who access services in Rotherham. A whole systems approach is being adopted by partners to reduce childhood obesity as part of implementing the new national Obesity Strategy from 2016.

**Self Harm and Suicide**

Rotherham uses the NICE (2012) definition for self-harm which is; ‘any act of self-poisoning or self-injury carried out by an individual irrespective of motivation. This commonly involves self-poisoning with medication or self-injury by cutting.’ Research suggests that nationally around 10% of 15-16 year olds have self-harmed. Self-harm is more common in young women, although it is on the increase among young men.

Following a group of suicide events in Rotherham from November 2011, an Independent Review has been undertaken. The report dated January, 2015 recognises the multi-agency response established promptly but recognises the learning from such events that need to take place. An awareness of the signs of self-harm and suicidal thoughts is essential if we are to be able to respond to these vulnerable young people quickly and effectively.

**Supporting Children & Young People who Self Harm: Rotherham Self Harm Practice Guidance**

**Priority:** Reduce risky health behaviours in young people. Reduce the risk of self-harm and suicide among young people

**Performance Measures:**
- Hospital admissions caused by unintentional and deliberate injuries (0-14 and 15-24 years).
- Hospital admissions for mental health conditions (0-17)
- Hospital admissions as a result of self harm (10-24 years)

Often discussion around the difference between suicide and self-harm can lead to confusion amongst professions. ‘While some would argue that self-harm is in fact the opposite of suicide, there is equally compelling argument that they are part of the same continuum, both being a response to distress. There is sufficient evidence to suggest that skilled support at the time of the first episode of self-harming offers an opportunity to prevent further self-harming and, potentially a suicide attempt’ NSPCC (2009). The guidance explains about self-harm and suicide, what are the risk factors and warning signs, coping strategies, who is at risk and how professionals can help, the Do’s and Don’ts.
Care about Suicide cards have been developed as guidelines for the general public on suicide prevention, what signs to look for, how to respond and support the individual concerned and where to get further advice and access services. The guidance explains that mental health is something everyone has, like physical health and that mental health affects how we cope with life events and that a person’s mental health affects how they learn, function from day to day, how they form, keep and end relationships.

The Rotherham Suicide and Serious Self Harm Community Response Plan has been developed. Research estimates that between 1 and 5% of all suicides by young people occur in the context of a cluster, and that 6% of suicides in prisons and 10% of suicide by people with mental illness are due to imitation or clustering effects. This plan is a multi-agency plan to support agencies and individuals specifically those who work with children and young people and is activated when Public Health perceives that a cluster is occurring or is at risk of occurring. An initial suicide may be the precipitating factor, but other external events may also act as triggers. These might include one or more deaths from other causes (e.g. trauma) which influence others to engage in suicidal acts out of grief, or pervasive environmental circumstances (e.g. economic downturn or extreme weather incidents) which cause stress for a whole community.

A Rotherham Care Pathway for Children and Young People Bereaved by Sudden Traumatic Death has also been developed.

Determining the underlying causes of suicide and self-harm and improving the emotional and mental well-being is a priority for all children and young people and there is a Rotherham Suicide and Prevention Self Harm Group taking this forward.

Risky Health Behaviours in Young People

During adolescence young people become more independent. With this increasing autonomy they may experiment with risk taking behaviours. They may try alcohol, tobacco and other substances, and may become sexually active. Modelled estimates suggest 10% of 15 year olds in Rotherham smoke regularly (daily or weekly), which is higher than the England estimate. Alcohol specific hospital admissions for under 18s, however, are significantly better in Rotherham than the England average (29.1 per 100,000 under 18 year olds in Rotherham, compared to 40.1 per 100,000 for England).

In Rotherham we have a higher diagnosis rate of new sexually transmitted infections (STIs) than the England average. However, care needs to be taken when interpreting this data as higher diagnosis rates may not necessarily indicate that more young people have STIs. This may reflect that local services are more accessible and young people friendly.

“One in ten children aged 5-16 years has a clinically diagnosable mental health problem and, of adults with long-term mental health problems, half will have experienced their first symptoms before the age of 14. Self-harming and substance abuse are known to be much more common in children and young people with mental health disorders – with ten per cent of 15-16 year olds having self-harmed. Failure to treat mental health disorders in children can have a devastating impact on their future, resulting in reduced job and life expectations. (Source – Public Health England)”.

Rotherham’s Children and Young People’s Plan 2016 to 2019
Outcome 2: Children, Young People and their Families Start School Ready to Learn from Life

Special Educational Needs and Disabilities (SEND)

Priority: Improve personal outcomes for our young people with SEND to enable them to make choices that lead to successful adult lives.

Performance Measures:
- Increase in the number of Education Health and Care Plans completed in statutory timescales

Consultation in relation to the Local Offer for children and young people with special educational needs and their parents has taken place with a wide range of stakeholders including children and young people with special educational needs and their parents. Providers of services have also been engaged to gain a further picture of how to develop and present the Rotherham offer.

The Children and Families Act (2014) and SEND Code of Practice (2015) have led to significant changes in the approach to provision for children and young people with Special Educational Needs and/or Disability. In particular;

- The statutory requirement for Local Authorities to publish a Local Offer of relevant SEND services and support, including publication of how the views of young people and their parents have been acted upon.
- A clear directive for agencies and services to be led by the views of children, young people and their families in the delivery and monitoring of provision that supports SEND
- A move to provision from birth to 25 to aid transition to adult services and to improve outcomes in adulthood
- A joint approach to commissioning of services across involved areas including education, health and social care
- A potential for the provision of personal budgets to enable young people and families to purchase some services directly.

The SEND Local Offer in Rotherham aims to provide information for parents and young people about resources, services, support, activities and events for Rotherham’s children and young people with Special Educational Needs and/or Disabilities and their families. Information is arranged according to age from pre-school through to early adulthood.

www.rotherhamsendlocaloffer.org
Rotherham Charter

In partnership with parents, carers, children and young people, adults and families a Rotherham Charter has been developed. This Charter is the partnerships commitment to care, include, communicate and work in partnership so that together all achieve their potential.

www.rotherhamcharter.co.uk

Short Breaks

Short Breaks are commissioned for young people. Each year we discuss this service with disabled children and young people and their parents and carers as part of the needs assessment for short breaks. An issue that is often mentioned is access to universal services and making sure that there are suitable facilities for disabled children and young people. We are working with the YMCA to help disabled children and young people access universal services by providing some one to one support. The Council’s parks department are also working with the local community in North Anston to provide playground facilities that can be used by disabled and non-disabled children. In the coming years we will continue to work with our disabled children and young people and their families to help them access activities as well as working with universal service providers to help them become more inclusive.

SEND Major Project

The area of SEND provision has been identified for further development. A strategic plan to address the planning of SEND provision for the future is being written based on findings over the past year which has included consultation with providers and families. Services to support this area have been brought together within the inclusion department, a leadership structure has now been established and greater links with social care and health services are now being developed. A data dashboard has been established with closer links to the Joint Strategic Needs Assessment. The financial sufficiency and sustainability of services and provisions is targeted for development over the next three years and incorporated into the CYPS Improvement plan. This work includes;

Rotherham Joint Commissioning Strategy

The Rotherham Joint Commissioning Strategy for Children and Young People with Special Educational Needs and/or Disabilities (SEND) provides an overview of how the joint commissioning of services for children and young people with SEND in Rotherham will be developed and implemented in line with the requirements of the Children’s and Families Act 2014.

The mapping and consultation undertaken has informed the development of this strategy for Children and Young People with Special Educational Needs and/or Disabilities (SEND), which provides an overview of how the joint commissioning of services for children and young people with SEND in Rotherham will be developed and
implemented. The Strategy outlines what joint commissioning is, the partners involved in the arrangement, the governance structure, the current Rotherham SEND Local Offer and how we will implement the Strategy.

The development of a SEND Assessment Hub is key to improving the co-ordination of SEND provision, as well as formalising joint working arrangements and the streamlining of assessments. The preferred option for the SEND Assessment Hub is Kimberworth Place, as a number of SEND services are already based there and therefore the number of services moving bases would be minimised.

The priorities identified for this Strategy have been identified by parents/carers and young people through the consultation undertaken. Parent/carer representation will continue through the SEND Joint Commissioning Group.

The nine priority areas of work contained within the Rotherham Joint Commissioning Strategy for Children and Young People with SEND are as follows:

- Create a joint SEND Education, Health and Social Care Assessment hub at Kimberworth Place. Year 1
- Review and re-model services that provide support for children and young people with social, emotional and mental health needs. Year 1
- Develop a performance and outcomes framework that will be applied across all local authority and Clinical Commissioning Group (CCG) SEND provision. To be implemented by Year 3
- Align local authority and CCG specifications for SEND service provision, so as to facilitate commonality of practice and a consistent approach (thus reducing duplication, improving efficiencies and developing clearer pathways). Year 1
- Develop the Education, Health and Care Planning (EHCP) process to look at how the assessment process (including the decision making process/panels and allocation of resources) can be streamlined and strengthened, so as to reduce the multiple assessments that young people and their families have to undertake. Year 1
- Ensure that there is a co-ordinated joint workforce development plan. Year 2
- Develop and implement Personal Budgets. Year 1
- Develop pathways to adulthood. To be implemented by Year 3
- Develop approaches to improving life experiences To be implemented by Year 3
Sustainable Education and Skills

**Priority:** Challenge all schools, academies and education settings who are not providing at least a ‘good’ level of education to our children.

**Performance Measures:**
- All children make good or better progress,
- The progress a pupil makes from the end of primary school to the end of secondary school (Key Stage 4 Progress 8 Measures).

A priority is that the quality of education for children and young people should enable them to be well prepared for further education, higher education and work.

All young people should have the tools and opportunities they need to fulfil their potential, regardless of background or life circumstances. We believe that all young people should have access to opportunities to develop skills for life and work and to create a more responsible, engaged and cohesive society.

Key Stage 2 is the final year of primary education when pupils are aged between seven and 11. Key Stage 4 is the term used for the two years of school education which incorporate GCSEs, and other exams, normally Year 10 and 11 when pupils are aged between 14 and 16.

The priority is that all children make good or better progress from the end of primary school to the end of secondary school (Key Stage 4).
Outcome 3: Children, Young People and their Families are Ready for the World of Work

**Priority:** Enable hard to reach young people to achieve their full potential through education, employment or training.

**Measure:**
- Reduction in the percentage of young people aged 16-18 who are Not in Education, Employment or Training (NEET)

**Priority:** Increase the number of young people aged 15-19 in Rotherham Schools and Colleges receiving support from Rotherham Youth Enterprise (FYE).

**Measure:**
- Increase in the number of young people receiving support from RYE in terms of the delivery of employability skills sessions and self-employment awareness sessions

**Priority:** Young people are ready for Level 3 Qualifications (equivalent to A Level).

**Measure:**
- The progress a pupil makes from the end of primary school to the end of secondary school. (Key Stage 4 Progress 8 Measure.)

We need to make sure that there are high quality options for young people to undertake both academic and vocational education, including apprenticeships and traineeships.

Education and Skills are involved in a number of activities to help prepare young people for the world of work.

The focus on preparing young people for the world of work is through good participation in learning (i.e. apprenticeships, college, school or university) and strong attainment outcomes (especially at Key Stage 4 and Level 3 at 19). However, it should be recognised that there is no universal offer, funding, or authority (e.g. careers guidance, education-business links, work experience, or curriculum enrichment around employability and enterprise skills) for the Council to prepare young people for the world of work, as responsibility and resources rests with colleges and schools.

However, there are a number of work areas that Council is involved in:

- Early help work is undertaken with vulnerable young people and/or NEETs. Early Help also send out weekly apprenticeship bulletin distributed to all colleges and schools. A Search and Apply and Youthi websites have been developed which provide an online prospectus and application process of all 16-18 provision and careers, support and vacancy information. This is the only universal information to young people.

- The Council is working with Rotherham North Notts (RNN) College (North Notts College and Rotherham College who completed a merger on 1st February 2016 to create a new organisation called the RNN Group (Rotherham and North Notts Group)) to successfully
bid for £4.4m from the Sheffield City Region Capital Growth Fund towards the building of a new £11m Centre for High Level Skills at Doncaster Gate. The Centre, due to open by 2018, will work with businesses and communities to address the shortfall in skills. It will provide both accessible and affordable higher education provision in Rotherham and is key to the economic regeneration of the town centre.

- Science, Technology, Engineering & Maths (STEM) Co-ordinator (jointly employed by Sheffield and Rotherham Council) and partially funded by Mondelez International (Cadbury) to:
  - Raise awareness of STEM for students to find out more about the industry. Including, working with employers to give young people a taste of work – including visits to employers and employer led projects. E.g. Sandvik, TATA Steel, Mondelez International, Gripple
  - Support teaching and learning in schools and colleges to raise attainment and engagement with key subjects e.g. Advanced Manufacturing Research Centre (AMRC) to raise attainment in maths
  - Celebrate success of young people including the Annual STEM Celebration.

An annual business-education event for teachers, this year focussed on post-16 options with a range of employers and post-16 providers exhibiting and 50 delegates attending.

£676k Ambition pilot to the Local Authority (Jan 15-July 17) to engage 259 jobseeker claimants aged 18-24 into work placements with 104 securing sustainable employment – as of March 2016, 111 starts and 40 securing employment.

Rotherham Youth Enterprise (RYE) contributes to the local economy by supporting young people/adults to make the leap from education into self-employment and business; supporting business growth; and long term business survival rates. RYE:

- Supported businesses to have an 81% survival rate at five years of trading
- Support 30 - 40 new business starts per year
- Work with around 1,800 students in schools and colleges raising awareness of self-employment, including engaging post 16 students in an annual Business Planning Competition, delivering a range of employability and enterprise activities in schools and colleges
- Is a key partner in the annual Local Employers Advisory Forum (last year 71 businesses and providers exhibited at Magna to 863 attendees from schools, colleges and the workless community. Job Centre Plus (JCP) reported that a month after the event 27 people had secured jobs with companies who exhibited on the day)
- Run the annual Rotherham Young Entrepreneur of the Year Awards
- Delivering the Government/SCR’s new Enterprise Adviser programme and achieved the target to match 20 employers to 20 schools and colleges in Rotherham to advise them on how better to engage with the business community and prepare young people for the world of work. The programme aims to widen young people’s horizons, increase their knowledge of the range of career opportunities and the new and emerging sectors that are ‘out there’...
To increase the number of business encounters in schools/colleges, address the issue of employers offering work experience opportunities to special needs young people and better prepare young people for the ‘world of work’

Establishing a Post-16 Providers Network led by the sector to identify and develop proposals for schools, the LA, employers and the SCR to better support young people into the world of work; and to work collaboratively to develop progression pathways and support transition into further learning and/or employment for 16, 17 and 18 year olds.

Economic Regeneration is supporting Commissioners to ‘Get Rotherham Working’ by supporting employers to:

- Become a Schools Enterprise Advisor, working with a schools senior leadership team to improve awareness of business, and assist young people to develop their future employability skills
- Exhibit at the Local Employer Advisory Forum (LEAF) – Rotherham Jobs and Career event which is held annually in November. Advising schools as well as working with job seekers to fill current vacancies and provide them with the knowledge of the skills needed to be successful in employment
- Take on a university / college intern
- Provide industry talks or visits to schools and colleges
- Take on an apprentice or a trainee
- Provide work experience opportunities for school students and/or the unemployed community
- Convert existing employees into apprentices, including higher level apprentices
- Undertake new in work training.

**Employability skills within Study Programmes**

Department of Education (DFE) guidance on Study Programmes states that:

- “All 16 to 19 students should be given the opportunity to take a study programme which reflects their prior attainment, education and career goals
- Study programmes should normally include substantial academic or applied and technical qualifications; non-qualification activity including work experience; and the study of English and maths where students do not hold a GCSE graded A*-C in these subjects
- Study programmes should be focused on progression to the next level of education, a traineeship or apprenticeship, or other employment”.

In terms of the work experience element, the guidance states that all study programmes should

- “allow for meaningful work experience (related to the vocational area) and/or other non-qualification activity to develop students’ personal skills and/or prepare them for employment, training or higher/further education.

Work experience can take many forms including work tasters, participation in social action projects, or a work placement.
Whilst training in a simulated work environment can help a student develop new skills and support progression into an external working environment, it is a work placement with an employer in an external work environment that has the greatest impact on students’ employability. We expect providers to ensure that wherever possible all young people spend time in an external workplace.”

Source: Departmental advice for education providers on the planning and delivery of 16 to 19 study programmes, DFE, January 2016.

Successfully planning and delivering this work experience is an important factor when devising and implementing study programmes. This often includes work related activities for the basic development of a student’s employability skills through to work related experience such as volunteering on community projects. Independent work experience is where students have undertaken work experience or a placement for Employers and experience what it is like in the world of work. There are various organisations in Rotherham providing work experience for young people.

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**Improving Access to Emotional Wellbeing and Mental Health Services**

**Priority:** To improve the access to emotional wellbeing and mental health services.

**Measure:**
- CAMHS referrals triaged for urgency within 24 hours of receipt
- Percentage of triaged CAMHS referrals that were assessed within three weeks.

The NHS England Future in Mind Report was published in May 2015 and sets out a clear national ambition to transform the design and delivery of a local offer of services for children and young people with mental health needs. This covers five key themes:

- Promoting resilience, prevention and early intervention
- Improving access to effective support – a system without tiers
- Care for the most vulnerable
- Accountability and transparency
- Developing the workforce

The Clinical Commissioning Group (CCG) responded to the guidance with a Local Transformation Plan (LTP) that is a five year vision to transform the system for children’s mental health and wellbeing.
Consultation took place with parents and carers and young people to identify the issues with the current services. These comments have been used to inform the key objectives in the transformation plan. A significant number of comments related to having better access to mental health services. Parent and carer representatives are also on the partnership group and continue to influence the implementation of the plan.

The reconfiguration includes the establishment of clear treatment pathways, a Single Point of Access (SPA) and locality workers linked with locality based Early Help and Social Care teams as well as schools and GPs. Extensive staff consultation and recruitment to a whole new structure has taken place.

The Future in Mind & Local Transformation Plan will be finalised in December 2016 and has provided some new investment into the service allowing for the recruitment of additional resource. Staff are being mobilised into new ways of working.

The key objectives in the transformation plan are:

- **Support for Universal Services** – The development of an enhanced single point of access with a Primary Mental Health Worker based within the Early Help Hub. Named Child and Adolescent Mental Heath Service (CAMHS) workers for schools and primary care.

- **Move away from the current tiered system** – Implement a consultation model that moves away from referrals and towards joint working, advice, guidance and support.

- **Implement the crisis care concordat** – Implement all aspects of the concordat, in particular the embedding of a new 24/7 helpline, ensuring no child or young person is placed in a police cell as a place of safety. Creation of a nurse liaison provision to work within the acute hospital setting.

- **Development of an Intensive Home Treatment Provision** – Implementing a new home treatment service that acts as an alternative to inpatient services and has a key role in pre-crisis, enabling step down from acute/inpatient services.

- **Eating Disorders** – Creation of a new community eating disorder service to reflect local need.

- **Caring for the most vulnerable** – Dismantling the barriers and reach out to children and young people in need through better assessment and an integrated flexible system that provides services in a way that are evidenced based.

- **Children, Young People and Families have a voice** – By developing sustainable methods to effectively engage with our children, young people and families so they have a voice and shape our services. Young Minds have been commissioned to support this.

Significant engagement has been undertaken with schools as it is recognised the key role they play in the identification of emotional health and wellbeing as well as the on-going support they provide.
The Joint Strategic Needs Assessment for Rotherham tells us:

There are approximately 204,400 adults resident in Rotherham (2015 Mid Year Estimate) of whom 64,600 people are aged 60 and over (24.8% of the population), 37,100 are aged 18 to 29 years (14.2%) and 102,700 are aged 30 to 59 years (39.4%).

The number of children and young people aged 0 to 17 years is 56,400 (21.6%) of whom 16,000 are aged 0-4 (6.1%).

There were 43,128 children and young people attending state funded schools in Rotherham as at January 2016. 22.8% of children live in low income families.

The percentage of pupils with special educational needs reduced from 25% in 2010 to 19.5% in 2014 and the percentage with statements fell from 2.5% to 2.3% over the same period. The general reduction is in line with national trends although the percentage with statements has not been falling nationally.

According to the Index of Multiple Deprivation (IMD 2015), Rotherham is the 52nd most deprived out of 326 English districts. The Indices of Deprivation 2015 domains that are most challenging for Rotherham are: Health and Disability; Education, Training and Skills; Employment.

Almost a fifth of Rotherham’s population live in areas which are amongst the most deprived 10% in England. The most deprived areas of Rotherham have seen deprivation increase the most between 2010 and 2015. From the needs analysis it is evidenced that there is a high correlation between deprivation (IMD 2010) and risk of/experience of CSE.

Rotherham’s Black and Minority Ethnic (BME) population is relatively small but has been growing and becoming increasingly diverse. According to the 2011 Census, 8.1% of Rotherham’s population were from BME communities but the 2016 School Census shows that 16.7% of pupils were BME. The largest BME community is Pakistani and Kashmiri who numbered 7,912 in the 2011 Census. The Kashmiri and Pakistani community is well established in Rotherham. There are also much smaller established communities such as Chinese, Indian and Irish. The fastest growing population has been Black African communities and the Eastern Europeans. The Slovak and Czech Roma community is estimated at around 4,000 people and several hundred Romanian Roma have settled in Rotherham since 2014.

The full joint strategic needs assessment for Rotherham can be found at [www.rotherham.gov.uk/jsna](http://www.rotherham.gov.uk/jsna)
Our Young People, Parents and Carers

The priorities in this plan have been based on what children, young people and their families/carers have told us about services for children and young people in Rotherham. Some of the ways in which these views are captured are detailed in this section.

Young Carers

Through consultation with young people through the Lifestyle Survey, 653 young people considered themselves to be young carers. When asked about what the three main things are that they do to help, the results are very similar for both year 7 and 10 and follow the same pattern as 2014. Helping around the house is the highest rated task, followed by helping to look after a brother or sister and keeping someone company is third choice. There has been an increase in the percentage of pupils saying they care more than eight hours per day. 89 pupils said they are caring more than eight hours per day. Caring for between one to three hours and four to seven hours, the percentage has reduced from 2014. The has been a positive increase in the number of young people who have heard about the Young Carers Service, this has increased to 33% (from 26% in 2014).

Many young people within Rotherham are helping to care and the person being cared for will usually be a family member such as a parent, grandparent, sibling, or someone very close to the family. The person or people they care for will have a serious or long term illness, disability, mental health difficulties or problematic use of alcohol or drugs; many young carers also help to care for younger siblings.

Rotherham Young Carers Service, which is currently commissioned from Barnardos Services Limited, works with young people aged 8-18 years, and offers the young people guidance and support around issues they face as a young carer. They offer the young people activities during the school holidays, giving young carers a break and a chance to get together as a large group. The service also provides training and advice to other services and schools in contact with young carers.

The Rotherham Young Carers Service has increased the number of young carers and their families supported by 35% in 2015/16. Throughout the year, the Service supported 135 young people and their families by assessing need and making a long-term difference; meaning that children and families can support each other without long term dependency on multiple service interventions. Of the 135 young people supported; 48 young people were male; 87 female. 26.7% of children worked with had either a current or historical Child Protection Plan.

The service identified a very small number of females who have accessed the support of CSE services, some having allocated CSE social workers. While this number was very low it continues to highlight the vulnerability of young carers. Having CSE specialist workers within Barnardo’s helped the service undertake joint work.

In 2015/16, 44% of young carers accessing the service were caring for someone who had mental health and substance misuse issues. Some young people care for more than one person and many young carers help care for siblings.

Service users that are more vulnerable, where possible have been actively encouraged to participate in the Young Carers Council to maintain some contact when they no longer need to be an open case with the service.
Rotherham Youth Cabinet

Rotherham Youth Cabinet is a group of enthusiastic, motivated and committed young people who endeavour to campaign on issues which are important to other young people in Rotherham. Their main aim is to be an active voice, representing all young people equally in order to have a positive effect throughout our communities.

What Youth Cabinet Do

- Undertake research and campaigns to help improve Rotherham
- Ensure that all young people in Rotherham are listened to and have a Voice
- Convert words into action
- Hold formal meetings at Rotherham Town Hall and informal sessions at Myplace
- Have FUN, make friends, meet new people, develop confidence, gain skills, work with Elected Members and decision makers in Rotherham
- Plus lots more…

How they do this

- Consultation with other young people to find out what we need to work on
- Meet regularly and work together as a team on our issues
- Have training to enable us to perform our role
- Go on residential and visits to help us develop our skills and knowledge and to help us work as a group.

Current Campaigns

Every summer, following consultation with other young people in Rotherham, Youth Cabinet members write their Manifesto which is launched during Local Democracy Week. Their key aims for 2015-2016 were:

- Young People’s Mental Health & Emotional Wellbeing
- Improving Public Transport For Young People
- Supporting other Young People to Understand Politics
- Helping to create a Proud and Positive Image of Rotherham
- Understanding the needs of all people from within our diverse communities to help community cohesion

Youth Cabinet Members will be creating a new manifesto during the summer, which will detail their priorities for 2016/2017.

Examples of Recent Achievements

One of the main areas that Youth Cabinet members have worked on is mental health. Some of this work has included:

- Working with Council Scrutiny, Councillors and a wide range of stakeholders around support for young people who self harm; with their recommendations being incorporated into CAMHS Service Plan and Public Health Self Harm Practice Guidance for professionals
• Working with the Commissioning Team on the development of the Mental Health Strategy and Transformation Plan in Rotherham

• Shared issues and concerns with CAMHS managers about young people accessing their services which helped to inform their Service Plan

• A member was elected as a Governor for RDASH and now attends Governors Meetings and CAMHS Partnership and Strategy Meetings, ensuring young people have a voice in this group

• Wrote a report ‘Mind The Gap’ on the national and local picture of Mental Health services for young people, which gave ten recommendations on how improvements could be made

• RYC members worked with Public Health and Commissioners to develop an Emotional Well-being support Website ‘My Mind Matters’ (www.mymindmatters.org.uk)

• Supported a CAMHS Scrutiny Review and fed into their findings to the Scrutiny Review Panel

• Members held a successful Children’s Commissioner Takeover Day with the Overview Scrutiny Management Board and a range of partners and stakeholders, resulting in 11 recommendations being made

• Organised a conference for 120 young people and professionals around Mental Health called ‘It’s My Mind’. This provided workshops, stalls, speakers etc delivered by mental health professionals to enable young people and adults gain strategies to help support and maintain positive mental health

• Supported the commissioning of the new 0-19 Public Health Nursing Service

• Participated in a Department of Health Takeover Day in London with Alistair Burt MP, the Minister for Social Care, where they discussed issues raised by young people with regard to Mental Health Services

• Attended a Yorkshire and Humber regional meeting hosted by the NHS Mental Health Improvement Managers, where young people met with local Mental Health Commissioners and discussed barriers to services and how to break these down to improve services for young people.

The group have received a Diana Award for their contribution to mental health services for young people.

Further Involvement and Achievements

Youth Cabinet Members have also completed vast amounts of work to achieve their other Aims. These include:

• Creating videos and music to endeavour to get young people interested in Politics

• Liaising with South Yorkshire Passenger Transport Executive (SYPTE) and transport organisations around bus passes for young people

• Working with Looked After Children’s Council and Rush House on projects to encourage young people to be proud of where they live

• Representing young people on other groups such as; Children & Young People’s Strategic Partnership Group, Police Young People’s
Advisory Group, Rdash/CAMHs Partnership Group, Healthwatch Ambassadors, Rotherham Transport User Group

- Participating in interview panels for Senior Officers and Directors within RMBC
- Taking part in events such as Holocaust Memorial Day, Armed Forces Day, White Ribbon Campaign Event etc.

**Looked After Children and Care Leavers**

The Council takes its role as Corporate Parent to Looked After Children very seriously. Members and officers understand that looked after children as a group are more vulnerable than their non-looked after peers and that in general, outcomes and life chances are poorer for looked after children than for other children. The Leaving Care Service has a duty to ensure that young people leaving care are found suitable accommodation. The aims is to achieve the best possible outcomes for all children and young people looked after and the provision of suitable accommodation for Care Leavers is a key factor in achieving this by providing safe and secure accommodation.

Rotherham has a Looked After Children Strategy Group which includes multi-agency professionals working with looked after children in local authority services and professionals working with looked after children in key partner agency services. This partnership is responsible for making sure that outcomes for Looked After Children are good in all aspects of their lives and in achieving successful independence as adults. The Rotherham Looked After Children Strategy 2014-2017 sets out the vision for the range of services provided by the Council and its partner agencies for looked after children, and identifying priority objectives. These include:

- To improve the degree and timeliness of placement stability and permanence and ensure children are able to enjoy continuity of relationships
- To improve the emotional wellbeing and physical health of looked after children
- To improve educational progress and attainment and narrow the gap between attainment of looked after children and their non-looked after peers
- To improve the support for and opportunities open to care leavers sufficiently to increase the number and proportion of them who are in employment, education or training (EET)
- To listen to children and young people so as to ensure that their views influence their own plans, as well as wider service delivery and development.

**Voice of the Child Education Lifestyle Survey**

The Lifestyle Survey is open to all young people in Y7 and Y10 in secondary schools and Pupil Referral Units. This is an electronic survey that is accessed by pupils in educational establishments through a web-link. All young people that participated in the survey were able to do so anonymously and this is the 8th year that the survey has been run in Rotherham.
Each educational establishment that participated receives a data pack giving them access to their own level of survey data; which they use to compare with borough wide information once published. The borough wide results are shared with partners and specific trend data shared with partners on their specialism to allow them to update the overarching action plan. Individual school reports will be used by schools to help them gauge how well they are meeting their own health and wellbeing objectives and help shape their PSHE curriculum.

A summary of the findings of the 2015 Lifestyle Survey includes:

- In total 3110 participated in lifestyle survey
- 3 Schools chose not to participate in the survey
- Participation in the survey varied widely between schools, the variances ranged between 14% to 90% participation rates from one school to another.

Positive Results

- Fruit is the most popular snack option
- There has been an increase in the number of young people having school dinners and an overall reduction in the number of young people not having lunch at all
- More young people are participating in regular exercise
- There is greater awareness of where to obtain support if a young person had a weight issue
- Good awareness amongst young people where they can get support if they have any issue relating to mental health
- More young people are aspiring to go to university
- Almost all young people aware of internet safety
- Reduction in the number of young carers
- Greater awareness of Young Carers Service
- Less young people report being bullied
- Fewer young people are drinking high energy drinks
- Increase in positive responses against participating in smoking, drinking alcohol and use of drugs – gives positive message against the peer pressure to partake in these
- Reduction in the number of young people actually smoking or trying alcohol
- Improvement on the sale of cigarettes to under-age young people from local shops
- Improvement in all areas of young people feeling safe in all areas including Rotherham town centre locations.

Areas for attention

- Greater awareness around disability and long-term illnesses, more young people putting themselves in this category
- More young people saying they have a weight issue

Rotherham’s Children and Young People’s Plan 2016 to 2019
• A proportion of young people in Y7 saying they use the internet to meet new friends
• Increase in the number of young carers, saying they need to care eight or more hours per day
• Although less young people reported bullying, less young people also said that they felt as though they were helped after being bullied
• Less young people wanting to stop smoking
• Increase in number of young people trying electronic cigarettes
• One third of young people who said they have drank alcohol, have tried it before age of 12
• Large proportion of young people who said they have drank alcohol, said they have been drunk in past four weeks
• The use of legal highs increased
• Education around sexual exploitation, 40% of Y7 and 29% of Y10 still need to be taught this
• Almost a quarter of those pupils who said they have had sex, did not use contraception
• Young people visiting Rotherham town centre has reduced
• Y10 girls are the most likely not to recommend living in Rotherham or want to live in Rotherham in 10 years’ time

• In response to the questions in relating to recommending Rotherham as a place to live or wanting to live in Rotherham in 10 years’ time – more young people were unsure and gave the responses don’t know or maybe rather than a definite yes or no.

Demographic Information

At the time of the survey there were 3251 young people in year 7 and 3356 in year 10 attending 16 secondary schools and three Pupil Referral Units in Rotherham. The survey was offered to all 16 secondary schools and three Pupil Referral Units in Rotherham. 13 out of 16 secondary schools and all pupil referral units took part in the 2015 survey with 3110 young people participated in total.

Participation rates for those 13 schools and Pupil Referral Units was 60%. Overall participation rate for all Y7 & Y10 young people was 47%.

In 2014 all 16 secondary schools participated and three pupil referral units in the survey in total 4,123 young people participated give a participation rate of 63%. Of the pupils that completed the 2015 survey, 1,624 (52%) were female and 1,486 (48%) were male. 1,624 (52%) were in year 7 and 1,486 (48%) were in year 10.

2,564 pupils described themselves as White British (82%, slightly down from 84% in last year’s survey), 451 were classed as Black & Minority Ethnic (BME) (15%, up from 13% last year) and 95 preferred not to say (3%).

496 (16%) of pupils said they had a long term illness, health problem or disability, this is a 7% increase from 2014. This large increase could
be due to the change in the question in 2015; this was changed to ask if they had a diagnosed long-term disability/illness or medical condition. In 2014 pupils were asked if they had a long-term illness or disability.

**Young Inspectors**

A commitment was made in our Children and Young People’s Single Improvement Plan 2015 to develop a Young Inspectors Programme to ensure that young people are at the heart of service delivery and effective quality assurance arrangements are in place. In 2016 an action was also developed to utilise the Young Inspectors Programme to measure progress against our key priorities.

This contributes to improving the direct engagement of children and young people following Ofsted recommendations to ensure that the voices and experiences of the most vulnerable are heard, and they inform strategic planning and commissioning.

Rotherham’s Young Inspectors Programme was set up in May 2015; based on good practice from Lincolnshire Council, national good practice and previous experience from within the Youth Service. The purpose of the Young Inspectors Programme is to:

- Place young people (aged between 13 and 24) at the heart of inspecting services delivered to children, young people and their families to ensure compliance against standards and inform service improvements
- Ensure the views and experiences of the Young Inspectors and children, young people and families are actively listened to, and acted upon to make a difference

- Improve the direct engagement of children and young people to ensure that the voices and experiences of the most vulnerable are heard, and they inform strategic planning and commissioning
- Provide young people from across Rotherham with opportunities to develop their skills, raise their confidence and self-esteem, all of which can lead to improved life chances
- Increase uptake and participation in services by those children and young people who have previously not engaged with Children and Young People’s Services.

The Young Inspectors team currently consists of eight young people, four male and four female, of White British origin, ranging between ages 13 to 19 who are Rotherham residents. Some of the young people have a learning disability or social, emotional and mental health needs. Some of our young people are vulnerable and have received services and support from Children and Young People’s Services.

The Young Inspectors have developed a Young Inspector Programme which has carried out 15 inspections over the school holidays. The Young Inspectors themselves have also achieved positive outcomes such as undertaking the Assessment and Qualifications Alliance Award, enhanced their social and personal development, increased skills, raised confidence and self-esteem and they have made a difference to other children and young people following the improvements made.

The Young Inspectors have identified many positive areas through their inspection programme including where children and young people feel they are actively listened to. The outcomes achieved:
• Lots of improvements have been made to the quality, range and access to information on the website – making it young person friendly
• Improvements have been made to our buildings with numerous repairs, maintenance, cleaning and gardening carried out
• The quality of information has been improved at our customer access points and buildings; where children and young people visit and live. For example signage, leaflets, notice boards and new furnishings
• New procedures have been implemented, for example complaints, ‘meet and greet’, increased choice for meals and activities
• Young Inspector experiences and findings informed a wider variety of staff training, new training matrix and induction files.

The Young Inspectors have a packed scheduled planned for more inspections of services also. Further work is required to understand children and young people’s journeys for accessing information and services through the website; ensuring easily accessible, customer friendly experiences, which take into account immediate access for our mobile and internet users.

During the summer holidays an exchange is planned with Lincolnshire Young Inspectors whereby each Local Authority will choose a theme for the young people to inspect; through the eyes of first time visitors.

Rotherham’s Young Inspectors Programme has been identified as good practice by Derbyshire Council. Key activities include fundraising, newsletters, press releases, attendance at events, promotional DVD (working with a student undertaking a filming/media course) and Young Inspector personal stories. In the longer term Inspections of wider Council Services and Commissioned Services may be explored, inspecting wider public and private sector organisations. The future challenges of the Young Inspectors Programme include delivery within constraint budgets, group sustainability and momentum of inspections and outcomes. This will be managed through innovative thinking, planned communication and marketing campaigns, working towards our ambition of being a child-centred Borough and continued support from the Young Inspectors Team, Directors, Managers and staff.

Parents Carers Forum
The forum is led by Rotherham parents, working in partnership with RMBC, Rotherham CCG and supported by Contact a Family.

The main aim is to ensure the needs of all children and young people (aged 0-25) who are disabled or have additional needs in Rotherham are met. The vision is that all children, young people and their families living with disabilities/additional needs in our town enjoy the same opportunities, hopes and aspirations as other families in Education, Health, Social Care and leisure.

They aim to bring together parents/carers from across the borough to provide mutual support, share experience, exchange information, and influence policy.

The parents carers forum have developed a website:  
http://www.rpcf.co.uk

Rotherham Parents Forum meet at the new Tesco Extra Store in the Community Space every Wednesday (apart from school holidays), 9.30am to 11.30am and we also hold a family drop-in session every
Monday evening (term-time only) at Kimberworth Place from 5.30pm to 7.30pm. Please see the Regular Events page on the website for further details.

**Rotherham Looked After Children’s Council**

The LAC Council is a Voice & Influence Project which means children and young people are supported, empowered and encouraged to run their own LACC meetings, set their own agendas, have their say about things that matter to them and are provided with opportunities to influence decisions about how services are run. 

LAC stands for Looked After Children and the LAC Council are a group of children and young people who are in care and leaving care, aged 11 to 18 years old. They hold regular meetings to raise awareness and have their say about things that affect them and work together to influence positive decisions to improve the lives of young people living in Care in Rotherham. The LAC Council has adopted the following statement from Article 12, of the United Nations Convention on the Rights of the Child: “Children and young people have the right to say what they think should happen when adults are making decisions that affect them, and to have their opinions taken into account”.

The aims of the Rotherham LAC Council are to:

- Improve services for Rotherham looked after children and care leavers
- Raise awareness of the issues faced by looked after children and care leavers in Rotherham
- Build confidence, raise self-esteem and aspirations, make friends, work together and have fun!

The Looked After Children’s Council have been able to positively impact on things that matter to them and meet all of their core aims within this period. Alongside working together on team building skills, increasing social capital, self-awareness and self-esteem building activities, young people have engaged in a high volume of co-production work to shape Services for looked after children. Some of the recent projects that members of the Looked After Children Council have been involved in includes:

- **Commissioning of Foster Care Agencies for Rotherham Children & Young People** Working alongside Commissioning, a question within the tendering documents was specifically focused on the ‘Voices of LAC & Young People’. Young people were surprised to receive 24 lengthy tenders from Foster Care Agencies wanting to work with Rotherham Looked After Children. Young people’s task was to read and score these tenders. This was a huge undertaking with a very mixed ability group some of whom have Special Educational Needs, Mental Health Issues, Attention, Language and Comprehension challenges etc. However, with much encouragement and support, young people worked hard to complete this mammoth task and also developed an interview panel for the Foster Care Agencies.

- **Dragons Den Interviews**: a collaborative piece of work where three young people from the LAC Council, the Youth Cabinet and Young Inspectors spoke to Managers, front line workers and Service users to find out how embedded good practice actually is. Valuable information from these interviews will be analysed by the Commissioning, Performance & Quality Team and utilised in future service improvement.
• **Holocaust Memorial Day Event @ Town Hall:** Young people have wrote and rehearsed a presentation around the HMD theme ‘Don’t Stand By’ where they have identified eight strong historical and contemporary characters who stood up against oppression and changed the world because of it.

• **Rotherham’s Early Help Service – Caring for Cared for Young People:** LAC Council members have also assisted in creating this information leaflet for Early Help Service, coming up with the title ‘Caring for Cared for Young People’ and ensuring the wording was young people friendly before being launched.

• **Recruitment & Promotion of LAC Council:** young people looked at ways in which they could raise awareness of the many opportunities available in the LACC to other LAC across the borough and hopefully boost membership. LACC leaflets and information has been sent out to all LAC Designated Teachers in the 16 Secondary Schools across Rotherham asking for their help to spread the word about LACC with LAC young people within their schools. Also the group are creating posters to advertise the LACC which will be posted around Rotherham next week.

• **LAC Council Pantomime ‘oh yes it was’ – Cinderella @ Civic Theatre Rotherham and LACC Christmas Party @ Cosmos Sheffield:** In order to build positive memories around Christmas for young people who may have had negative experiences in the past, and potentially distract from the pain of being separated from families at this time, the group traditionally plan for December to be a very festive fun month for the group. Alongside our annual visits to the above venues, young people shared together the fun and engaged in Christmas Arts and craft Sessions, fun activities, carol singing and games. Great fun was had by all.

• **Corporate LAC Promise – Evidencing the changes:** Following from co-production of the LAC Promise and delivery of the LAC Summit in September the LAC Council were again asked to engage in a piece of work together to place the nine items within the promise in order of importance so that each month starting from February 2016 Social Care can focus on one theme each month and evidence how they are sticking to the promises they have signed up to. This LACC session caused much debate and negotiation amongst young people who had to concede some points to gain others, the task was a wonderful experience to distinguish the differences between argument and debate!
The Children, Young People and Families Consortium is a partnership of voluntary and community sector organisations which provide services for children, young people and families across Rotherham. Members work together and with wider partners to develop and raise standards, share knowledge and good practice, and influence change. It acts as a conduit for sharing information, engaging with partners and brings members’ vast array of knowledge and good practice into one place.

Consortium members meet monthly, receive regular information updates, attend subgroups and represent the Consortium on a wide range of strategic groups to support local policy developments. Members offer each other support and the consortium is a vehicle to respond collectively and in appropriate time-scales to our changing environment. Members also work within the Consortium to develop networks and partnerships to maximise resources and jointly bring funds into the borough to meet outcomes for children and young people.

Within this flexible and responsive structure, the Consortium has a clear set of priorities which are:

- To build on the collective voice and experience of members to improve outcomes for children, young people and families through sharing skills, knowledge and good practice, and workforce development
- To work with partners to innovate and change how services are delivered to continue to meet the needs of children, young people and families amidst a challenging environment and reduced resources
- To strengthen a collaborative consortia approach to pro-actively plan ways to maximise funding and other opportunities to anticipate and meet the needs of local children, young people and families
- To continue to raise safeguarding standards amongst voluntary sector members and share learning to influence the wider sector to keep children and young people safe
- To work with partners to ensure our service users (children, young people and families) and our member organisations have a voice to influence policy and change things for the better and are responsive to emerging issues.

Activities and Deliverables have included:

- Consortium members complete Section 11 Audit tool to ensure compliance with safeguarding standards
- Consortium members working with RMBC to develop an on-line Section 11 Audit tool
- CSE Community awareness raising materials developed and activities delivered across Rotherham
- Successful bid for Home Office funding, for CSE Support across the borough (the Base Project), with over 175 victims, survivors and family members have accessed services provided by organisations within the Base project
- Consortium members’ facilitated service user’s involvement to Children and Adolescent Mental Health Services (CAMHS) voice and influence project
- Consortium members’ contribution as strategic representatives on Children and Young People’s Strategic Partnership and Rotherham Local Safeguarding Children Board and subgroups.
Delivering and monitoring the Strategic Outcomes

The Children’s Strategic Partnership has made a commitment to evaluate its effectiveness in delivering the Children and Young People’s Plan 2016 to 2019. Outcomes Based Accountability (OBA) is a conceptual approach to planning services and assessing performance that focuses attention on the outcomes that the services are intended to achieve. This will involve the collection and use of relevant performance data, involving stakeholders, including service users and the wider community, in achieving better outcomes.

Relevant quantitative and qualitative outcomes will be reported by each strategic partner and summarised as follows:

- How much did we do?
- How well did we do it?
- Is anyone better off?

The Children and Young People’s Plan Performance Scorecard will be used to monitor performance data and be reported to the Children’s Strategic Partnership Board.

The following action plan includes the three outcomes to be achieved and describes the main outcome measures, performance indicators and targets.
# Action Plans

## Outcome 1: Children Young People and their families are healthy and safe from harm

<table>
<thead>
<tr>
<th>Priority Area</th>
<th>Ref No</th>
<th>Measure</th>
<th>Good Performance</th>
<th>Performance</th>
<th>Target 2016/17</th>
<th>Accountable Partner Organisation</th>
<th>Why this priority area is included in this Plan</th>
</tr>
</thead>
<tbody>
<tr>
<td>Early Help Services to identify and support families at the right time to help prevent social care involvement.</td>
<td>1.A1</td>
<td>Early Help – Reduction in Children in Need rate per 10,000 population.</td>
<td>Low</td>
<td>320 (2015/16)</td>
<td>No target</td>
<td>Rotherham Borough Council</td>
<td>Identifying problems early can stop them escalating. To reduce demand upon specialist and higher tier services.</td>
</tr>
<tr>
<td></td>
<td>1.A2</td>
<td>Social Care – Percentage reduction children who had a social care concern raised within 12 months of the last concern ending (re-referrals).</td>
<td>Low</td>
<td>30.9% (2015/16)</td>
<td>April – September 26%, October to March 23%</td>
<td>Rotherham Borough Council</td>
<td>Improve quality of service. Reduction in re-referrals demonstrates impact of early help interventions.</td>
</tr>
<tr>
<td></td>
<td>1.A3</td>
<td>Early Help – Number of Early Help Assessments completed.</td>
<td>High</td>
<td>536 (Cumulative December 2016)</td>
<td>No target</td>
<td>Rotherham Borough Council</td>
<td>Greater access to early help services reduces the need for more costly social care intervention.</td>
</tr>
<tr>
<td>Increase the take up of services delivered by Children’s Centres.</td>
<td>1.B1</td>
<td>Early Help – increase percentage of children aged 0-5 living in the Rotherham area who have accessed Children’s Centre where there are high levels of deprivation.</td>
<td>High</td>
<td>91.4% (2015/16)</td>
<td>95%</td>
<td>Rotherham Borough Council</td>
<td>Families with children under five can access a range of services and information including family support workers and health professionals.</td>
</tr>
<tr>
<td>Increase the take up of free Early Child Care for disadvantaged families.</td>
<td>1.C1</td>
<td>Early Help – Percentage increase of entitled two-year-olds accessing child care.</td>
<td>High</td>
<td>78% (Summer term 2015)</td>
<td>80%</td>
<td>Rotherham Borough Council</td>
<td>Receiving good quality early years education is associated with improved outcomes for children’s development.</td>
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<tr>
<td>Increase the number of families engaged in the Families for Change Programme.</td>
<td>1.D(a)</td>
<td>Number and percentage of families engaged as a percentage of annual target. Families for Change (FFC) Y2.</td>
<td>High</td>
<td>100% (2015/16)</td>
<td>822 families</td>
<td>Rotherham Borough Council</td>
<td>Service focusses on early intervention, including family intervention, to support families with multiple problems. Successful programme – turning the lives of families around.</td>
</tr>
<tr>
<td>Reduce the number of First Time Entrants into the Youth Justice System.</td>
<td>1.E1</td>
<td>Early Help – percentage reduction in first time entrants into criminal justice system. Per 10,000 10-17 years population.</td>
<td>Low</td>
<td>519 (2015/2016)</td>
<td>No target</td>
<td>Rotherham Borough Council</td>
<td>The life chances of young people who have a criminal conviction may be adversely affected in many ways in both the short term and long term. Prevention of offending is a priority.</td>
</tr>
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<tr>
<td>Reduce the number of unintentional accidents</td>
<td>1.F1(a)</td>
<td>Rate of hospital admissions caused by unintentional and deliberate injuries in children aged 0-4 years per 10,000 resident population.</td>
<td>Low</td>
<td>129.8 per 10,000 resident population* (498 hospital admissions). (2014/2015)</td>
<td>No target</td>
<td>The Rotherham Foundation Trust</td>
<td>Injuries are a leading cause of hospitalisation and a source of long-term health issues. This is a key indicator for cross-sectoral and partnership working to reduce injuries, including child safeguarding. (Source – Public Health England)“</td>
</tr>
<tr>
<td>resulting in hospital admissions.</td>
<td></td>
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<td></td>
<td></td>
<td>“Data Source: Hospital Episode Statistics (HES). Copyright 2016. Re-used with the permission of the Health and Social Care Information Centre. All rights reserved</td>
</tr>
<tr>
<td></td>
<td>1.F1(b)</td>
<td>Rate of hospital admissions caused by unintentional and deliberate injuries in children aged 0-14 years per 10,000 resident population.</td>
<td>Low</td>
<td>106.5 per 10,000 resident population* (498 hospital admissions). (2014/2015)</td>
<td>No target</td>
<td>The Rotherham Foundation Trust</td>
<td></td>
</tr>
<tr>
<td></td>
<td>1.F1(c)</td>
<td>Rate of hospital admissions caused by unintentional and deliberate injuries in children aged 15-24 years per 10,000 resident population.</td>
<td>Low</td>
<td>122.6 per 10,000 resident population* (378 hospital admissions). (2014/2015)</td>
<td>No target</td>
<td>The Rotherham Foundation Trust</td>
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### Outcome 1: Children Young People and their families are healthy and safe from harm

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<tr>
<td>Reduce the levels of childhood obesity</td>
<td>1.G1(a)</td>
<td>Reduce year-on-year levels of childhood obesity for (a) Reception year children (age 4/5).</td>
<td>Low</td>
<td>10.3% (2015/16)</td>
<td>Downward trend in excess weight by 2020</td>
<td>Rotherham Borough Council</td>
<td>Obesity can seriously affect the physical and mental health of children, reduce self-esteem and increase the risk of social isolation</td>
</tr>
<tr>
<td></td>
<td>1.G1(b)</td>
<td>Reduce year-on-year levels of childhood obesity for (b) year 6 children (age 10/11).</td>
<td>Low</td>
<td>21.8% (2015/16)</td>
<td>Downward trend in excess weight by 2020</td>
<td>Rotherham Borough Council</td>
<td>Obese children are at risk of becoming obese adults, reducing life expectancy. Partners to contribute to preventing obesity in childhood.</td>
</tr>
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<tr>
<td>Reduce risky health behaviours in young people.</td>
<td>1.H1(a)</td>
<td>Reduce suicide and self-harm: Hospital admissions caused by unintentional and deliberate injuries (0-14 years).</td>
<td>Low</td>
<td>106.5 per 10,000 resident population (498 hospital admissions (2014/15)</td>
<td>To reduce</td>
<td>Rotherham Borough Council</td>
<td>Group of suicide events in Rotherham from November 2011. One in ten children aged 5-16 years has a clinically diagnosable mental health problem and, of adults with long-term mental health problems, half will have experienced their first symptoms before the age of 14. Self-harming and substance abuse are known to be much more common in children and young people with mental health disorders – with ten per cent of 15-16 year olds having self-harmed. Failure to treat mental health disorders in children can have a devastating impact on their future, resulting in reduced job and life expectations. (Source – Public Health England)”</td>
</tr>
<tr>
<td></td>
<td>1.H1(b)</td>
<td>Hospital admissions caused by unintentional and deliberate injuries (15-24 years).</td>
<td>Low</td>
<td>122.6 per 10,000 resident population (378 hospital admissions (2014/15)</td>
<td>To reduce</td>
<td>Rotherham Borough Council</td>
<td></td>
</tr>
<tr>
<td></td>
<td>1.H1(c)</td>
<td>Hospital admissions for mental health conditions (0-17).</td>
<td>Low</td>
<td>40.8 per 100,000 resident population (23 hospital admissions) (2014/15)</td>
<td>To reduce</td>
<td>Clinical Commissioning Group</td>
<td></td>
</tr>
<tr>
<td></td>
<td>1.H1(d)</td>
<td>Hospital admissions as a result of self harm (10-24 years).</td>
<td>Low</td>
<td>312.1 per 100,000 resident population (143 hospital admissions). (2014/15)</td>
<td>To reduce</td>
<td>Clinical Commissioning Group</td>
<td>Determining the underlying causes of suicide and self-harm and improving the mental health well-being is a priority for all children and young people. Multi-agency suicide and serious self harm community response plan developed.</td>
</tr>
</tbody>
</table>
## Outcome 2: Children, Young People and their Families Start School Ready to Learn from Life

<table>
<thead>
<tr>
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<tbody>
<tr>
<td>Special Educational Need and Disabilities — Improve personal outcomes for our young people with SEND to enable them to make choices that lead to successful adult lives.</td>
<td>2.A1(a)</td>
<td>Percentage of Education Health and Care Plans completed in statutory. (New plans issue 9 from September 2014).</td>
<td>High</td>
<td>58.3%</td>
<td>90% (by April 2018)</td>
<td>Rotherham Borough Council</td>
<td>Legislation led to significant changes in the approach to provision for children and young people with SEND. Development of Rotherham offer required. Joint approach to commissioning services. Provision of personal budgets.</td>
</tr>
<tr>
<td></td>
<td>2.A1(b)</td>
<td>Percentage of Education Health and Care Plans completed in statutory timescales (based on conversations from statements to EHCP) from September 2014).</td>
<td>High</td>
<td>85.5%</td>
<td>90% (by April 2018)</td>
<td>Rotherham Borough Council</td>
<td></td>
</tr>
<tr>
<td>Sustainable Education and Skills — Challenge all schools academies and education setting who are not providing at least a ‘good’ level of education for our children.</td>
<td>2.B1</td>
<td>All children make good or better progress. The progress a pupil makes from the end of primary school to the end of secondary school (Key Stage 4 progress 8 Measures).</td>
<td>High</td>
<td>New measure for secondary accountability in 2016 there is currently no performance data.</td>
<td>No target</td>
<td>Rotherham Borough Council</td>
<td>All young people should have the tools and opportunities to fulfil their potential. Quality of education for children and young people should enable them to be well prepared for further education, higher education and work.</td>
</tr>
</tbody>
</table>
### Outcome 3: Children Young People and their families are healthy and safe from harm

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<tr>
<td>Enable hard to reach young people to achieve their full potential through education, employment or training.</td>
<td>3.A1</td>
<td>Percentage of young people aged 16-18 who are Not in Education, Employment or Training (NEET).</td>
<td>Low</td>
<td>5.3% (2015/16)</td>
<td>3.1%</td>
<td>Rotherham Borough Council</td>
<td>Families with children under five can access a range of services and information including family support workers and health professionals.</td>
</tr>
<tr>
<td>Improve the access to emotional wellbeing and mental health services.</td>
<td>3.B1(a)</td>
<td>CAMHS referrals triaged within 24 hours of receipt.</td>
<td>High</td>
<td>99.4% (2015/16)</td>
<td>100%</td>
<td>Rotherham, Doncaster and South Humber (RDASH)</td>
<td>Tackling inequalities with a focus on young people who are vulnerable, specifically around mental health. Access to community mental health services needs to improve.</td>
</tr>
<tr>
<td></td>
<td>3.B1(b)</td>
<td>Percentage of triaged CAMHS referrals that were assessed within three weeks.</td>
<td>High</td>
<td>26.3%</td>
<td>95%</td>
<td>Rotherham, Doncaster and South Humber (RDASH)</td>
<td></td>
</tr>
<tr>
<td>Young People are ready for Level 3 Qualifications (equivalent to A Level).</td>
<td>3.C1</td>
<td>The progress a pupil makes from the end of primary school to the end of secondary school. (Key Stage 4 progress 8 measure.)</td>
<td>High</td>
<td>No data – new measure</td>
<td>No target</td>
<td>Rotherham Borough Council</td>
<td>All young people should have the option to undertake academic and vocational education, including apprenticeships and traineeships. A level 3 qualification enables access to these opportunities.</td>
</tr>
<tr>
<td>Priority Area</td>
<td>Ref No</td>
<td>Measure</td>
<td>Good Performance</td>
<td>Performance Target</td>
<td>Accountability Partner Organisation</td>
<td>Why this priority area is included in this Plan</td>
<td></td>
</tr>
<tr>
<td>-------------------------------------------------------------------------------</td>
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<td></td>
</tr>
<tr>
<td>Increase the number of young people aged 15-19 in Rotherham Schools and Colleges receiving support from Rotherham Youth Enterprise.</td>
<td>3D1</td>
<td>No of young people aged 15-19 in Rotherham Schools and Colleges receiving support from RYE in terms of the delivery of employability skills sessions and self-employment awareness sessions.</td>
<td>High</td>
<td>4,805 (2015/2016)</td>
<td>Rotherham Youth Enterprise</td>
<td>Rotherham Youth Enterprise contributes to the local economy by supporting young people/adults to make the leap from education into self-employment and business; supporting business growth; and long term business survival rates.</td>
<td></td>
</tr>
</tbody>
</table>
“Nice quote to use HERE…”

CONTACT DETAILS

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Ak vy alebo niekoľko koho poznáte potrebuje pomoc pri pochopení alebo čítaní tohto dokumentu, prosím kontaktujte nás na vyššie uvedenom čísle alebo nám pošlite e-mail.

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