

Budget Option 2018/19 – 2019/20

Public Health

Cumulative Net Savings

Reference:	PH 4
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2017/18 £'000	2018/19 £'000	2019/20 £'000
57.6	128	128

Director Responsible for Delivery	Terri Roche DPH
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Cabinet Portfolio Holder	Cllr Roche
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Finance Business Partner	Mark Scarrott/ Jo-Ann Shepherd
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Proposal Description	Savings from redesigning children's obesity pathway/ decommissioning sections of the pathway.
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Details of Proposal (including implications on service delivery)	<p>Tier 3 closed down 6 months early within year, so incurring a potential in year saving of £64K for 2017/18, but as part of the contract there is a quality premium measure and we have agreed to pay 6 months of this which is £6,400. Leaving an in year saving of £57,600, which is offsetting other commitments created as part of the pathway redesign within the overall Adults and Children's obesity budget. There will be no tier 3 service for children but have renegotiated the pathway with the CCG.</p> <p>The only benchmarking available with our statistical neighbours is the percentage of children in year 6 who are obese. In 2015/16 for Rotherham this was 21.8% which is increasing and getting worse, indicating that children's weight management services are needed. Compared to 21.5 % Barnsley, 19.5% Doncaster and 21.2% Wakefield.</p>
Implications on other Services (identify which services and possible impact)	Obesity services are often referred to in tiers. Tier 1 includes prevention and early intervention and is offered through universal services such as cook and eat, sport and leisure, support from primary care. Tier 2 supports children identified as overweight or obese and are community based

lifestyle services including diet, physical activity and behaviour change. Tier 3 is generally clinically led or includes access to clinicians for example dietitians, physical activity therapists or psychology services.

The provision of children's weight management services across Yorkshire & Humber and our statistical neighbours is varied. Some local authorities commission no services (Doncaster MBC) or focus on tier 1 (Sheffield City Council) to other areas commissioning a full tiered pathway tiers 1, 2 & 3 (Hull City Council). In Rotherham, the continued commissioning of tier 2 services ensures families will still have access to high quality support to help them to lose weight and improve their lifestyles. As a result of the changes to the Rotherham pathway, links with partners and services internally within the LA and externally such as early help and the 0-19 services need to be strengthened to ensure eligible families can access the weight management support they require. The revised Rotherham offer is compliant with all up to date national guidance including: NICE Guidance (PH47, CG 43 & 189) and Department of Health Best Practice Guidance for Tier 2 Services.

In year decommissioning of tier 3 children's weight management contract with Morelife. Redesigning healthy weight pathway, most children will be seen in tier 2 and have extended this contract until March 2019 with Places for People. Worked with CCG to look at the pathway and agreed for those children who are eligible for tier 3 with additional clinical comorbidities that require further investigation or whose needs could not be met by tier 2 will be referred to a paediatrician by their GP.

The impact of decommissioning the tier 3 child weight management service should be mitigated by redesigning the weight management pathway. However it is important to provide evidence based, family orientated weight management service whilst at the same time working within the council and with wider partners on more population wider prevention measures.

Childhood obesity has long term implications for the health of children. Obese children living in Rotherham are more likely to become obese adults, putting them at risk of premature mortality, increased likelihood of developing type 2 diabetes, cardio vascular disease and psychological illnesses such as depression. In the short term obese children suffer from bullying, social isolation and poor educational attainment.

There is a strong association between obesity and deprivation, with children aged 5 from the most deprived groups being twice as likely to be obese compared to their counterparts living in the least deprived areas. Rates of childhood obesity are measured by the National Child Measurement Programme (NCMP) which is a National

	surveillance programme. In 2015/16, 22.1% of children in reception (aged 4-5 years) and 35.8% of children in year six (10-11 years) were overweight or obese. Rates in year six are higher than the England and regional average. These figures highlight the continued requirement for a Rotherham tier 2 service with stronger links to the NCMP to support families to achieve and maintain a healthy weight.
Support required from Corporate Services – Finance, HR, Legal, ICT (please specify)	Legal have checked end of contract letter. Finance re-profiled children's obesity budgets
Reduction in Staffing Posts (FTEs)	None
Reduction in Head Count	None
Decision Maker: Cabinet, Commissioner or Officer/Management Action	Officer/ Manager Action

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