

## Summary Sheet

### Committee Name and Date of Committee Meeting

Improving Lives Select Commission – 5<sup>th</sup> June 2018

### Report Title

Barnardo's ReachOut Service Update

### Is this a Key Decision and has it been included on the Forward Plan?

No

### Strategic Director Approving Submission of the Report

Mel Meggs, Strategic Director, Children and Young People's Services

### Report Author

Sean Hill, Commissioning Officer, Children and Young People's Service

### Wards Affected

All

### Summary

The Barnardo's ReachOut project is an innovative outreach service that strives to support and protect children and young people in Rotherham who are at risk of CSE. The key areas of work for the project are:

- Preventative educations in schools and other settings, primarily delivering the healthy relationships education package 'Real Love Rocks';
- Target outreach to young people at risk;
- Direct Support to individual young people and their parents.

The ReachOut Service began delivery on January 2016 and therefore has been operational for over 2 years and the project is undergoing an independent evaluation of service delivery provided by the University of Bedfordshire.

A Barnardo's ReachOut Service update report was presented to the Improving Lives Select Commission on the 4<sup>th</sup> July 2017 and as a result a further update was requested to outline the following:

1. Work underway to evaluate the impact of the training package

2. A detailed account of the work in schools and levels of engagement.

This report presents an update of the key areas of service delivery and sets out responses to the recommendations made at the Improving lives Select commission on the 4<sup>th</sup> July 2017. The full ReachOut Report March 2018 is attached. Please see Appendix 1, and the summary report of the Year 2 evaluation of the service undertaken by the University of Bedfordshire, Appendix 2

### **List of Appendices Included**

**Appendix 1 – ReachOut Report March 2018**

**Appendix 2 – ReachOut Evaluation Year 2 Summary Report**

### **Background Papers**

None

### **Consideration by any other Council Committee, Scrutiny or Advisory Panel**

None

### **Council Approval Required**

No

### **Exempt from the Press and Public**

No

## **Barnardo's ReachOut Service Update**

### **1. Recommendations**

- 1.1 That the Barnardo's ReachOut Service update be noted
- 1.2 That a further update is presented in 6 months' time to include the University of Bedfordshire's independent evaluation of the project.

### **2. Background**

#### **Introduction**

*"The ultimate goal the ReachOut project shares with its partners is for Rotherham to be a safe and supportive place for children of all communities to grow up - a place where families and communities have the information and support they need to confidently safeguard their children, and where young people are less vulnerable, make positive choices and enjoy healthy relationships.*

*In order to achieve this goal ReachOut believes that all children and young people need healthy relationship education – while more vulnerable young people need targeted support to raise their awareness, aspirations and self-esteem and to access help before problems escalate and thereby reduce the need for statutory interventions*

*ReachOut aims to contribute to the further development of a culture of trust between agencies and communities. It seeks to build the capability of professionals, develop sustainable support to effectively to combat CSE."*

#### **Barnardo's ReachOut Internal Evaluation Report Year Two**

#### **University of Bedfordshire - February 2018**

### **2.1 Individual Referrals**

ReachOut has received referrals for 1:1 support for over 260 vulnerable children since the beginning of the service in 2016. Typically children referred to the service are struggling with a number of issues indicating increased vulnerability to a range of poor outcomes including sexual exploitation. However the rationale for the request for service from ReachOut is commonly due to concerns around inappropriate/unsafe relationships, online safety and image sharing. Inevitably as the work progresses additional vulnerabilities are often identified.

From 1<sup>st</sup> October 2017 to 10<sup>th</sup> March 2018 there have been 39 new referrals. Of those referred 85% are aged 11-15 years but they are also receiving a number of enquiries from primary schools concerned about children's online safety and their access to pornography.

Their referrals are received from a range of partners but Early Help and Children's Social Care accounted for 26% and 36% respectively between 1<sup>st</sup>

October 2017 and 10<sup>th</sup> March 2018. 20% of referrals were received from local Schools; 15% from other statutory agencies and 3% from family members.

All ReachOut practitioners now offer an Early Help Assessment with the aim of identifying holistic support for families. This is incorporated into the services recording protocol.

From 1<sup>st</sup> October 2017 to 10<sup>th</sup> March 2018 ReachOut have worked with 110 children. Of those 110 13 have been boys and 9 children from BME communities; 12 children are recorded as having an identifiable disability including 6 with a learning disability; 4 assessed as having an autistic spectrum disorder; 1 with a physical impairment and 1 with mental health issues.

The team have been working hard on the delivery plan for the year ahead to focus on increasing the number of self-referrals, referrals from boys, those identifying as LGBTQ and children from BME communities particularly Pakistani heritage families

## **2.2 Train the Trainer, 'Real Love Rocks', Recommendation 1.**

Following the success of Real Love Rocks delivery in schools ReachOut continues to focus on a Train the Trainer programme to encourage schools to deliver the programme themselves. They have continued to support the roll out with schools and feedback has been positive. Since October 2017 Real Love Rocks has been delivered to 25 professionals including teaching and support workers.

As a result of the roll out of Real Love Rocks, two Secondary Schools have purchased the RLR programme from Manchester to deliver to their pupils as part of their curriculum.

All schools who received Train the Trainer will be offered ongoing support from the ReachOut Team to ensure the delivery model is appropriate to the needs of young people and that staff within the schools feel they have the right tools and guidance to support delivery. Schools and other agencies delivering the Real Love Rocks sessions have been asked to sign an agreement so they are part of the ongoing evaluation of the preventative education work in schools which the University of Bedfordshire will continue to evaluate.

The tables below identify which schools and agencies have undertaken the second delivery of Train the Trainers since October.

<b>Primary Train the Trainer</b>	
<u>Name of School or establishment</u>	<u>Number of attendees</u>
<b>6<sup>th</sup> October</b>	
Maltby Redwood	1
Meadow View Primary	2
Thrybergh Primary	2
Rotherham Creative Learning Centre	1
Herringthorpe Junior School	2
East dene primary	1
Rockingham School	1
Thorpe Hesley Primary	1
Brampton Ellis Primary	2
Hilltop	1
Eastwood Village Primary	2
<b>Total: 11</b>	<b>Total: 16</b>

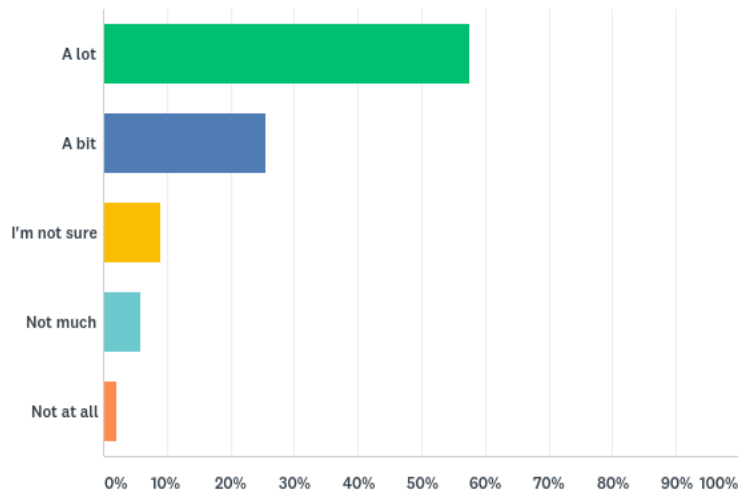
<b>Secondary Train the Trainer</b>	
<b>9<sup>th</sup> October</b>	
Hilltop Special School	1
Brinsworth Academy	1
Rawmarsh community school	1
Chislett Centre (KPCP)	2
<b>18<sup>th</sup> January</b>	
Wingfield School	4
	<b>Total: 9</b>

There is currently a reserve list for schools wishing to have train the trainer training. Their aim over the next 6 months is to ensure those on the reserve list are able to complete the training and following this, they will evaluate whether further train the trainer sessions are needed in the Rotherham area.

Ongoing feedback is collected from students and staff so there is now a database of responses from 528 secondary and 574 primary school students. These clearly indicate that the programme achieves its immediate learning outcomes for a high proportion of participants. In addition, 90% of primary students and 92% of secondary students felt able to join in or ask questions if they wanted to.

Large numbers of primary and secondary students had discussed ReachOut sessions outside the classroom. This is a good indication of awareness, engagement and relevance. Many primary and secondary students had talked to friends and around a quarter of secondary and over a third of primary children had talked to their parents/carers about RLR. Perhaps most importantly in terms of impact and retention students enjoyed the sessions with over half of primary pupils reporting that they enjoyed them 'a lot'.

#### Q4 Did you enjoy the Real Love Rocks sessions?



Responses from 50 school staff indicate that teachers continue to view the quality and effectiveness of RLR as very good with 100% agreement that:

- The sessions were well planned and organised
- The materials were appropriate for the children's age and stage
- The workers interacted well with the children
- Real Love Rocks was relevant to all children involved in the sessions

*'Fantastic delivery of the sessions. They were engaging and the presenters showed enthusiasm and vibrant personalities which enthused the students and engaged them in discussions. (Teacher)*

ReachOut's delivery in schools is resource-intensive and difficult to sustain over the longer term. In year two, therefore, a 'training the trainer' programme has been introduced to help embed the delivery of RLR by schools themselves. Participant feedback on the courses is very positive.

*'Really well presented, lots of time for discussion. Good resources, it taught me lots of good ways to add to my lessons in PHSE. I'm looking forward to using this programme.'* (Teacher)

There are also early indications that this may be an effective approach to spreading and embedding healthy relationship education into Rotherham schools. A follow up e-survey of participants from the first two training courses received 15 responses – 7 had already run RLR sessions in their schools and the others had established plans to do so.

*'The programme has been delivered between a team of staff to approximately 200 year 8 students and small groups / individual students as deemed necessary in other year groups. The sessions went really well and promoted a lot of interaction and discussion with students'. (School manager)*

### **2.3 Work with Schools, Recommendation 2.**

As of March 2018, 2,314 Children have attended the Real Love Rocks (RLR) programme in both primary and secondary schools. Rotherham currently has 85 primary and 16 secondary schools within the borough.

Direct delivery has recently been completed to a special school. The sessions were delivered to 12 pupils and were extended to an eight week period in order to meet the additional learning needs of the students. There are plans to offer sessions to other special schools and Pupil Referral Units.

ReachOut have also completed 4 assemblies delivering awareness raising CSE sessions to 820 year 7/8 pupils since October 2017. In addition the team has hosted a drop in on 6<sup>th</sup> February 2018 at Dinnington High School which was attended by 70 pupils.

Between January and February 2018 ReachOut have worked in partnership with Early Help to deliver CSE awareness raising to over 180 year 9 pupils in Rawmarsh Academy. Students worked in groups discussing several topics such as how to access local health services, delaying sexual activity, healthy relationships, internet safety and the reasons why young people embark on sexual relationships for the first time. Since the sessions have taken place, it has been reported by Early Help that the number of young people attending their local health clinics has increased. Also, as a result of this work, two young people were referred to the service, one as self-referral and one via social care following a disclosure to the CHAT clinic.

By the end of March over 300 year 7 pupils will have attended a CSE Super Day at Wales Academy where the ReachOut team will deliver CSE awareness raising.

Since the start of the project RLR has been delivered to 11 out of 16 Secondary Schools in Rotherham which means that 1,331 pupils out of 3,318 in years 8 have received the programme. This equates to 40% of all year 8 Rotherham pupils.

RLR has been delivered to 22 out of 85 Primary Schools in Rotherham which means that 873 pupils out of 3,178 in year 6 have received the programme. This equates to 27% of all year 6 pupils in Rotherham.

In addition to this schools work the service was approached by Rotherham College who requested work around Healthy Relationships and CSE awareness for Art & Design (including Graphic Design and Fashion Design), and Hospitality departments. They have reached 81 learners out of 129 learners (62.8%) aged between 16 to 19 years. There are plans for additional sessions in the summer.

## **2.4 Outreach**

The Mobile Unit continues to enable ReachOut to have a visible presence in priority areas and hot spot areas of Rotherham and engage with children and young people in their own communities. A detailed table of the current outreach programme is contained in the full report attached.

## **2.5 Taxi Driver Training**

ReachOut has been working in partnership with RMBC Taxi Licensing Officers to deliver Safeguarding CSE awareness raising sessions. Since October 2017 the service has delivered sessions to 48 new Taxi Drivers and there are plans to continue with this collaboration going forward. Plans are for the training to be rolled out for existing Taxi Drivers on renewal of their licence.

## **2.6 Lesbian, Gay, Bisexual, Transgender, Queer (LGBTQ) – SAFE ZONE**

ReachOut are now even more involved in the planning of Rotherham Pride, with a member of their staff being the Pride committee's official lead for Youth Engagement. The committee has grown this year and the Pride event is going to be bigger than ever, featuring a Pride parade for the first time in Rotherham. As well as attending the monthly Pride planning meetings, they have also helped to plan fundraising events throughout the year to raise money and awareness for Pride, such as a Christmas market and an LGBT History Month quiz. Being part of Pride is a great opportunity for multi-agency work, and at this year's event they will be running the young people's area in collaboration with MyPlace and the Rainbow Project, and are consulting young people as to what resources, equipment and support they would like in this area. They are also recruiting young volunteers to support in the young people's area and providing training for them prior to the event.

ReachOut's LGBTQ lead has also recently delivered a training session to staff to update them on recent developments that are relevant to working with and supporting LGBTQ young people. Staff gave excellent feedback and saying that this was a very useful session.

## **2.7 Engagement with Children from Black, Asian, Minority Ethnic and Refugee (BAMER) Communities**

Although it has been recognised that the service has undertaken effective community engagement work with children and young people from the Roma/Slovak communities in Eastwood and Ferham they have not had the same success in engaging with local Asian families. They have recently been successful in recruiting a Community Engagement Worker. The new Worker is a respected and active member of local Asian community groups and forums.



Another key role for the community engagement worker will be the development of a CSE Toolkit specifically designed to work with BAMER families to raise awareness of the Sexual Exploitation of Asian girls and young women in Rotherham. This is a new and exciting piece of work currently being developed.

### **3. Conclusion**

Barnardo's ReachOut Service continues to deliver above expectation. The service is agile and evolving according to emerging need. There is recognition that the needs of children and young people from across the Borough are broader in terms of CSA (rather than only CSE). Funding to continue and develop delivery is being sourced. The lasting legacy of the ReachOut Service in its current form will be:

- Excellent examples of partnership working
- Supporting development of other agencies to ensure a safer place for Rotherham children to grow up in
- Awareness of CSE and indicators
- Children describing a feeling of being supported and empowered

### **4. Consultation**

A Participation Consultation Event took place on 14th February 2018 and was attended by 22 children known to the ReachOut service. The children and young people had the opportunity to engage with a carousel of workshops to learn more about the potential participation activities that could be provided by Barnardo's and were then asked to say which, if any they would be interested in. The workshops included:

- A book of voices
- Young person's interview panel
- E-Safety ambassador
- Different but Equal board
- Young person's newsletter
- Pride volunteers

Although a full evaluation of the day has not yet taken place, the verbal feedback from children and young people who attended was that they enjoyed the event and were interested in a number of the participation opportunities that were showcased on the day. Attendees have also asked when the next event like this will be taking place, as they enjoyed having the chance to meet other young people.

## 5. Accountable Officer(s)

Approvals Obtained from:-

	<b>Named Officer</b>	<b>Date</b>
Assistant Director of Commissioning, Performance and Quality (CYPS)	Mark Chambers	18/05/2018
Strategic Director of Children's Services	Mel Meggs	

*Report Author: Sean Hill, Commissioning Officer, Children's Commissioning Team*

This report is published on the Council's website or can be found at:-

<http://modern.gov.rotherham.gov.uk/ieDocHome.aspx?Categories=>