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The Barnardo's ReachOut service has been working in schools across Rotherham since January 2016. We have delivered Real Love Rocks programme within schools and now we would like to invite you to participate in our new train the trainer offer for primary schools.

### **What is Real Love Rocks?**

Real Love Rocks is a programme developed by Barnardo's to promote healthy, consensual, safe relationships amongst children and young people. It seeks to raise awareness of grooming, child sexual exploitation and online safety. It has two editions to allow age appropriate learning for children and young people in both primary and secondary school. Whilst the primary edition focuses on the importance of feeling free, happy and safe in future relationships, the secondary edition also allows for discussion and activities around the importance of consent, and the impact of sexting and watching porn.

This is a preventative resource designed to be used within universal services. It is not to replace any specialist CSE services. If you suspect a young person is being sexually exploited or at risk of sexual exploitation please refer to your local safeguarding board procedures and where appropriate a referral may be required to a CSE specialist service.

### **Why has Real Love Rocks been developed?**

Real Love Rocks seeks to address some of the findings in the Ofsted Report (2013) 'Not yet good enough: personal, social, health and economic education in schools, which highlighted the need for age-appropriate sex and relationships education for

both primary and secondary aged school children to prevent inappropriate sexual behaviours and sexual exploitation'. The report puts an emphasis on the importance of the emotional side of relationships and promotes children being taught the appropriate relationship language, given the confidence to describe unwanted behaviour and given advice on where to get support and help.

### **Who is Real Love Rocks for?**

**Patron** Her Majesty The Queen  
**President** HRH The Duchess of Cornwall  
Barnardo's (a company limited by guarantee).  
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Essex IG6 1QG. Registered No. 61625 England.  
Registered Charity Nos. 216250 and SC037605

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Real Love Rocks has been designed to be delivered by teachers, school counsellors, youth workers and other professionals who have experience of delivering sex and relationship education to young people. The resource pack itself contains animations, activities and games. The primary school edition has been designed to be delivered with children aged 10-11 and the secondary edition is suitable for those aged 11-14.

### **Real Love Rocks Training**

The training dates we currently have an offer are:

- 11<sup>th</sup> February 2019
- 18<sup>th</sup> March 2019

The training session will run from 9.30 -16.00 from the ReachOut office, with an overview of CSE training incorporated in to the day.

Due to limited capacity of 15 participants on each session we would ask that there be a maximum of 2 members of staff from any one establishment attending the training.

One resource pack and USB will be provided to each school free of charge ( Normal price £125.00 plus postage and pacaging).

Tea and coffe available. Please note that lunch will not be provided.

For booking or enquiries please contact Giulia Savini on

[giulia.savini@barnardos.org.uk](mailto:giulia.savini@barnardos.org.uk)

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