



Young Carers

Overview Scrutiny Management Board Takeover Day 2019



@Rotherham_YC

#RYC2019

#CCTOD19



What is Rotherham Youth Cabinet?



@Rotherham_YC

#RYC2019

#CCTOD19



What is Rotherham Young Carers Council?



@Rotherham_YC

#RYC2019

#CCTOD19



Our Manifesto Aim

We want to work alongside the Young Carers' Council to ensure young carers have the same opportunities as adult carers in accessing free activities whilst in their caring role.



@Rotherham_YC

#RYC2019

#CCTOD19



Research



@Rotherham_YC

#RYC2019

#CCTOD19



Fife, Scotland



The Leisure pass has different levels of permissions dependent on age:

- Under 14 – free swimming
- 14-17 - free gym and swim
- 18+ - free gym, swim, fitness suite and health classes.

'With this I am able to have some alone time when I need it, build up my self confidence and take time out of my caring role .I am able to go with my siblings and have some fun time with them instead of them sitting at home alone not able to go out because of constantly being at risk of ending up ill' – YAC, East Fife

'It has given me a positive weekly routine which has helped to give me a more positive outlook on life'
YC, West Fife

'I love it and it has encouraged me to go to the gym and given me a new hobby' YAC, Central Fife

 @Rotherham_YC

#RYC2019

#CCTOD19



Luton



Active Young Carers' Card

- The Card allows young carers aged 11-18 to take part in lots of different sports activities including swimming, badminton, table tennis, gym, footgolf and pitch and putt at a fraction of the standard cost.
- A young carer can take part in 10 activities for £1 each time (Card price £10 in total). When the card is finished, another one can be applied for with a maximum of 3 in total.



@Rotherham_YC

#RYC2019

#CCTOD19



Sheffield

Pilot Project



- 19 young carers applied to participate in the free travel scheme, which was offered over four weeks of the holidays.
 - 35 weekly passes were activated, accessed by 18 individuals.
- 16 young people attended the Places for People open day and 11 applied for annual passes. 15 leisure sessions were accessed at their venues during the summer (6 swims, 3 gym sessions and 6 free tennis sessions).
- Feedback was received from eight young carers, who participated in the scheme, and a majority said the passes:
 - Helped them get a break from their caring
 - Helped them feel less stressed
 - Helped them see their friends more than normal
 - Helped them do more exercise than normal
 - Helped them feel healthier (in body or mind).
- Some also said the scheme helped their families feel less stressed.

 @Rotherham_YC

#RYC2019

#CCTOD19



Doncaster

DNA Card



This card gives young carers:

- Discounts on High Street Brands
 - Itunes Discount
 - Money off train travel
- Access to discounted activities such as the cinema, skating and bowling

This card also allows young people to identify themselves as a Young Carer to teachers or professionals as well as allowing them to explain how they are feeling without words.

 @Rotherham_YC

#RYC2019

#CCTOD19



Questions



@Rotherham_YC

#RYC2019

#CCTOD19



The Voice Of The Future

Contact Us

Rotherham_YC



/Rotherhamyouthcabinet

/Rotherhamyouthcabinet



Rotherhamyouthcabinet@gmail.com

sarahbellamy@rotherham.gov.uk

@Rotherham_YC

#RYC2019

#CCTOD19