

Mental Health Trailblazer

Health Select Commission
10th October 2019



Mental Health Support Team Service Model

The mental health trailblazer pilot will see mental health support teams established in 22 schools and education settings across Rotherham. Up to 8,000 children and YP will receive face-to-face support to help address and prevent mild to moderate mental health problems



Whole School Approach including the Senior Designated Mental Health Lead

- Workforce training
- Student voice
- Parental engagement
- Curriculum development
- Identifying need
- Leadership and management supported by the education mental health professionals



Delivered by the Education Mental Health Professionals (EMPHS)

- Evidence based low intensity Interventions (1:1 or group based, for parents/carers and children and young people)
- Advice on mental health and well-being issues to school staff
- Liaison with services to access the right support



MHST Senior Practitioners Linked to CAMHS locality and Advice Teams

- Case holding and supervision of EMPHS



MHST Clinical Lead and liaison/case management function linked to CAMHS Pathways

- Strategic oversight of the MHST Case management function for complex cases

Mental Health Support Teams: Role

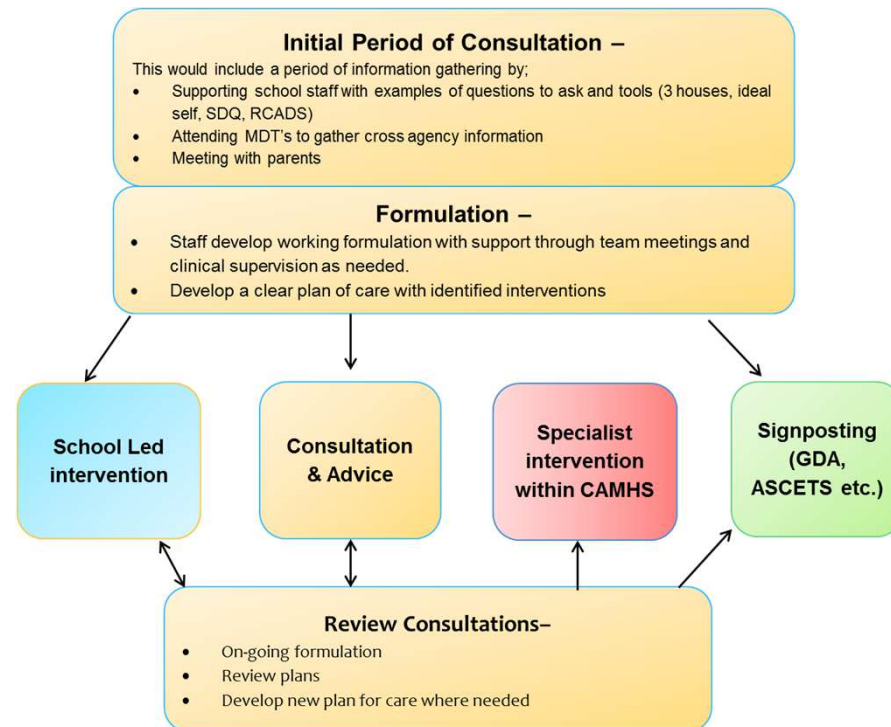
DfE have agreed nationally that the **three key roles** of Mental Health Support Teams are to:

- Deliver evidence-based interventions 1:1 and to groups of children and young people, building on the support already in place, not replacing it
- Support the senior mental health lead to introduce or develop a whole school approach
- Give timely advice to school staff, and liaise with external services, to help children and young people get the right support and stay in education.

Education Mental Health Professional: Role

- Delivering evidence-based intervention for children and young people, with mild to moderate mental health problems, in schools.
- Helping children and young people who present with more severe problems to rapidly access more specialist service.
- Supporting and facilitating staff in education settings to identify, and where appropriate, manage issues related to mental health and wellbeing.

MHSTs will compliment CAMHS Locality Model



Mental Health Support Team Recruitment

There will be two Mental Health Support Teams in Rotherham;
both are now fully recruited to:

Role	Training	In-post/in schools
8 x Education Mental Health Professionals (EMPHs)	Manchester University	Placements with schools from June 2019. Fully operational Dec 2019
4 x Specialist Mental Health Practitioners	N/A	In post from June 2019
1 x Clinical Lead	N/A	in post from July 2019
1 x Temporary Project Lead	N/A	Handover to 3rd Sector Lead June 2019

The role of the MHST Strategic Lead

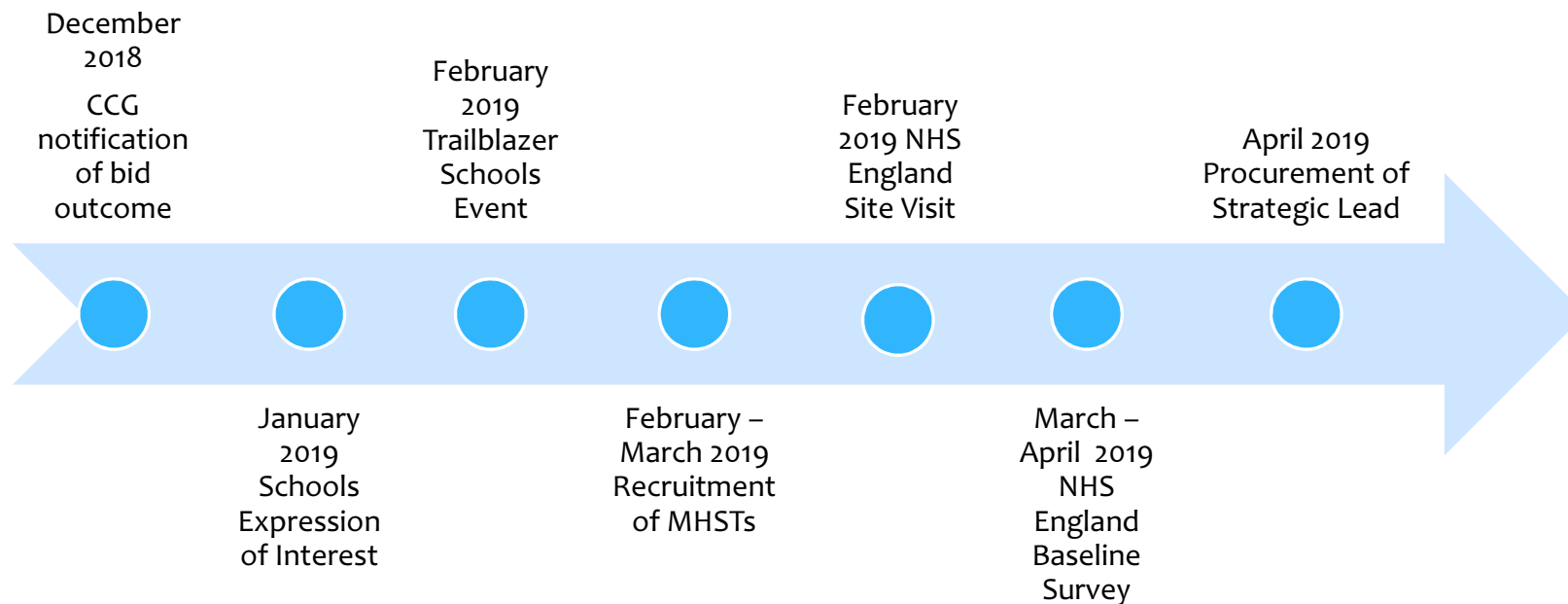
- Strategic lead from the voluntary and community sector will integrate the social model/trusted relationship approach to compliment CAMHS clinical approach
- Ensure effective dissemination of learning from the Trailblazer
- Produce a MHST service model and referral pathway
- Oversee the allocation of referrals across the schools
- Establish how the views of young people and families are collated
- Establish what schools need and how they will work together and share good practice
- Following a competitive procurement process Barnardos will lead this work
- Barnardos have significant experience of working in Rotherham schools. They currently deliver services focused on Child Sexual Exploitation, Child Criminal Exploitation, Harmful Sexual behaviour and young carers

Which schools?



- School selection identified a mixture of primary, secondary and pupil referral unit;
- Schools with well-embedded whole school approaches & those where this is emerging
- Geographical focus
- Partnership focus (existing academy groups)

Implementation milestones



Implementation milestones

