

<b>BRIEFING</b>	<b>TO:</b>	Health and Wellbeing Board
	<b>DATE:</b>	22 <sup>nd</sup> January 2020
	<b>LEAD OFFICER</b>	Bev Pepperdine Performance Assurance Manager Rotherham Metropolitan Borough Council
	<b>TITLE:</b>	Voice of the Child Rotherham Lifestyle Survey 2019

## Background

<b>1.1</b>	The Voice of the Child Lifestyle Survey is an annual anonymous survey that aims to capture the voice and views of young people around topics relating to their health, wellbeing, their views about Rotherham and their future.
<b>1.2</b>	The full results for 2019 are detailed in the borough wide annual report.
<b>1.3</b>	In 2019, 61% of the relevant population participated in the survey.
<b>1.4</b>	The survey results give the council and their partners an insight into the experiences of children and young people living in the borough. Partners will receive data with information from the results and trend data specific to their service in order to highlight where resources may be required to improve the health of children and young people.
<b>1.5</b>	Schools receive their own confidential results that they can compare to the borough wide results that can be used to plan resources and shape curriculums.
<b>1.6</b>	The report covers key findings from the 2019 Borough Wide Lifestyle Survey Report, along with trends from previous years.
<b>1.7</b>	The key areas that are particularly relevant to Health and Wellbeing Board, from the overall 2019 Lifestyle Survey report are from sections: <ul style="list-style-type: none"> <li>• A Little Bit About Me</li> <li>• Healthy Eating &amp; Exercise</li> <li>• Feelings</li> <li>• Safeguarding</li> <li>• Young Carers</li> <li>• Smoking, Alcohol &amp; Drugs</li> <li>• Sexual Health &amp; Relationships</li> </ul>

## Key Issues

<b>2.1</b>	The results of the 2019 survey have been compared to previous years' and the Health and Wellbeing summary report highlights what appears to be working well and areas that may be a cause for concern.
<b>2.2</b>	The full results from the borough-wide survey can be found in the Lifestyle Survey borough wide report, which a copy can be requested. The 2019 results included in this report are extracted from the 2019 borough wide report.

2.3	Schools, council services and partners will receive their data and in return there is an expectation that they will provide feedback on how they have used the results to improve or shape their services to make a difference to the lives of children and young people.
2.4	<p><b>What is working well?</b></p> <p>The trend data shows that the following areas have improved:</p> <ul style="list-style-type: none"> <li>• More children and young people have said they are eating the recommended portions of fruit and vegetables</li> <li>• Less children have said they would choose to drink high sugar drinks and high energy drinks</li> <li>• Young people have said that safety around Rotherham bus and train stations has improved</li> <li>• Less young people have identified themselves as a young carer</li> <li>• Young people who identified themselves as young carers feel more confident that they could continue with further education</li> <li>• Less young people have said they have tried regular cigarettes</li> <li>• Less young people have said they have tried alcohol</li> <li>• More young people have been educated about child sexual exploitation</li> </ul>
2.5	<p><b>What are we worried about?</b></p> <ul style="list-style-type: none"> <li>• Young people have told us that improving the mental health of young people needs to be a priority</li> <li>• Less young people have said they are visiting their dentist on a 6 monthly basis</li> <li>• Less young people have said they are drinking the recommended amount of water each day</li> <li>• Young people who identified themselves as a young carer, have said it is having an impact on their lives</li> <li>• Less young people have said their home is a smoke free home</li> <li>• More young people have said they have tried an electronic cigarette</li> <li>• Although slightly less young people have said they have tried drugs, the types of drugs they are trying are the harder type of drugs.</li> <li>• Although slightly less young people have said they have had sexual intercourse, out of those who said they have, more of them have done this after drinking alcohol or taking drugs.</li> </ul>

### Key Actions and Relevant Timelines

3.1	<p>The CYPS Performance Team will be presenting the Lifestyle survey results to:</p> <ul style="list-style-type: none"> <li>• Improving Lives Scrutiny Sub Group – 21<sup>st</sup> January 2020</li> <li>• Children &amp; Young People Partnership Board - 28<sup>th</sup> January 2020</li> <li>• South Yorkshire Passenger Transport Executive – 10<sup>th</sup> March 2020</li> <li>• Voice Influence Partnership – March 2020</li> </ul>
3.2	<p>Copies of the borough wide report and if required summary information will be provided to:</p> <ul style="list-style-type: none"> <li>• Safer Rotherham Partnership</li> <li>• South Yorkshire Police</li> <li>• Young Carers Provider – Barnados</li> <li>• Commissioning Team CYPS</li> <li>• Commissioned Providers</li> <li>• Youth Cabinet</li> <li>• LAC Council</li> <li>• CAMHS</li> <li>• Regeneration &amp; Environment</li> </ul>

- Rotherham Local Children's Safeguarding Board

## Recommendations

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| <b>4.1</b> | Note the report and consider the approval of its content.                          |
| <b>4.2</b> | Identify any actions to address key areas.   |
| <b>4.3</b> | Identify if the distribution of information needs to be expanded.                  |
| <b>4.4</b> | Identify partners who feel may be accountable for acting upon results.             |
| <b>4.5</b> | Endorse the recommendation of CYPS DLT that the survey continues for future years. |