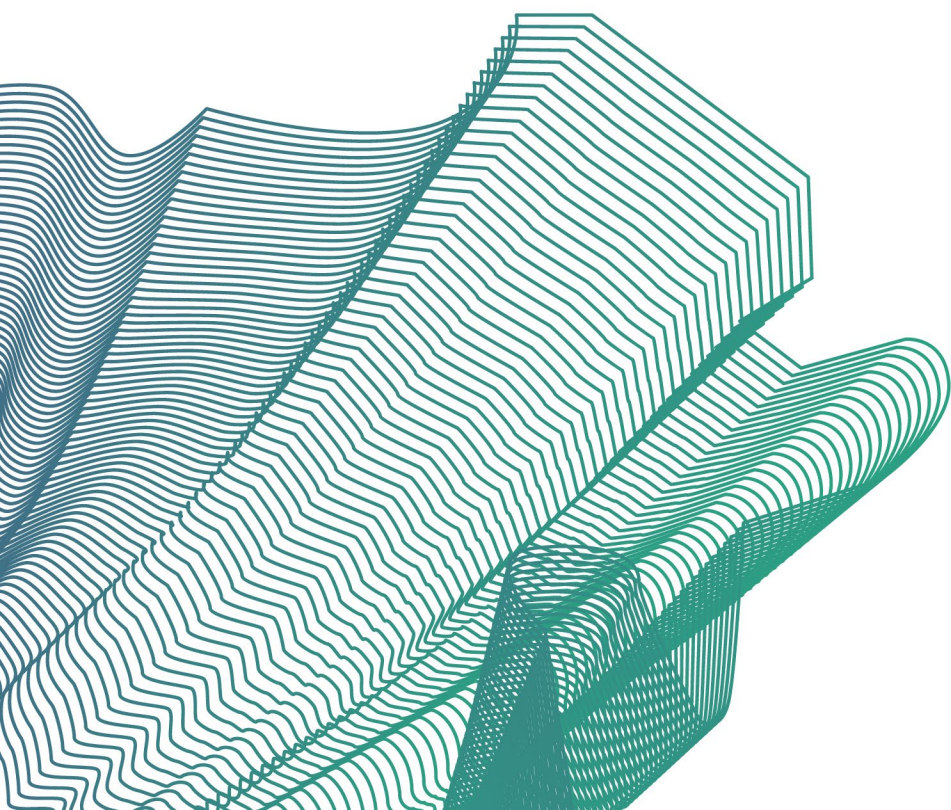


# ROTHERHAM

INTEGRATED CARE PARTNERSHIP | HEALTH AND SOCIAL CARE

## Health Select Commission 30 June 2022

### Rotherham Place Mental Health Update



**Rotherham**

Clinical Commissioning Group

**Rotherham, Doncaster  
and South Humber**

NHS Foundation Trust

**The Rotherham**

NHS Foundation Trust

**Rotherham**  
Metropolitan  
Borough Council



# Rotherhive (Early Intervention/Prevention)



Face Book – [link](#) / Rotherhive – [link](#) / Wellness Hive – [link](#) / Working Well – [link](#)

# Communication / Awareness (Early Intervention/ Prevention)

## Rotherhive:

- Social media campaigns (ongoing)
- Partner websites development
- Platform Development / new sections launches
- Joint working with Public Health – Be Well@ Work (promotional key ring)
- **Rotherhive on Paper**
- **Rotherhive Toolkit**

**BE THE ONE**

to talk / listen / care

## Suicide Prevention

<https://www.be-the-one.co.uk/>

- Campaigns – Men / Women
- Zero Suicide Alliance
- Suicide awareness / self-harm training programmes
- Amparo / Listening Ear Awareness workshops
- Suicide prevention real time process



**Rotherhive self-help library launched includes easy read and audio leaflets – [link](#)**



## Partnership Campaigns:

- Anxiety campaign
- Mental Health Awareness / Loneliness
- IAPT – anxiety / sleep / depression (ongoing)
- ICS – Online MH Platform
- Kooth
- Library promotions

Promotional Banners

Over 25,000 leaflets distributed

Be Well @ Work You film  
'workplace film is called  
'Let's Talk about Talking'

# Building Community Capacity to support Mental Health Wellbeing

Over the past two years the CCG and Public Health have worked with a wide range of organisations to support the development / Enhance of Peer Support / Lived Experience led support across the Borough. Examples of this work include:

- Rotherham Survivors of Bereavement by Suicide (SOBS) group
- Women's group (Andy's Man Club)
- Bipolar UK – peer support group & self- management training
- Men Actively Taking Together Group (MATT)
- Supporting the development of a wide range of peer led community groups (mental Health small grants scheme)



# Building Community Mental Health Wellbeing

## Building Community Mental Health Support

Working with Voluntary Action Rotherham the CCG / PCNs / ICS has commissioned:

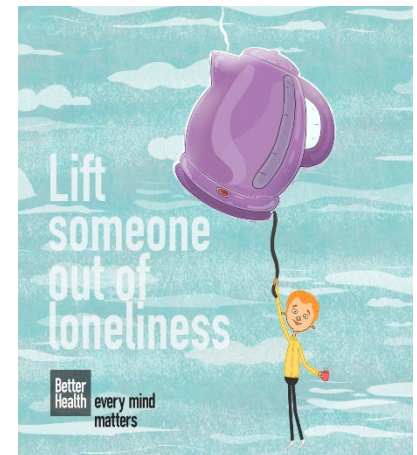
- Social prescribing / PCN LINK Workers / VSC groups
- Green Prescribing (ICS)
- 3 year Mental Health Small Grants programme
- BAME Crisis grants scheme
- Seasonal Pressures Grants
- Development of a Mental Health VCFS Provider Alliance
- Mental Health Network Manager to support the development of community capacity and long-term sustainability (to reflect community diversity)

## Building awareness and confidence

- MECC Loneliness training
- Self-harm train the trainers / self-harm awareness training
- Bipolar UK self-management training
- Amparo / Listening awareness sessions
- Suicide prevention awareness training

## Developing next steps:

- Better Mental Health For All Action Plan (refresh)
- Loneliness Action Plan (refresh)
- Suicide prevention and self-harm Action Plan (refresh)
- Place / Health & Wellbeing Board sign-up to the Prevention Concordat for Mental Health
- DHSC 10-year Mental Health and Wellbeing Plan – National consultation until July 22/ expected publication Autumn 22



# Enhancing Access to Support

Thanks to my therapist for keeping it real and understanding about sleep patterns and how it can affect your life, great listener, and good knowledge of what could help

I just wished I had signed up to this earlier

Absolutely brilliant transformed my self-confidence and reduced anxiety

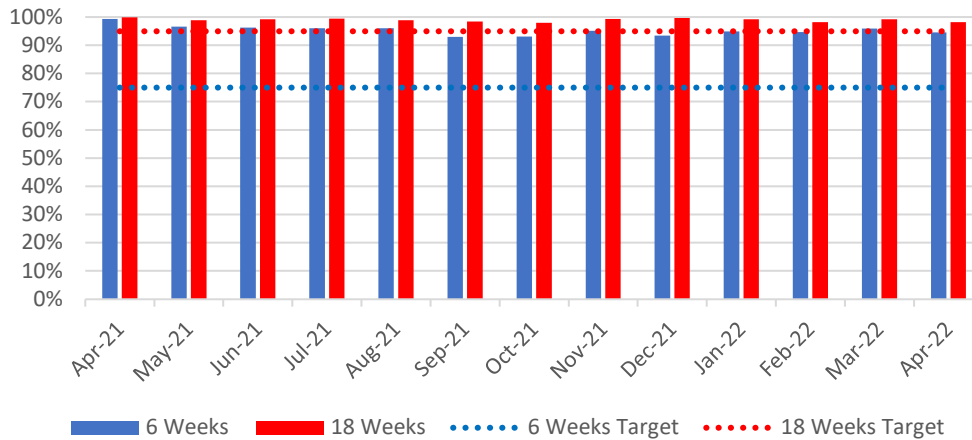
## Expansion of the Rotherham Improving Access to Psychological Therapy (RDaSH, IESO & Sign Health)

- Increase activity commissioned
- IAPT can be accessed in different ways – face to face , digital options, Via Rotherham Health App +/- or groups
- Sign health available in Rotherham which provides an IAPT British Sign Language Service (BSL). Referral every month since Sept 2020
- RDaSH Clinical Nurse Specialist in Mental Health and Deafness , supports people access IAPT and is working with local groups to raise awareness of mental health services / how to access
- Workforce access to IAPT initiative
- Work underway to increase Older Peoples' access to IAPT
- Implementation of new national data requirements (including BAME recovery rates)
- Place communication plan to promote awareness of IAPT provision / anxiety / depression / sleep

59% Out of Hours  
(i.e. Mon- Fri,  
9.00 – 5.00)

# Enhancing Access to Support – Rotherham Place IAPT Performance

6 and 18 week waiting times



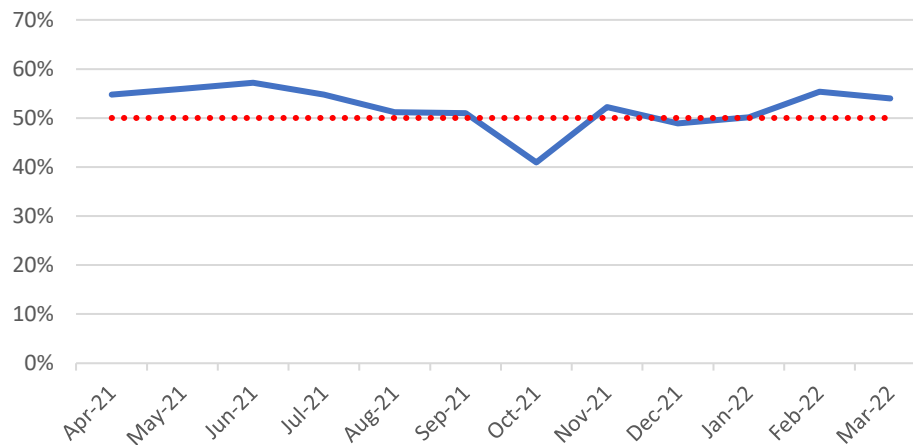
## National Targets:

- 75% of people enter treatment in 6 weeks
- 95% of people enter treatment in 18 weeks

## National Target:

- 50% of eligible referrals to IAPT services should move to recovery

Recovery %



# Enhancing Access to Support

## Rotherhive

- Ongoing expansion of Rotherhive / developed in conjunction with Experts by Experience
- Expansion of information in different formats – easy read, video and audio
- Accessibility featured added
- Additional Languages add to translation functionality
- **Rotherhive on Paper initiative (digital exclusion)**

**RDaSH 24/7 Crisis Helpline has introduced a text phone service for anyone unable to use the standard telephone line (Text number: 07974 603610)**

## Service development / expansion

- Early Intervention in Psychosis (Level 3, awaiting outcome of latest evaluation )
- Amparo service (recommissioned across South Yorkshire)
- Extension of Listening Ear Bereavement
- Mental Health VSC commissioning
- E-prescribing functionality developed in RDaSH
- Expansion of RDaSH Children & Young People eating disorders / Crisis Provision
- SYEDA adults eating disorder provision

# Enhancing Access to Support & Next Steps

## New services / developments

- Safe Space Touchstone Alternative to Crisis / peer support
- Listening Ear – Bereavement helpline
- SYEDA – Eating disorder services (Children and young people / adults)
- RDaSH / Samaritan's Wellness Check Pathway
- Development of YAS Mental Health Response (including Mental Health vehicle & develop mental health workforce)
- Development of ICS initiatives (S12 solutions, Guidance development, improving data and activity)
- Hospital Discharge Initiative RDaSH
- Dementia pathway transformation – primary care development
- Kooth is a free, safe and anonymous online mental wellbeing community for people aged 11-25 (RMBC/CCG) – [Link](#)
- ICS Online Mental Health Platform
- Antidepressant Review Clinic
- Community Mental Health Transformation Programme – Mental Health roles in primary care, RDaSH and VSC

## Next Steps:

- Launch Safe Spaces Touchstone
- Attempted Suicide Prevention Procurement / implementation
- Public Health Led Actions plan refresh launch / implementation
- Develop 23/24 Bereavement action plan
- Community Mental Health Transformation implementation (including primary care Mental Health roles)
- Build / complete mobilisation of the 21/22 development/ investment programme
- Dementia pathway Transformation – Primary care / Admiral Nurses / expansion of Memory Clinic
- Delivery of the 22/23 Rotherhive / Mental Health Communication plan
- Deliver quality requirement to improve self-harm assessment in UEC (CQUIN Biopsychosocial assessment)
- Full implementation of ICS Online Mental Health Platform

## Further development areas:

Physical health & Pain  
Autism / crisis  
Self-harm  
Addressing Inequalities