



FAMILY HUBS

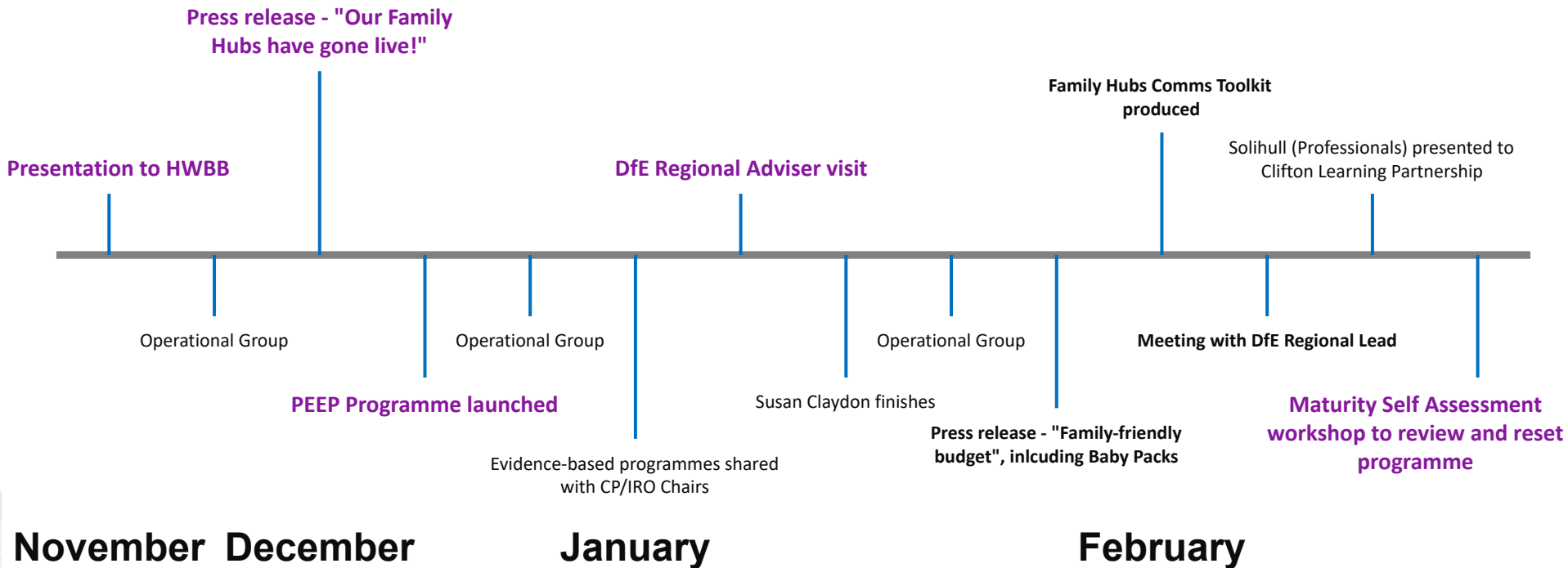
Rotherham

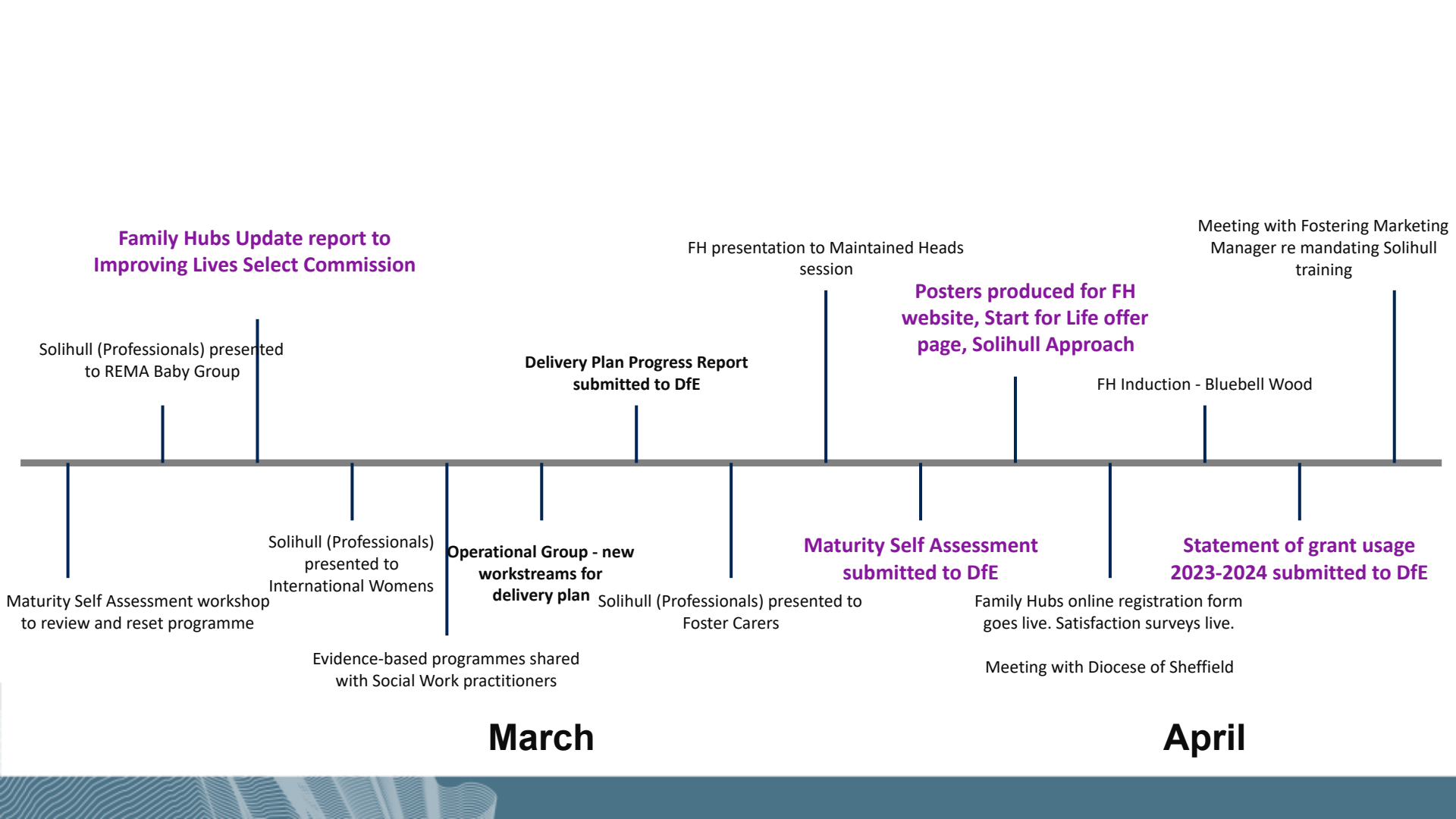
Update to Health and Wellbeing Board

Alex Hawley, September 2024



Since Board update in November 2023:





Press release - "Online support is available for families in Rotherham"

Management Information return for Q2 and Q3 23/24 submitted to DfE

FHs at 'Meet Our Councillor' event

FHs promoted at launch event for Swinton Library Start for Life Booklet launched

FH Induction - Solihull promoted

Briefing to 'Inspire to Change'

FH induction Operational Group - Noticeboards now installed and guidance produced

Operational Group - SOAP on Co-location

Narrative update return to DfE Family Hubs @ Rotherham Show

Operational Group @ Maltby Stepping Stones - SOAP on Digital Transformation Solihull Online & MH awareness promoted at The Place and Brookfield

External signage in place at all 3 Family Hubs

Best Start & Beyond Group @ Brookfield - SOAP Start for Life Operational Group @ Brookfield - SOAP Voluntary and Community Sector

FHs promoted at Family Fun Day, Dalton and Thrybergh CC

Solihull promoted at MESMAC network meeting & at Bluebell Wood

FH briefing to Barnardo's 'Bump Birth and Beyond' Full FH induction to 'Inspire to Change'

CLlr Cusworth visit to Brookfield

May

June

July

August

September

The Current Family Hub Network



Rotherham Family Hubs	
The Place Family Hub	
Brookfield Family Hub	
Maltby Stepping Stones Family Hub	

Family Hub Network – RMBC and contracted sites	
Arnold Nursery School & Childrens Centre	
Aughton Early Years Centre	
Dalton Family and Childrens Centre	
Dinnington Early Help Centre	
Dinnington Family and Childrens Centre	
Ferham Family and Childrens Centre	
Rawmarsh Childrens Centre	

Family Hub Network – Voluntary Community Sector	
Swinton Lock	Rotherham Parent and Carer Forum (RPCF)
JADE (Just Another Dance Event) Youth and Community	YWCA Yorkshire
REMA (Rotherham Ethnic Minority Alliance)	CLP (Clifton Learning Partnership)
Activate	The Learning Community
Rotherham United Community Trust	Bright Stars
Kimberworth Park Community Partnership	The Fun Hub
Grimm & Co	Rotherham Minster

What is a Family Hub?

FRIENDLY, WELCOMING SPACES



Front-of-house staff are now located in the Family Hubs (since beginning of September).

What's in a Family Hub?

The following services are currently either co-located in a Family Hub site or are delivering a service at a Family Hub site

- 0-19 Health Service
- Children and Adolescent Mental Health Services (CAMHS)
- Child Bereavement UK
- Children's Social Care
- Early Help
- Employment Advisors
- Evidence Based Hub
- Holiday Activity Fund (HAF)
- Healthy Weight Management
- Home Learning Workers
- Intrahealth
- Job Centre Plus
- Sexual Health (MESMAC)
- Midwifery
- Perinatal Mental Health
- Portage
- Rotherham Alcohol & Drug Services (ROAD)
- Rotherham Rise Domestic Abuse
- Substance Misuse Workers
- Voluntary Action Rotherham (VAR)
- Youth Justice Service
- Youth Services (Universal and Targeted)
- Early Help Attendance Team

Parent Carer Panel and Start for Life

Panel

- Five sessions to date
- Focus groups between panels (with hard-to-reach communities)
- Membership is diverse
- Online surveys and monthly 'Challenge Questions'

Giving you child the best start in life

- Co-designed by the Panel
- Imagery is Rotherham-based
- Format is intended to fit with the Red Book.
- Launched with the Panel

Parenting Support

The Solihull Approach series

Antenatal



[+ View Courses](#)

Postnatal



[+ View Courses](#)

Children and Young People



[+ View Courses](#)

Parenting Support

We continue to see an increase in Solihull on-line course registration and active learners.

Content of Triple P Baby was reviewed, assured by partnership expertise, and reinstated

Increased capacity for antenatal education offered by 0-19 Infant feeding team (workshops offered in the evenings).

Parenting courses now delivered by wider partners.

Evidence-based interventions that are offered and delivered to parents:

- Triple P Baby
- Triple P 0-12 years
- Triple P Teen
- Triple P Stepping Stones
- Triple P Transitions
- Family Links
- Caring Dads
- Sleep Tight
- Fear-Less
- Parents as Partners
- Solihull Approach – understanding your child's behaviour
- PEEPS (Learning Together Programme)
- Journey to Parenthood programme
- Best Start in Life digital offer and published copy
- One plus One; Arguing better, Me, you and Baby Too, Getting it right for children.
- Teen Life

Parenting Support - workforce

A comprehensive training programme for FH practitioners and multi-agency partners (numbers in brackets are attendees up to end of Q4 23/24):

- Solihull Approach – 2 day foundation **(74)**
- Solihull Approach – Group Facilitator Course **(45)**
- Solihull Approach – Virtual (Professionals) **(96)**
- Triple P baby **(3)**
- Rockpool ABC Trauma training **(3)**
- Reducing Parental conflict One Plus One **(151)**
- Parental Conflict Train the Trainer **(2)**
- Oral Health awareness training will also start to take place in July 2024.

Additional training for family hub practitioners

- Family Hub Initial Briefing Sessions **(214)**
- National Centre for FH Induction Anna Freud Centre **(103)**
- Family Hub Induction **(69)**
- Family Hub Briefings **(110)**

Infant feeding



Infant feeding - workforce

Comprehensive training programme in place for all family hub practitioners and multi-agency partners (numbers trained in brackets)

Cultural Competency in infant feeding **(50)**

Baby Friendly Champion

Weaning training (scheduled to take place throughout Autumn)

The following sessions are also open to all family hub practitioners, with numbers attended to end of Q4 23/24:

Family Hub Initial Briefing Sessions **(214)**

National Centre for FH Induction Anna Freud Centre **(103)**

Family Hub Induction **(69)**

Family Hub Briefings **(110)**

There are 11 active volunteers (BF Peer Supporters and Family Hub Group Support). Each has access to range of training, with a mentor pathway and mentor training in place across the Family Hub Network at:

Rawmarsh x3 (1 x PEEP progression pathway and awaiting training in September)

Arnold x 1

Grimm and Co x1

Bright Stars CIC x1

REMA x1

Borough wide (events and moving across sites) x 4

There are 11 more potential peer supporters within the recruitment process.

A progression pathway is being explored to recruit Parenting Peer Support volunteers to be in place by the end of the programme.

Home learning environment



Home learning environment

47 families have completed PEEP to date

- 51 parents
- 31 2-year-olds
- 23 3–4-year-olds our

Home learning Officers (HLOs) are now PEEP accredited Train the Trainers.

“Loved the relaxed atmosphere and different activities every week”

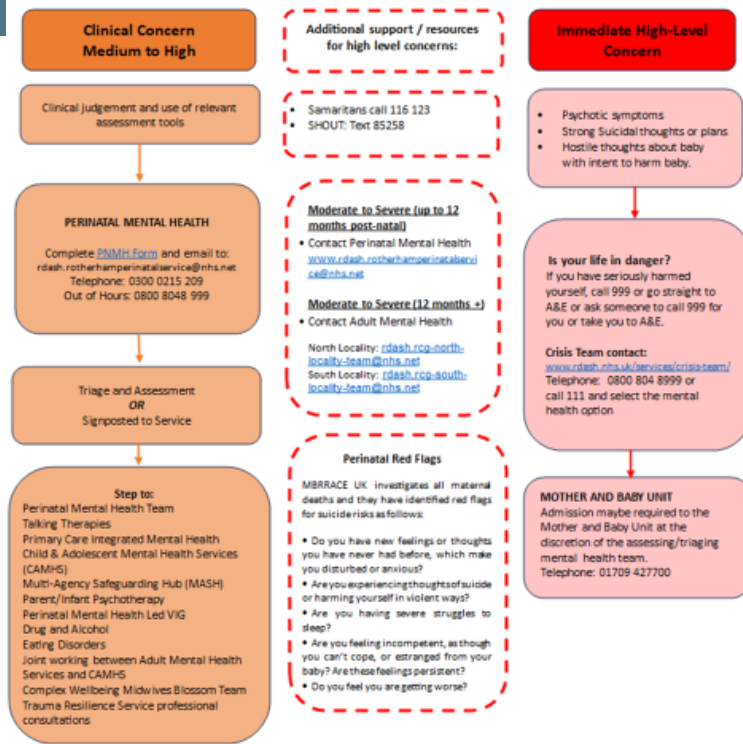
Home learning environment

- Library Service agreement to deliver PEEP in libraries across the Borough.
- HLOs have arranged to deliver PEEP in early years settings and schools from September.
- Deliver PEEP on a Saturday from September.
- 12 more PEEP facilitators to be trained in September, and 12 more in November.
- Summer programme of PEEP stay and plays.
- Consultation during the summer to ensure Saturday delivery is family-led.

Perinatal mental health parent-infant relationship pathways in place for universal and targeted support

Green, Amber and Red

Red Pathway – Moderate to Severe High / critical concern



Perinatal mental health and parent-infant relationships

Workforce Training

The following training is offered specific to perinatal mental health and parent infant relationships, with numbers attended to end of Q4 23/24:

- Supervision for Parent-Infant relationships Start for Life training Programme **(1)**
- Awareness of Perinatal Services – Staff engagement event **(304)**
- Perinatal Mental Health Awareness (Red Flag Training) **(290)**
- Video interaction Guidance **(10)**
- Child bereavement UK **(20)** (further dates scheduled)
- Triple P Baby **(9)**
- Perinatal Mental Health for FH Network Volunteer Services to commence in November 2024

And finally...there's still lots to do

Transformation

- Increase co-location and co-delivery in Family Hubs
- Maximise building use, room bookings and partner collaboration
- Hybrid meeting technology at each Family Hub
- Installation of public access PCs in Family Hubs
- Development of LiquidLogic portals
- Further growth of Family Hub network
- Programme of comms and further promotion

Parent-Carer Panel

- Panel will continue to meet on an eight-weekly cycle
- Further engagement between panel sessions

Start for Life Offer

- Printed documents within Baby Packs when live

Parenting Support

- Improve reach through evening appointments
- Analyse feedback to improve future training offer

- Identify any gaps in practitioners' training needs

Home Learning Environment

- Increase number of PEEP Facilitators
- Deliver PEEP outside Family Hubs

Infant Feeding

- Achieve UNICEF accreditation Stage 1 by March
- Have 3 breastfeeding champions in place

Perinatal Mental Health and Parent Infant Relationships

- Further embed the evidence-based toolkit
- Develop a framework for PNMH and PIR pathways

Sustainability

- Carry out evaluation of 3-4 month universal pilot – via PHIRST Light programme
- Consider Family Hub programme continuation options in light of any funding announcements in the Autumn