

ROTHERHAM BOROUGH COUNCIL – REPORT TO MEMBERS

1.	Meeting:	Cabinet
2.	Date:	5th September, 2012
3.	Title:	Scrutiny of Diabetes
4.	Programme Area:	Scrutiny

5. Summary

Over 12,000 people in Rotherham suffer from diabetes. Diabetes is the commonest cause of avoidable blindness as well as a significant risk factor for heart attacks and stroke. Prevention, screening of high risk individuals, identification, treatment and treatment or prevention of complications are key Public Health priorities for the Borough.

In 2013 Rotherham MBC will be responsible for ensuring that everyone aged 40 to 75 in the Borough are offered an NHS Healthcheck once every five years. This includes height and weight measurement and appropriate lifestyle advice as well as blood sugar measurement.

The Health Trainer Service in Rotherham offers lifestyle support for those identified at risk of diabetes and heart disease particularly amongst the most deprived communities. In 2011/12 9% of the Health Trainer Service clients were from BME groups and 23% considered themselves disabled.

6. Recommendations

Cabinet is asked to welcome support all the recommendations in the report.

7. Proposals and Details:

The detailed analysis of the scrutiny recommendations is in the attached template.

8. Finance

Good diabetes management costs the NHS far less than treating the complications.

9. Risks and Uncertainties

The national trend of increasing weight is reflected locally and will impact on levels of diabetes.

10. Policy and Performance Agenda Implications

Adoption of the recommendations would support the Strategic Outcomes that have been identified as a result of the JSNA, Health Inequalities Consultation and emerging Health and Well-Being Strategy.

11. Background Papers and Consultation

Diabetes scrutiny report

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