

Cabinet's Response to Scrutiny Review: Update on recommendations for improving access for young people seeking help and support around self harm

Recommendation	Cabinet Decision (Accepted/ Rejected/ Deferred)	Cabinet Response <i>(detailing proposed action if accepted, rationale for rejection, and why and when issue will be reconsidered if deferred)</i>	Officer Responsible	Action by (Date)
<p>Recommendation 1: That a consistent, concise and simple message is developed and disseminated for use by ALL organisations (including schools, health and social care, youth services, vol-comm sector);</p> <p>Recommendation 8: That the provision of information on self-harm to all schools and colleges is improved and standardised;</p>	Accept	<p><i>The following response meets the proposals of recommendations 1 and 8:</i></p> <p>On behalf of the Rotherham Suicide Prevention and Self-Harm Group, the Public Health Specialist (Mental Health& Domestic Abuse) is working with children's mental health services on the production of a pathway and guidance on self-harm which will be available for consultation this summer. The Youth Cabinet will also be consulted and involved in the content, and will be actively engaged in its implementation which will be adopted by all universal services across Rotherham.</p> <p>A flowchart leaflet (CARE about Suicide) has been produced for universal workers giving information about how to respond to issues around self harm. This has been disseminated extensively and is also now on the website of all statutory partner organisations.</p> <p>RDaSH CAMHS have just produced a biro incorporating a banner containing information about early signs and coping strategies. These pens will be distributed through secondary schools and other educational settings.</p>	Ruth Fletcher-Brown Public Health Specialist (Mental Health and Domestic Abuse)	August 2014

<p>Recommendation 2: That agencies work together to develop clear, consistent referral routes that are shared with ALL relevant organisations;</p>	<p>Accept</p>	<p>This will be achieved through the development of the self-harm pathway and guidance which will be adopted by all universal services. The guidance will be reviewed and adapted as necessary. The guidelines will be adopted by the Rotherham Suicide Prevention and Self-Harm Group and the RLSCB.</p> <p>In early April a Suicide Prevention Conference organised by Rotherham Public Health addressed a wide audience from across a broad spectrum of services involved in supporting young people. It presented both the national and local picture as well as offering information and resources to staff. One comment from the day was “The whole day was an excellent awareness raising experience and was very informative”. The Care about Suicide leaflet was also available to all participants at the event.</p>		
<p>Recommendation 3: In line with recommendations 1 and 2, ensure that resources/training/support are available for schools, colleges, parents, young people etc;</p>	<p>Accept</p>	<p>The Education Safeguarding Forum for Designated Members of Staff for Child Protection, Chaired by the RLSCB Learning & Development Co-ordinator, is now being explored as a vehicle for sharing of information, good practice and training around self harm and suicide prevention. The Forum, which meets three times a year with staff from Primary and Secondary Schools, Early Years Settings and Further Education Colleges, will offer the chance for staff to further develop their skills and experience around this particular issue.</p> <p>The Integrated Youth Support Service (IYSS) held its annual Conference in February with young people’s health as its agenda. The ‘Make Every Contact Count’ approach was presented to the 195 delegates around emotional wellbeing, helping to raise the skills and knowledge of staff to be able to address the needs of young people in a variety of settings</p>	<p>Chris Brodhurst-Brown Head of Integrated Youth Support Service</p>	<p>December 2014</p>

		<p>including drop-ins, one-to-ones and group work activities.</p> <p>The Emotional Wellbeing & Mental Health Strategy for Children & Young People 2014-19 has identified the need to address training and development needs of tier 1/universal workers in relation to mental health issues amongst young people. Training needs of universal workers in relation to suicide and self-harm is also an action of the Rotherham Suicide Prevention and Self-Harm Group.</p>	<p>Paul Theaker Commissioning, Policy & Performance Unit</p>	
<p>Recommendation 4: That young people are involved in developing user-friendly information/media messages (including new technology/social media);</p>	<p>Accept</p>	<p>IYSS is currently in the process of developing a website to promote its 'Young People's Offer'. At all stages of the website development young people have been involved in directing the content of the material. Within the health element, and particularly around the mental health section, young people have offered their own messages around stress and depression, as well as suggesting the types of information they find useful as a self help tool.</p> <p>The Youth Cabinet will be involved in the development of the self-harm guidelines and developing user friendly messages as a result of this. The Public Health Specialist (Mental Health & Domestic Abuse) is going to be working with a group of young people and Communications and Marketing (RMBC) to look at information messages on exam stress It is anticipated that there will be other future opportunities with different groups.</p> <p>Public health messages for young people in relation to suicide and self-harm is an action within the Rotherham Suicide and Self Harm Group.</p>	<p>Chris Brodhurst-Brown Head of Integrated Youth Support Service</p> <p>Ruth Fletcher-Brown Public Health Specialist (Mental Health and Domestic Abuse)</p>	<p>September 2014</p>

<p>Recommendation 5: That young people are involved in service design e.g. commissioning of school nurses;</p> <p>Recommendation 10: Examine ways in which student access to school nurses can be improved;</p>	Accept	<p><i>The following response meets the proposals of recommendations 5 and 10:</i></p> <p>The Youth Cabinet have been consulted on the C&YP's Commissioning Strategy and have been asked how they would like to be involved in any existing and future commissioning activity. Their responses will be incorporated into forthcoming actions including the provision of appropriate and timely service delivery.</p> <p>Earlier this year, the Youth Cabinet were consulted as part of the final consultations of the School Nursing Specification and further opportunities will be available as part of the ongoing review of this work. Within the School Nursing Service specification and contract from the 1st July 2014, the service will be required to promote their work and contact details to schools and young people. It must be noted that while elements of the school nursing service provision are universal, much of the activity and interventions are targeted to those with identified health needs. School nursing services however, can and will, both support and signpost young people to the most appropriate service where necessary.</p>	<p>Paul Theaker Commissioning, Policy & Performance Unit</p> <p>Anna Clack Public Health Specialist (Starting and Developing Well)</p>	2015/16
<p>Recommendation 6: That advice to young people on self-harm is available through drop-ins, one-to-one sessions as well as web-based materials;</p> <p>Recommendation 7: That consideration is given to ways in which the service can 'fit' around the young person and that appropriate 'out-of-hours'</p>	Accept	<p><i>The following response meets the proposals of recommendations 6 and 7:</i></p> <p>The Emotional Wellbeing & Mental Health Strategy for Children & Young People 2014-19 has identified the need to:</p> <ul style="list-style-type: none"> • investigate options for provision of web-based support for parents & young people • investigate provision for e-platforms (e-clinic), email and text based support 	Paul Theaker Commissioning, Policy & Performance Unit	2014-19

<p>advice/support is available;</p>		<ul style="list-style-type: none"> investigate options for provision of a 24/7 service including telephone and crisis support <p>The development of family focused children and adolescent mental health services will see services focus on self-help, self-referral, flexible appointment times and consultation with young people and families regarding choice of services (The Emotional Wellbeing & Mental Health Strategy for Children & Young People 2014-19).</p> <p>Youth Start, in partnership with CAMHS, provides a bespoke weekly drop-in that provides direct access via self or assisted referral to appropriate and timely intervention. Early help is the key, along with a 'step up, step down approach through tier 1 and 2 services which may result in young people avoiding the need for a tier 3 service. However, where such an intense service is required, partnerships and pathways are well established that ensure a coordinated response can work effectively for the young person's needs.</p> <p>The Rotherham Public Health Channel has been used to promote messages and service information to young people. The QTV channel is operational in a number of GP surgeries and health settings as well as the IYSS Eric Manns Building.</p> <p>IYSS continuously involves young people in ensuring that service delivery is tailored to their needs. Assessments, action plans and evaluation tools that identify the health needs of young people are an integral part of making sure that ongoing support is wrapped around the needs of the person.</p>	<p>Chris Brodhurst-Brown Head of Integrated Youth Support Service</p>	
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