Overview of Child and Adolescent Mental Health Services in Rotherham


NB Figures and percentages in each Tier are estimates based on national prevalence numbers.
<table>
<thead>
<tr>
<th>Tier</th>
<th>Description</th>
<th>Professionals providing the service include but are not limited to</th>
<th>Function/Service</th>
</tr>
</thead>
</table>
| 4    | Essential tertiary level services such as day services, highly specialised out-patient teams and in-patient units | Services provided by professionals, usually on the basis of a multi-disciplinary team approach  
- Child and adolescent psychiatrists  
- Clinical child psychologists  
- Nurses (community or inpatient)  
- Child psychotherapists  
- Occupational therapists  
- Speech and language therapists  
- Art, music and drama therapists  
- Family Therapists |  
- Child and adolescent inpatient units  
- Secure forensic units  
- Eating disorder units  
- Specialist teams (e.g. for sexual abuse)  
- Specialist teams for neuro-psychiatric problems |
| 3    | Specialised services for more severe, complex or persistent disorders such as depression & eating disorders | Services provided by professionals, usually on a 1:1 basis  
- RDaSH CAMHS workers eg social workers, therapists, nurses, doctors, psychologists  
- IYSS Youth Start  
- Rotherham & Barnsley Mind  
- Education psychologists | Services offered by multi-disciplinary teams:  
- Assessment and treatment  
- Assessment for referral to T4  
- Contributions to the services, consultation and training at T1 and T2 |
| 2    | Services provided by professionals with training in mental health | Services provided by professionals, usually on a 1:1 basis  
- GPs  
- Midwives  
- Health visitors  
- School nurses  
- Social workers  
- Teachers & pastoral support  
- Integrated Youth Support workers  
- Education psychologists  
- Paediatricians  
- Voluntary services | Child and adolescent mental health services professionals should be able to offer:  
- Training and consultation to other professionals (who might be in T1)  
- Consultation to professionals and families  
- Outreach  
- Assessment  
- Therapeutic interventions |
| 1    | Services provided by a wide range of commissioned and non-commissioned providers | Services provided by professionals, usually on a 1:1 basis  
- GPs  
- Midwives  
- Health visitors  
- School nurses  
- Social workers  
- Teachers & pastoral support  
- Integrated Youth Support workers  
- Education psychologists  
- Paediatricians  
- Voluntary services | Child and adolescent mental health services at this level are provided by professionals working in universal services who are in a position to:  
- Identify mental health problems earlier in their development  
- Offer general advice  
- Pursue opportunities for mental health promotion and prevention |
<table>
<thead>
<tr>
<th>Mental Health Services for Children in Rotherham - Tiered Model</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Tier 1</strong></td>
</tr>
<tr>
<td>Health Services:</td>
</tr>
<tr>
<td>School Nurses, Family Nurse Partnership</td>
</tr>
<tr>
<td>Midwives, Practice Nurses, Health Visitors</td>
</tr>
<tr>
<td>Dieticians, Sexual Abuse Referral Centre, Rotherham Institute of Obesity</td>
</tr>
<tr>
<td>Parenting Support, Advisory Service</td>
</tr>
<tr>
<td><strong>Social Care</strong></td>
</tr>
<tr>
<td>Youth Offending, Parenting Support</td>
</tr>
<tr>
<td>Advisory Service, Family Recovery Programme, Rowan Centre</td>
</tr>
<tr>
<td><strong>Education</strong></td>
</tr>
<tr>
<td><strong>Voluntary Sector</strong></td>
</tr>
<tr>
<td>Bamardos</td>
</tr>
<tr>
<td><strong>Tier 2</strong></td>
</tr>
<tr>
<td>RHSF CAMHS</td>
</tr>
<tr>
<td><strong>Tier 3</strong></td>
</tr>
<tr>
<td>Child Development Centre, Early Intervention in Psychosis</td>
</tr>
<tr>
<td>Paediatricians</td>
</tr>
<tr>
<td><strong>Tier 4</strong></td>
</tr>
<tr>
<td>NHS England</td>
</tr>
</tbody>
</table>