

Rotherham Place Plan Adult Urgent and Community Programme

Intermediate Care and Re-ablement Project



Purpose of the Session

- * Provide the Health Select Commission with an overview of the development of the Intermediate Care and Reablement Outline Business Case (a key priority for the Rotherham Place Plan)

What do we mean by Intermediate Care and Reablement?

Health and social care services providing:

- * Fast response
 - * Where there is an urgent increase in health or social care needs which can be safely supported at home
 - * Typically 48 hours but may be up to 7 days
- * Home based intermediate care
 - * Including therapies, nursing, equipment and social care to support rehabilitation and recovery
- * Bed based intermediate care
 - * Where needs are greater than can be delivered at home but consultant led acute care is not needed
- * Reablement
 - * To help with learning/re-learning skills for every day living, delivered at home

Why Change?

- * **People have told us**
 - * They would like to be at home wherever possible
 - * They would like to regain their independence
 - * Current services are disjointed and can be hard to navigate
- * **Care Quality**
 - * Evidence shows people do better at home
 - * We know that a large number of people receive care in a community bed when they could have gone home with the right support
 - * Rotherham has significantly more community beds than other similar areas
 - * Current services are focused on older people and their physical needs
 - * Through changing the way we work, more people are going home and our community beds are not fully utilised

Current services

Community based services

Integrated Rapid Response (TRFT)

Community Locality Therapy – urgent (TRFT)

Independent and Active at Home Team (TRFT and RMBC)

Reablement (RMBC)

Bed based services

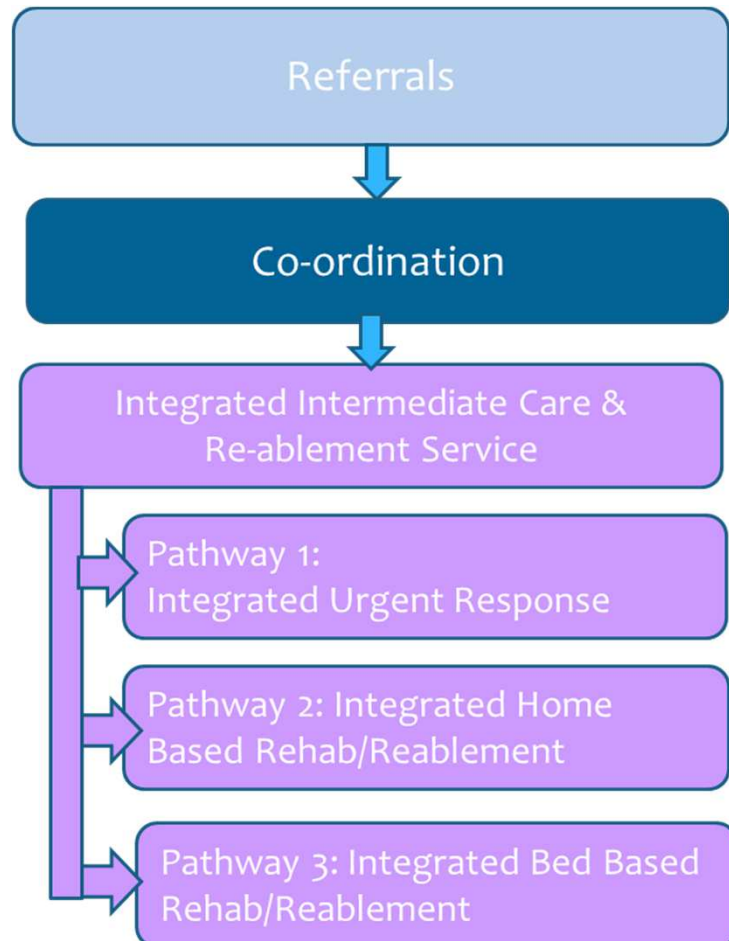
Intermediate care at Davies Court and Lord Hardy Court (RMBC and TRFT)

Oakwood Community Unit (TRFT)

Waterside Grange (Independent Sector)

- Services currently provided by a range of teams and bed-based sites
- In addition, several teams of social workers and therapists working into the bed-based provision
- People move through multiple services rather than an integrated pathway
- Significant duplication and some capacity issues in a number of services

Project Aim



- * To simplify current provision to provide an integrated, multi-disciplinary approach to support individual needs across health and social care
- * To re-align resource to increase support at home, reducing reliance on bed based care

Future services

Community based pathways

1. Urgent response
(integrated team)

2. Home-based reablement and rehabilitation
(integrated team)

Bed based pathway

3. Community bed-base – rehabilitation and reablement without nursing
(integrated team)

3. Community bed-base – rehabilitation and reablement with nursing
(integrated team)

- Three core integrated pathways
- Services align to work as a single team to provide the three pathways
- Increase in community capacity to meet the demand to support people at home (urgent response or rehabilitation / reablement)
- Reduction in community bed-base (phased and double-running for a period with increased community capacity)
- Integrating processes for triage and coordination to ensure people get the right support
- Reduction in duplication

Benefits

Patients and carers

- Improved experience of services
- Telling story once
- Reduced duplication and hand-offs
- Improved outcomes
- More people able to be supported at home

Commissioners (CCG and RMBC)

- Supports Rotherham Plan for 'Home First' and integration of service delivery
- Reduces over-reliance on bed base where Rotherham is an outlier
- More cost effective model

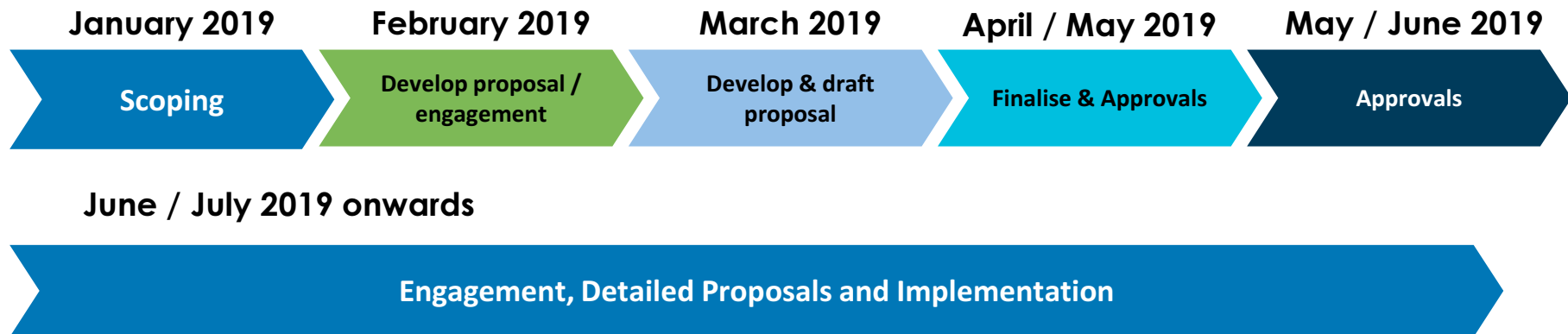
RMBC (service delivery)

- Supports delivery of the Council's target operating model and future sustainability
- Improving flow through the social care system

TRFT

- Supports the Trust's wider plans for bed configuration / estate moves
- Improving flow through the hospital and community services

Timeline



Your thoughts and questions ...

