

## ROTHERHAM RESPIRATORY PATHWAY ENGAGEMENT

### Why are we looking at the respiratory pathway?

Following a review in 2017, we know that:

- Patients that could be treated at Breathing Space are not being referred
- Patients are being admitted to Rotherham Hospital when they could be seen and treated in other locations, closer to where they live
- Services are patchy and don't work well together for all patients

So..... We are working together on a new model of care for people with respiratory conditions

### The proposed model of care has 5 aims

To provide a single, integrated pathway for respiratory patients

Improve diagnosis across Rotherham

Improve the management of respiratory patients including self-management

Reduce the risk of admission to hospital

Support people who are admitted to hospital to return home faster, where this is safe and appropriate admission

Improved experience for patients and their families

## **Patient Survey undertaken August to October 2019**

The survey targeted patients with specific respiratory conditions.

Both the survey and drop-in sessions' aim was to hear from those with a lived experience of managing a respiratory condition.

**773  
accessed  
the survey**

**443 fully  
completed  
responses**

## **Clinically-led Drop-in Sessions September 2019**

**Three drop-in sessions held at Breathing Space**

**69 patients  
attended**

## **WHO REPLIED?**

**Over 50% of responses were from people with Asthma**

**56% of respondents had another illness or long term condition**

**Good response from those under 46, though there were naturally more responses from older people**

**Almost 1/3 of respondents were in full time work**

## WHAT YOU TOLD US?

'I have been quite unwell this year and had a lot of admissions.

Going through A&E is very stressful. I wish I could get seen and admitted direct'

'I have trouble getting through to see the doctor all the time so this is a good idea'

'Would be easier to txt my surgery instead of appointments as bad with COPD'

Medications –

'Pulmonary exercise and regular visits to my clinician at the breathing space to keep things under control'

Easier access to the doctor for help as to when I get a flare up for steroids'

'Would be much easier if the equipment was available at home to obtain necessary information to pass on to the GP & have phone consultation if needed.

I believe this would save time & money'

'Breathing Space staff explain things very well and have group sessions on all areas to do with your chest. I learnt a lot from these sessions'

## THEMES

### YOU SAID

#### Breathing Space

- Lots of people still think that the building will close – the whole building will not close
- You wanted to know what will happen to the empty space

### WHAT WE WILL AND WHAT WE CAN'T DO

- We will continue to reassure people that the building will not close, and will remain a centre of excellence, and a hub for outpatients
- Regarding the empty space – nothing has been decided as yet

### YOU ASKED ABOUT

#### The Respiratory Pathway

- Why are we making these changes?
- Will there be enough community staff?
- Will there be enough beds in the hospital?
- Will the quality of care be there?

#### We will:

- Share information of the plans on the website
- Ensure all pathway development information is available on the website and on display boards at Breathing Space
- Develop a patient friendly infographic and animation to walk patients through the new pathway
- A3 is now a dedicated Respiratory Ward at the hospital
- We will share patient feedback on the new Respiratory ward, to check the quality of services and reassure patients

### Respite Care

Where will respite and end of life care be provided?

We will

- Look at how we commission End Of Life Care beds and ensure Rotherham Hospice can manage demand
- Ensure all services are aware of the revised EOLC pathways and where the respiratory beds will be

### Gym at Breathing Space

The equipment is broken, inadequate and insufficient

Repairs have been ordered, and is hoped this will happen before Christmas 2019

### Pulmonary Rehabilitation

People said that they need more Pulmonary Rehabilitation services, closer to home.

Patient were very interested in the range of rehabilitation services

- The proposed new pathway includes spreading Pulmonary Rehabilitation Services across Rotherham
- RCCG/Therapy team at Breathing Space will hold patient workshops in the Spring to develop rehabilitation services together
- Respiratory Transformation Group will promote and signpost pulmonary rehabilitation services already available eg 'Fit for Health' and Aqua for Health'

### Education & Information

Education & information is important for patients

- We will look at how we can make patient information available on the Rotherham Health App
- Breathing Space will explore patient information and education packages
- We will look at running and supporting 'Virtual groups'

### Isolation and support to carers

Requested by patients at all sessions

- Ensure access to other support services available
- Consider Carer Forum in Hubs
- Include support for carers in general on the Rotherham Health App

### Medication

Access to rescue medication

The new pathway includes fast access primary care, and a dedicated respiratory hotline; this will support patients who need to access medication quickly and safely

### Managing your condition – people were concerned about

- When you do need to go to hospital
- The stress of accessing urgent care
- What happens after a hospital stay?

- A&E will still remain the safest place to access services urgently
- New pathway includes follow up after hospital stay

### Access to Primary Care/Support

Patients in full or part-time work can struggle to access the current services

Primary Care Hubs with a respiratory hotline, video consultation, telephone triage etc, will hopefully form part of the new pathway