



Rotherham Doncaster  
and South Humber  
NHS Foundation Trust

# Rotherham Joint Health & Well Being Strategy

## Implications for Mental Health & Suicide Prevention of COVID-19

**Kathryn Singh CEO**

# AIM 2: All Rotherham People enjoy the best possible mental health and wellbeing and have a good quality of life



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- Strategic Priority 1
  - Improving mental health and wellbeing of all Rotherham people
- Strategic Priority 2
  - Reducing the occurrence of common mental health problems
- Strategic Priority 3
  - Improving Support for enduring mental health needs (including dementia)
- Strategic Priority 4
  - Improve the health and wellbeing of people with learning disabilities and autism

# MH/LD&A Service update

- Majority of MH/LD & A Services continued with some adjustments:
  - Digitalisation to address social distancing rules
  - Check-in's with vulnerable groups
- Some Staff redeployed into critical service areas from less critical ones
- Capacity in Psychiatric Intensive Care Units remained high throughout
- Have provided access to urgent mental health support 24/7
- Continued focus on Suicide Prevention

# MH/LD&A Service update

- Services saw an initial reduction in demand now seeing this increasing –mirrored across the region and nationally
  - Services have had to move ‘online’ in many cases
  - Impact of this now being experienced
  - Interruption to ongoing care
  - Later presentations with more complex needs
  - Starting to see an increase in MH Act Assessments since easing of lockdown restrictions

# MH/LD & A Service Update

## CYP

Initial reduction in demand now starting to return to normal levels

- Nationally some evidence to suggest there is a growth in suicidal ideation
- Information suggests significant growth in demand in following areas:

Parental conflict, sadness, domestic violence, sleeping issues

# MH/LD&A Future Concerns

- Growth in demand expected
- Anticipate a psycho-social impact
- Existing health inequalities are likely to be exaggerated
- Disproportionate impact on those with existing mental health problems
- Depression is highly prevalent post-disasters and is often co-morbid with PTSD
- Anxiety, panic disorder and phobias
- Increase in substance use and alcohol intake
- Adjustment disorders
- Bereavement support



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# QUESTIONS