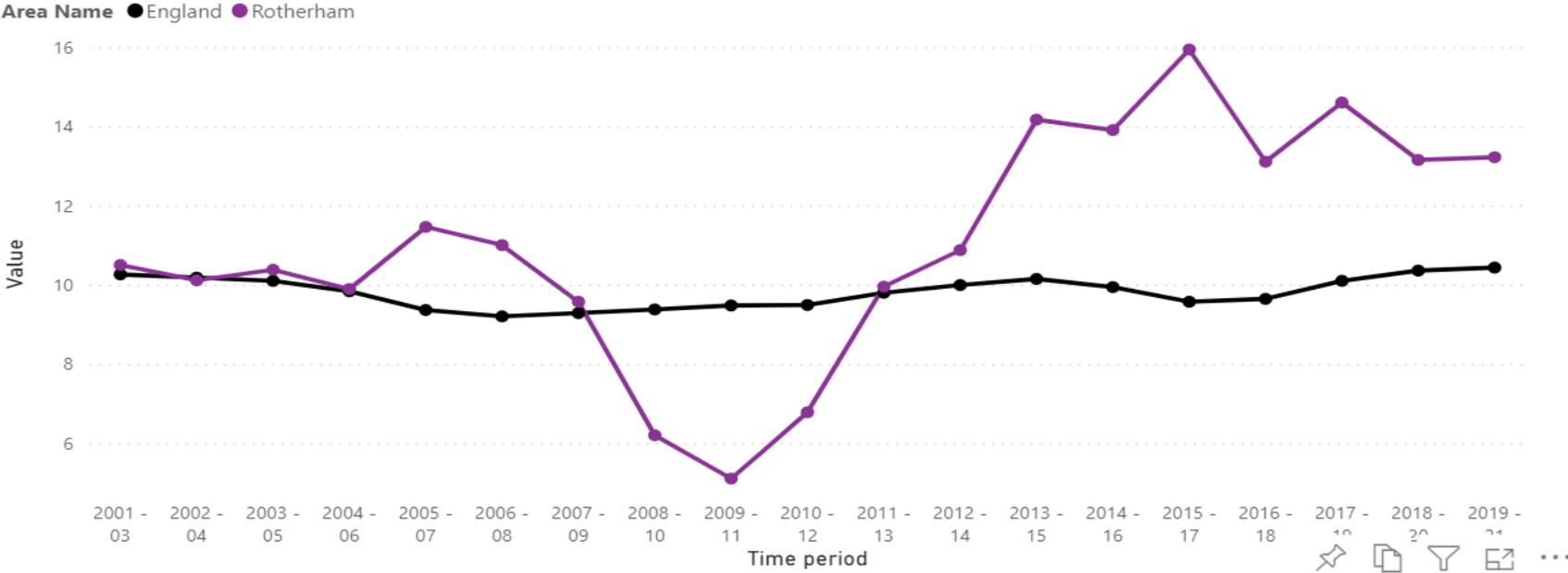


Suicide Prevention Update for Health Select Commission 28th September 2023

Ruth Fletcher-Brown
Public Health Specialist

Suicide rate, Rotherham, 2001-03 to 2019-21

Suicide rate, directly standardised rate per 100,000., Rotherham and England, persons, 2001-03 to 2019-21

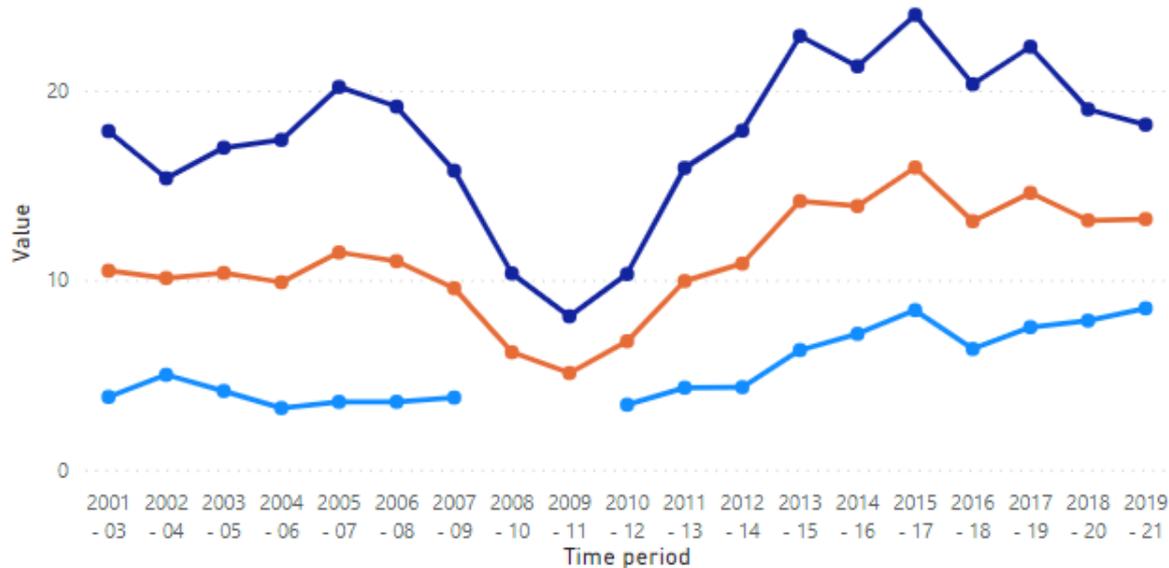


Area Name	2006 - 08	2007 - 09	2008 - 10	2009 - 11	2010 - 12	2011 - 13	2012 - 14	2013 - 15	2014 - 16	2015 - 17	2016 - 18	2017 - 19	2018 - 20	2019 - 21
England	9.20	9.28	9.38	9.48	9.49	9.80	9.99	10.15	9.94	9.57	9.64	10.10	10.36	10.43
Rotherham	11.00	9.57	6.20	5.11	6.78	9.95	10.88	14.17	13.91	15.94	13.11	14.60	13.15	13.22

Suicide rate, Rotherham, 2001-03 to 2019-21

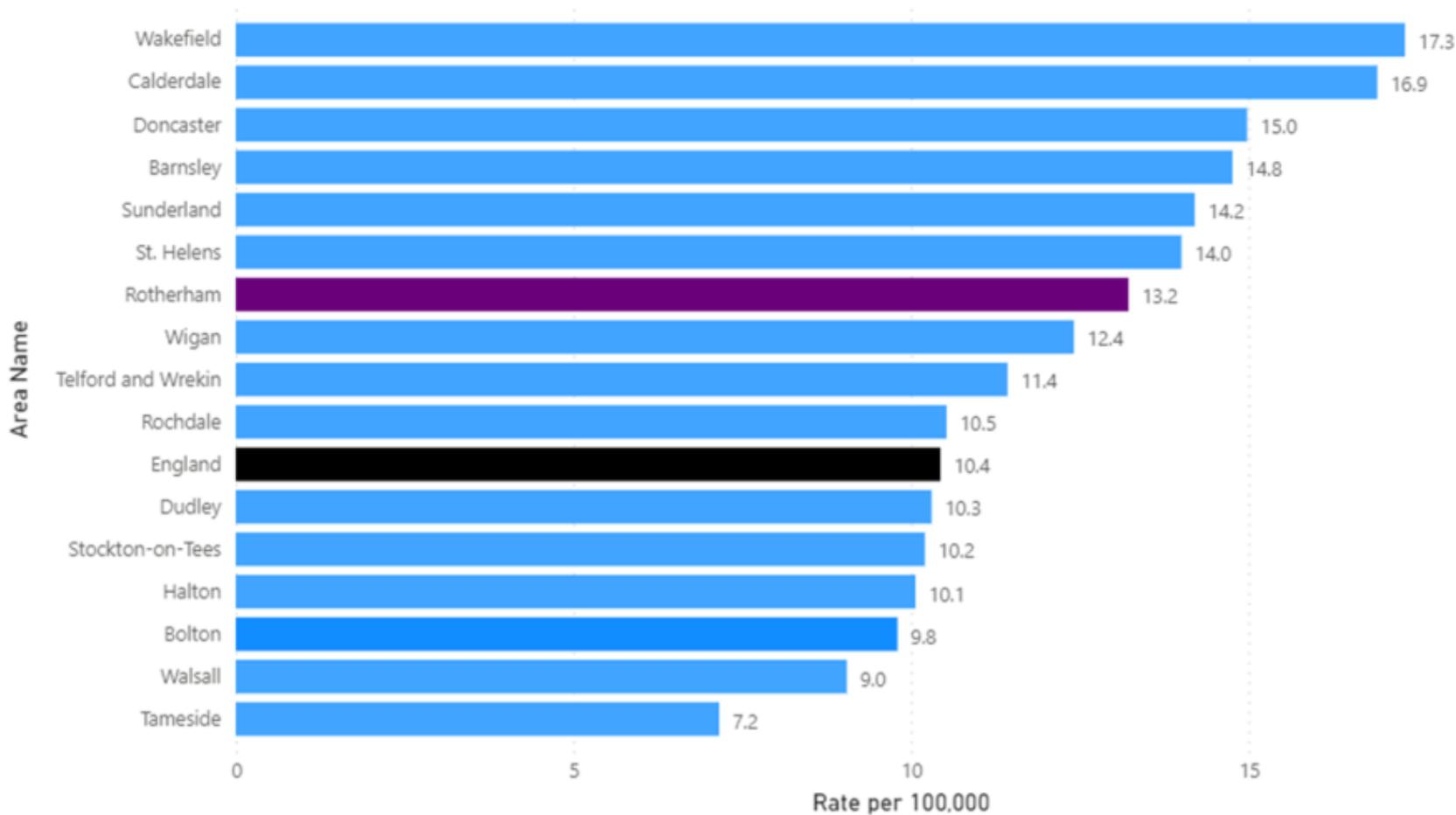
Suicide rate, directly standardised rate per 100,000., Rotherham, 2001-03 to 2019-21

Sex ● Female ● Male ● Persons



Time period	Female	Male	Persons
2001 - 03	3.85	17.86	10.50
2002 - 04	5.01	15.37	10.11
2003 - 05	4.16	16.99	10.38
2004 - 06	3.26	17.40	9.89
2005 - 07	3.59	20.19	11.46
2006 - 08	3.59	19.15	11.00
2007 - 09	3.81	15.77	9.57
2008 - 10		10.36	6.20
2009 - 11		8.10	5.11
2010 - 12	3.44	10.32	6.78
2011 - 13	4.33	15.92	9.95
2012 - 14	4.36	17.88	10.88
2013 - 15	6.32	22.88	14.17
2014 - 16	7.17	21.28	13.91
2015 - 17	8.42	23.99	15.94
2016 - 18	6.38	20.33	13.11
2017 - 19	7.52	22.31	14.60
2018 - 20	7.87	19.01	13.15
2019 - 21	8.52	18.20	13.22

Suicide rate, directly standardised rate per 100,000., Rotherham and CIPFA nearest neighbours, persons, 2019-21



National Suicide Prevention

- National Suicide Prevention Strategy published September 2023
- DHSC Suicide Prevention Grants to Voluntary and Community Sector, closing date 1st October 2023

Partnership Working

South Yorkshire ICB

- People with living experience
- Public Health Leads for all 4 Local Authorities
- NHS SY ICB
- Acute Trusts
- Mental Health Trusts
- SYP & British Transport Police
- Yorkshire Ambulance Service
- Office of Health Improvement and Disparities (OHID)
- Primary Care

Suicide Prevention & the Integrated Care System

- Themed Task and Finish Groups (Protected Characteristics, Prisons, Primary Care, Cost of Living, Debt and Gambling)
- Real time data for suspected suicides and working in partnership with SYP
- Real time data looking at suicide attempts working with YAS, Acute Trusts, SYP & PH Intelligence Colleagues in Rotherham and Sheffield
- Support for those bereaved and affected by suicides- Memorial Event, first one hosted in Rotherham in December 2021
- Coroners Audit
- Working with the media
- Working with prisons

LGC Award Winner 2023



‘Walk with Us’

A Toolkit coproduced with Children, Young people and Families bereaved by suicide.

Commissioned by all 4 SY LAs, Bassetlaw and SY ICB. Chilypep was the lead VCS organisation.



Partnership Working

In England, responsibility for suicide prevention action plans sits with local government but this cannot be achieved without working with partners. At Place RMBC work with:

Place

- People with living experience
- South Yorkshire Police
- NHS SY ICB (Rotherham)
- Rotherham NHS Foundation Trust
- RDASH
- Rotherham Samaritans & other Voluntary and Community Sector organisations
- Rotherham United Community Trust

Reviews of suspected suicides

- Suicide Prevention Operational Group (Learning Panel)
- Community Response Plan process
- Serious Incidents Committee
- Coroners Inquest
- Child Death Overview Panel
- Domestic Homicide Reviews

SY & Bassetlaw Coroners report (2019)

Suicide Prevention Pilot

- Public Health Commissioned Pilot service to be launched October 2023 and will run for 2 years.
- It will support people who have attempted suicide who have had their mental and physical health needs met, where the reason for the attempt is likely to be a life event.
- The aim of the service will be to:
 - reduce social isolation
 - reduce suicidal thinking
 - increase emotional resilience
 - reduce suicidal activity
 - improve quality of life
 - improve coping mechanisms

Financial support

- RMBC Corporate Debt Policy- regular suicide prevention training for staff
- Information on RotherHive: <https://rotherhive.co.uk/debt/>
- RMBC Money Matters- financial support and advice
- Making Every Contact Count- Cost of Living sessions for staff
April 2022 - April 2023 **436**
April 2023- **149**
- Open Arms community based support project –RotherFed, Citizens Advice, Laser Credit Union, and Voluntary Action Rotherham, have partnered to develop and deliver a coordinated response to support communities most affected by the cost of living crisis

Long Term Conditions

- Pain management information on RotherHive
- South Yorkshire workshop held with Partners in July 2023
- Exploring local workshop to look at actions and embedding learning into current practice
- ICB NHS Rotherham- Pain Management Pilot in development

Relationships and Domestic Abuse

- DA Joint Learning Reviews
- Joint training opportunities
- Working with Provider of Perpetrator Programme
- Suicide prevention training for domestic abuse services
- Promotion of Amparo
- Rotherham Family Hubs Evidence Based Programmes
- Relationship Charter
- Early Help Pilot with SYP

Loneliness

Actions to addressing loneliness across the life course

- Befriending network
- Raising awareness with partners and the public around the signs of vulnerability in crime and exploitation.
- Cafes and groups in Libraries
- Supporting Tenants
- Making Every Contact Count Training
- Childrens Capital of Culture
- Ward based working
- Comms and Engagement messages

Alcohol and Drugs

- Drug and Alcohol Related Death process.
- Work to address dual diagnosis.
- ROADs, provided by We are With You, launched 1st April 2023, breaking down barriers to increase engaging with the service.
- Increased treatment capacity through the drug and alcohol grant.
- Improved integration of services through the grant. (Drug and Alcohol workers embedded into other services).
- DrinkCoach online alcohol intervention tool.
- And more workstreams through the grant.

Employment

- Programmes within workplaces to support and promote good mental health
- **Be Well @ Work-** delivery of mental health and suicide prevention training. Mental health component with the Award scheme which all employers take action on
- Employment is for Everyone- getting people with a Learning Disability and Autism into employment
- DrinkCoach app promoted to employers

Reducing access to means for suicide

- Joint work with RMBC Highways colleagues, SYP Designing Out Crime Officers and National Highways
- Designing out suicide
- Work with Elected Members in areas of concern
- Alerts and support from British Transport Police
- Work with Medicines Management colleagues
- Top Tips for suicide prevention- guidance for primary care
- Samaritans signage
- Memorials- RMBC Guidance
- Public vigilance- equipping people to know how to respond and what to do.

Workforce Development

- Zero Suicide Alliance Training
- Suicide Awareness
- Adult Mental Health First Aid
- Youth Mental Health First Aid
- Bespoke training for Adult Care staff, SYP Sergeants, RDASH (Hospital Liaison Team and Crisis
- Awareness session for Sheffield Court Users Housing Group

Workforce Development

Bespoke training for frontline staff on themes, their roles and the wider support available:

- Adult Care Staff- February 2023
- RDASH (Crisis and Home Treatment Teams)
Dec 2022 and July 2023
- SYP Sergeants- August and September 2023

Volunteer Support

- Voluntary and Community Groups (VCS) can access mental health and suicide prevention training
- Amparo has been promoted to VCS for staff and volunteers to access support
- Preliminary discussions with a local university re psychological support for volunteers
- VAR support for volunteers.