

ROTHERHAM ADULT SOCIAL CARE STRATEGY

2024 – 2027

People are safe, healthy and live well



www.rotherham.gov.uk

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OUR STRATEGY

This strategy sets out our vision for how we intend to make a real difference to the lives of local residents. We have designed the strategy through consultation with people who have care and support needs, unpaid carers, wider residents and partners.

The strategy focuses on ensuring people are safe, healthy and can live well, within their local communities.

It outlines our vision, values and priorities for the next three years with an emphasis on strength-based approaches, enabling people to remain at home for as long as possible and ensuring people with care and support needs are empowered during their adult social care journey.

This strategy has also been designed to complement wider strategic plans for Rotherham including our Health and Wellbeing Strategy, Rotherham Health and Care Plan, our Learning Disability, Autism and Borough that Cares Strategies, as well as national and regional policy approaches.

Ultimately, our strategy focuses on enabling people to live their best lives and to reach their full potential.



Councillor David Roche
Cabinet Member for Adult Social
Care and Health



Ian Spicer
Strategic Director of Adult Care,
Housing and Public Health



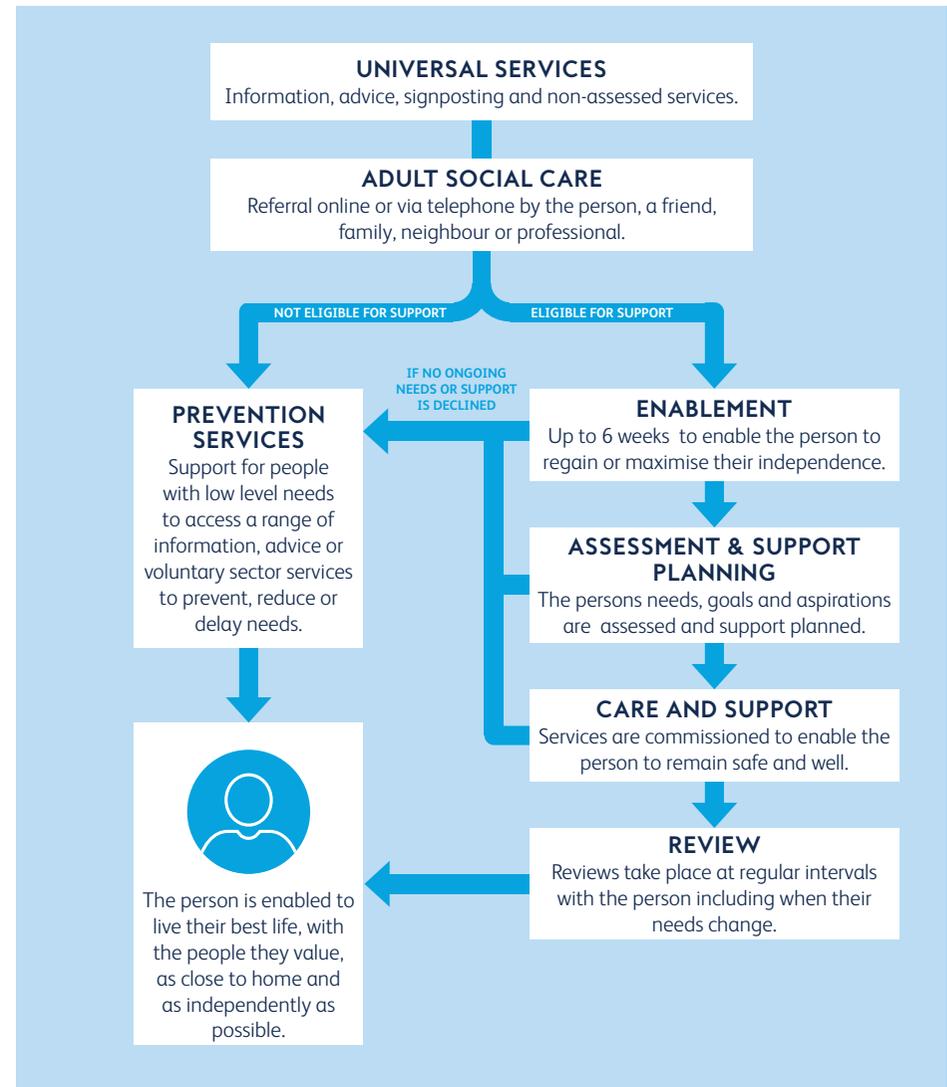
OUR VISION AND VALUES

‘Enable every resident with care and support needs to live their best lives, with the people they value, close to home and with access to the right support at the right time’

Adult social care will achieve the vision by ensuring all residents have:

- Access to the right information, at the right time, to help them make informed choices about their care and support needs.
- Access to support and services tailored to them, which are focused on the persons strengths, abilities and aspirations.
- Access to local communities and are enabled to maintain relationships which are the most important to them.
- Access to the right services, at the right time, which enables them to live healthier lives for longer and maximises their independence.

Adult Social Care Pathway



ADULT SOCIAL CARE

Basic Principles

Our adult social care pathway ensures we can:

- Prevent, reduce or delay the need for more intensive or long term provision by helping the person as early as possible through strengths-based practice.
- Meet eligibility for adult social care by targeting our resources at those people with the most complex or challenging needs.
- Safeguard people from abuse or neglect and ensure others can recognise the signs.
- Provide equal access to services for both people with care and support needs and unpaid carers.
- Provide services which are of a high quality and ensure these services are monitored through a quality assurance process.

Strengths-Based Practices

Being 'strengths-based' means focusing on what people and communities have and how they can work together. This involves drawing on people's skills, knowledge and experience to improve things instead of looking at what a person needs or lacks.

Adopting a strengths-based approach leads to better care and support and increased opportunities for the person to achieve their goals and outcomes.

Person-Centred Approach

Person centred care is not provided by using a 'one size fit all approach' and making people fit into services. It is about providing services which are tailored to meeting the person's needs.

Using a person-centred approach means that throughout a person's adult social care journey, the person makes the decisions and remains in control of what happens and sets the goals, aspirations and outcomes they want to be achieved.

Market Shaping

We are committed to ensuring that everyone can live independently, safely, and healthily in their community for as long as possible. To do this, we work with local care providers to shape and deliver services which promote high-quality, person-centred care and support focussed on meeting individual's goals and aspirations.

Our **Market Position Statement for Adult Social Care** explains how we will develop the care sector.

Equality, Diversity and Inclusion

We want to empower everyone to lead fulfilling lives, whilst also keeping them safe from harm and achieving a good quality of life. Adult social care are committed to achieving equality for all and a cohesive society built on tolerance and mutual respect. Our approach is to tackle inequalities by ensuring services reflect the diverse needs of individuals and our local communities.

OUR PURPOSE

Adult social care works with people with care and support needs, their families, friends and unpaid carers to enable them to live independently, safe and well. This includes people who are frail, have disabilities, are neurodiverse or experience mental ill health, provide unpaid care, as well as young people preparing for adulthood.

Our approach focuses on ‘doing with’ and not ‘doing to’ or ‘doing for’ people, utilising our resources in the most effective way for people to achieve their personal outcomes. Adopting a person-centred approach acknowledges that fulfilment and independence mean different things to different people, and therefore our interventions need to be proportionate, with a clear understanding of the person, their needs and the outcomes they want to achieve.

Adult social care is focussed on protecting people from abuse or neglect and educating others to recognise the signs and that they know how to report any safeguarding concerns.

By doing this we will support people to improve their mental wellbeing, develop resilience and ensure choice and control which helps them to stay as independent and safe as possible within their local community.

Our themes for delivering adult social care are:

- Wellbeing and Independence: enabling people to live their best life.
- Informed Choices: having the right information at the right time.
- Connected to People: support to maintain relationships with people that matter the most to them.
- My Support, My Way: focused on strengths, abilities and cultural needs of the person.

Types of support can include access to preventative services including assistive technology, aids and adaptations, provision of information and advice, targeted support for unpaid carers, short-term intensive support through our enablement services or more long-term support such as home care, access to day opportunities or care provided in care and nursing homes.

Adult social care support is either ‘short term’ or ‘long term’. Short term support means it is time limited with the intention of helping the person to regain independence and reduce or eliminate the need for longer term support. Long term services are provided on an ongoing basis and may include less intense services within the person’s local community or more intensive support such as that in a care home.

Adult social care can arrange for both short and long term support where the person needs help and they meet the eligibility criteria for services.



OUR PRIORITIES

Over the next three years, adult social care will focus on delivering the following priorities to improve outcomes for people with care and support needs, unpaid carers and local residents.

2024	<p>Provide information and advice to support making informed choices</p> <ul style="list-style-type: none"> • Review and redesign our public information for young people preparing for adulthood, vulnerable adults and unpaid carers. • Redesign the adult social care web pages. • Provide a range of information on direct payments and being a responsible employer.
	<p>Prevent, reduce or delay a person’s care needs</p> <ul style="list-style-type: none"> • Implement a new prevention service which will support both vulnerable adults and young people preparing for adulthood. • Invest in prevention services in the voluntary sector. • Review and expand our out of hours support offer for people in crisis.
	<p>Strengthen the voice of the person</p> <ul style="list-style-type: none"> • Implement a co-production board and feedback mechanisms to understand how well we are meeting people’s needs. • Ensure the voice of unpaid carers is heard, listened to and acted on. • Ensure the voice of the person is central to safeguarding adults.
	<p>Adopt new ways of meeting people’s needs</p> <ul style="list-style-type: none"> • Implement an online adult social care portal for people who wish to self-assess. • Enable people to self-triage and self-assess their needs. • Invest in new assistive technologies (AT) and digital solutions supported by an AT strategy.
2025	<p>Support young people with care and support needs to prepare for adulthood</p> <ul style="list-style-type: none"> • Implement a new transitions assessment process with partners. • Ensure the voice of the young person is heard, listened to and respected. • Improve employment opportunities for young people with care and support needs.
	<p>Create more opportunities to work with partners to deliver positive outcomes for people</p> <ul style="list-style-type: none"> • Implement a new hospital discharge ‘Transfer of Care Hub’ which improves outcomes for residents. • Implement a redesigned mental health model for social care and work with partners to adopt collaborative community mental health hubs. • Seek further opportunities to deliver services collaboratively.
2026	<p>Provide more opportunities for care and support closer to home</p> <ul style="list-style-type: none"> • Further invest and develop local accommodation with support services. • Ensure full engagement with people on the types of services they want to access which shapes the development of local care services. • Increase the range of services delivered collaboratively with health partners.
	<p>Work with the local care market to provide flexible services that meet people’s needs</p> <ul style="list-style-type: none"> • Seek new opportunities to deliver services with the voluntary sector. • Design and deliver appropriate services which reflect the diverse needs of our communities. • Increase the number of providers rated good or outstanding.

VOICE OF THE RESIDENT

Safeguarding Adults

Safeguarding is about protecting people from abuse or neglect and educating those around them to recognise the signs and how they can report their concerns. To keep our residents safe we know there are lots of actions we currently do and more we can do. Amongst our aims are improving mental health, developing resilience and giving choice and control to support people stay as safe as possible.

Adult social care have a Safeguarding Adult Pathway to protect vulnerable residents at risk of harm or abuse. Our Rotherham Safeguarding Adults Board (RSAB) is committed to taking a partnership approach to help protect adults at risk of or experiencing neglect, harm or abuse.

We make safeguarding personal by listening to, acting upon and respecting the voice and views of the person. This supports an improved quality of life, wellbeing and safety as the person is empowered to lead and direct decisions.

Our approach also includes working with partners and residents to educate them to recognise the signs of abuse and neglect including how they can report any safeguarding concerns. If you are worried about an adult, you can report a concern on our website or call 01709 822330.

Have Your Say

To achieve the best outcomes for people, adult social care recognise the importance of putting the person at the heart of everything we do. That means involving people in the things that matter to them and making sure we design our services based on the voices of people who need our support.

If you would like to get involved in having your say on Adult Social Care then why not join our Co-Production Board. The Board co-produces, co-designs and co-evaluates our care services, policies and practices to ensure the voice of the person is central to their design.

How much you want to get involved is your choice, so if you would like to get involved to shape our future services, please get in touch on our web pages.

Find out More

Visit our adult social care website to find out more about adult social care www.rotherham.gov.uk/adult-social-care including case studies about the positive impact the service has made for residents.

You can also review our achievements and outcomes for the last 12 months by taking a look at 'How did we do?' our Local Account that is published each year.

USEFUL CONTACTS

Safeguarding (Customer Contact Team) – **adults** – 01709 822330

Safeguarding (M.A.S.H Team) – **children** – 01709 336080

Mental Health Crisis Team – 0800 652 9571

RDASH Switchboard – 03000 213000

Housing Services – 01709 336009

Reablement Services – 01709 336096

Shared Lives – 01709 334948

Supported Employment – 01709 249600

Age UK Rotherham – 01709 835214

Citizen’s Advice Bureau – 0808 278 7911



Your own important numbers

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