

# **Adult Mental Health Service Review Update**

## **Health Select Commission**

**Andrew Wells, Head of Safeguarding**

**1 May 2025**

# Background

In December 2023, Cabinet approved the implementation of a new Adult Social Care Mental Health model for Rotherham which included:

## Implementation of a revised Mental Health Pathway

Realignment of Council employed staff to deliver social care roles and responsibilities

Alignment of Approved Mental Health Professionals (AMHPs) under Council management and co-location with the Rotherham Doncaster and South Humber NHS Foundation Trust (RDaSH) Crisis Team at Woodlands

## Background (cont'd)

### Provision of a collaborative approach to crisis alongside RDaSH

A commitment to strengthen effective partnerships, working to align the revised mental health pathway with RDaSH and Community Mental Health Transformation

The report acknowledged that a joint approach between health and social care, therefore designed around a collaborative delivery of both clinical and social care needs delivered a partnership approach with RDaSH and the South Yorkshire Integrated Care Board (SYICB) and the Council

# Intended Benefits of the Revised Model

**Provide a collaborative, preventative approach to ensure people get the right support**

Raise the social care profile and solidify the social care contribution to the mental health pathway

Provide an effective, holistic and equitable response for people with mental ill-health

Strengthen the recovery model by providing preventative, proportionate social care interventions

Ensure that across the pathway, social care staff work to the legislative and statutory duties, enabling the Council to better evidence social care interventions

Prepare the Council for formal regulation of Adult Social Care by the Care Quality Commission

Support Rotherham Place to achieve its priority to collectively strengthen the mental health crisis pathway

# Update

- The pathway was implemented in April 2024 the Council, SYICB, RDaSH, Primary Care and Urgent Care
- Initial impact analysis has identified no impact to partners whilst achieving positive impacts for residents through a more appropriate approach focussed on enablement and recovery
- The support provided focuses on prevention, early intervention and promotes resilience and independence
- The enhanced front door also refers people with identified unmet social care needs into the mental health enablement offer.
- The enablement pathway operates from community and health venues namely, Wellgate Court, Ferham Clinic and Swallownest Court

## **The community and enablement service as of mid point review (June 24)**

- 178 referrals and in the 12 – 15 into enablement and the team provided 55 packages of personalised support.
- 5 peer support groups within different community settings
- Providing support for up to an hour and on average the service supports 7 people per session
- 2 dedicated sessions are held at Wellgate Court every week (Wednesday and Friday) and supports on average 8 people per session
- 65 people were screened either not appropriate or people declined the enablement offer.
- The 55 people and 16 carers who historically had support from the service remain and continue to be supported.

## **The AMHP Service as of mid point review (June 24)**

The Council and RDaSH had agreed that the AMHP (social care response) and Crisis Team (Health response) would be co-located and is now delivered from Woodlands,

- To ensure a robust partnership approach to crisis intervention
- To allow urgent partnership visits if required, supporting right support at the right time

As part of AMHPs and support workers coming under the Council management

- Provide social care interventions
- Have available for the 1<sup>st</sup> time in 15 years have information and data on activity and performance to benchmark
- Staff receiving appropriate support and supervision with a focus on wellbeing and ensures compliance with employer duties

## Conclusion

**The overall impact of the revised pathway has been:**

- The development of a prevention and early intervention approach
- People get the right support at the right time, and includes
  - Social Care intervention
  - Crisis intervention
  - Mental Health Act Assessment
  - Health intervention
  - Health and social care intervention combined
  - Signposting to appropriate service/
- Effective roles and responsibilities which partners understand



## Cont'd

- Enhanced partnership working across Rotherham within mental health services.
- Clarity on roles and responsibilities of each partner agency, and each partner understands each other's contribution to the new pathway.
- Development of a partnership Mental Health Crisis Specification.
- A co-located Mental Health Crisis offer.
- Dedicated Health and Social Care offer, or combination of the two if required to support a personalised approach.

# **As a result of the review, the following benefits and impacts for Rotherham residents have been achieved:**

- Enablement pathway to realise a preventative offer, preventing people coming into the service who do not need to and providing alternatives.
- Enhanced personalised community offer for both people experiencing mental ill health and unpaid carers.
- Development of peer support groups
- Readily available data and performance on crisis activity
- Succession planning for the AMHPs
- Social care evidence to meet the requirements of the CQC assurance of local authorities.

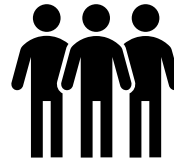
*...“ I am really happy with the support I have had, I haven't felt judged”...*

...“without this service, I wouldn't be here, it has saved my life”...

...“ I wouldn't have been able to do the things I've achieved without this support”...

...“LC has done a fantastic job, and has literally changed our lives, we were overwhelmed we now have the house and our health back, thank you”...

An amazing service that I can't thank enough as it has really had a massive impact on my daily life and my mental health”...



# Co-designed Mental Health Strategy

- Planning for delivery of a co-designed Mental Health Strategy for the Council has commenced and it is anticipated that the strategy will provide the framework for future evolution of our mental health pathway.
- The strategy will be presented to Cabinet in December 2025 for consideration and approval.



## **Options Considered and Recommended Proposal**

- Health Select Commission note the outcomes and impact of implementing the new Adult Social Care Mental Health model.
- Health Select Commission offer any further recommendations or insights.

**Any comments or questions?**

