

Committee Name and Date of Committee Meeting

Council – 4 November 2026

Report Title

Cabinet Response to the Health Select Commission's Recommendations –
Menopause

Is this a Key Decision and has it been included on the Forward Plan?

No, but it has been included on the Forward Plan

Executive Director Approving Submission of the Report

Ian Spicer, Executive Director of Adult Care, Housing and Public Health

Report Author(s)

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Ward(s) Affected

Borough-Wide

Report Summary

Menopause and perimenopause were the focus of a Health Select Commission Workshop arising from its 2025/26 work programme. Subsequent consideration by the Health Select Commission Chair in conjunction with the Governance Manager and Head of Democratic Services resulted in conducting a Spotlight Review of the topic, with a view to delivering the progress and impact sought by that workshop.

Recommendations made by the Spotlight Review were set out in a report, endorsed by the Health Select Commission during its 14 May 2026 meeting, and subsequently by the Overview and Scrutiny Management Board at its 3 June 2026 meeting, and then presented to Cabinet for consideration on 6 July 2026. Cabinet set out its response on 14 September 2026.

This report provides Cabinet's response to the recommendations from the Health Select Commission Spotlight Review into the Menopause.

Recommendations

That Council note the response to the recommendations, as detailed in the Cabinet report of 14 September 2026.

List of Appendices Included

Cabinet Report – Response to the Health Select Commission’s Recommendations – Menopause

Appendix 1 Action plan of responses to recommendations

Appendix 2 Part A – Initial Equality Screening Assessment

Appendix 3 Climate Impact Assessment

Background Papers

[Health Select Commission Scrutiny Review – Menopause. Cabinet 6 July 2026](#)

[Minutes of Overview and Scrutiny Management Board, 3 June 2026](#)

Consideration by any other Council Committee, Scrutiny or Advisory Panel

Health Select Commission – 14 May 2026

Overview and Scrutiny Management Board – 03 June 2026

Cabinet – 06 July 2026

Cabinet – 14 September 2026

Council Approval Required

No

Exempt from the Press and Public

No